

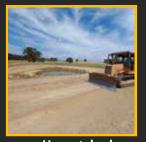


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Be Aware of Wildlife on the Roads this Easter



Our native wildlife never takes a holiday and as we gear up for the Easter Holidays, there is a timely reminder that we are seeing an upsurge in the number of instances of animals being hit by motor vehicles.

Wildlife Victoria data shows these increases over the past 4 years, with 15,206 cases in 2024 alone.

This 43% increase on the previous year represents reported incidents only, and most likely injured animals in need of assistance. Most of the deceased animals we see on roads are unlikely to be reported.

It is a busy time for our wildlife rescuers and carers and the seasonal changes in weather present a new set of problems.

The RACV's motor insurance figures showed 6,969 claims involving impact with animals, from one insurer alone

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Cover caption: A rescued baby Photo: Lorraine Casey

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Council Quarterly Financial Report

The Murrindindi Shire Council's latest quarterly financial report has shown that an underlying deficit of \$5.5 million has remained relatively unchanged.

The report presented to the February meeting of council is for the period ending 31 December 2024 and includes budget adjustments since the previous quarter.

Forecast revenue for the year had risen by \$12.29 million, but this was largely due to increases in operating grants of \$8.7 million related to flood recovery funding and \$2.7million in capital grants that

includes \$1.2 million for the Eildon Key Worker Housing Project and \$696,000 for the Roads to Recovery Program.

Forecast expenditure for the same period rose by \$10million.

User fees and charges also increased by \$430,000 for the Yea Saleyards and by \$137,000 for recycling and waste management.

"Overall, with these adjustments the operating surplus is expected to increase from \$2.9 million to \$5.2 million, while the underlying result, which removes capital grants from the calculation, remains relatively unchanged, with an underlying

deficit of \$5.5 million", the report said.

The Cash statement shows a forecast net decline in cash held of \$3.6 million, primarily due to the deferring of borrowing to the next financial year.

It was also noted that the revised budget figure for total unallocated cash in December was reduced from \$10.4 million to \$5 million.

"Again, this reduction primarily results from the deferral of \$3 million in interestbearing loans and borrowings, as well as the establishment of a new reserve for Council's commitment to the Elidon Key Worker Housing Project", it said.

Council Capital Works Program Update

Capital Works Program Mid-Year Report - 30 December 2024

Murrindindi Shire Council's mid-year capital works program has been released and outlines progress and adjustments to agreed projects across the shire.

The comprehensive overview covers projects that were approved for the 2024/25 financial year.

The program consists of projects endorsed by the Council as part of the 2024/25 budget, initiatives carried forward from the 2023/24 financial year, and additional projects that have successfully secured grant funding during the reporting period. This report outlines the progress, key milestones, challenges encountered, and financial performance of the CWP.

Included in the key highlights in the report are the completion of the majority of sealed road resealing and gravel road resheeting programs that had been approved.

Other project adjustments in the Kinglake area include the clubrooms and toilet upgrade at the Kinglake Memorial Reserve that required more funds - \$110,000 – rather than the current

allocation of \$28,270.

The report said the additional funds would be allocated from underspent amounts on other projects, including a ramp/ stair restoration at the Kinglake Community Centre; a flooring upgrade at the Kinglake Ranges Neighbourhood House; and flooring renewal at the Kinglake Sports Centre.

A surface renewal design at the Kinglake Memorial Recreation Reserve with a revised budget of \$15,871 had been put on hold until a grant application approval had been received.

Underspends would be transferred to the Yea Recreation Reserve design.

An operations Centre upgrade at the Kinglake RAC building has been allocated \$105,000 with the recommendation this project be brought forward from next year.

The report can be found on the council's website as an attachment report to the February Council meeting minutes.

Planning for sustainable growth in Yea

Residents, businesses and local groups in Yea have been involved in plans to develop a township structure plan to guide future use and development in the area.

The plan will include determining land available in the right locations to meet future housing, business and essential service demand, while preserving the area's character.

Murrindindi Shire Council's Cheviot Ward Councillor, Sue Carpenter, said Yea has the potential to welcome more residents, businesses and services and the Yea Structure Plan wiould help us grow sustainably by providing direction for development and infrastructure.

"We want to make sure the development of the Structure Plan includes input from the local community. So, we're asking for your opinions on issues like diversity of housing, community connectedness, accessibility, open space and recreation areas, managing flood and fire risks, how we can protect our environment and productive farming land, and how we can best support local businesses and employment".



The project is supported by funding and project management from the State Government through the Department of Transport and Planning's Regional Partnerships Program, which assists flood-affected councils.

For more information about the Yea Structure Plan, visit theloop. murrindindi.vic.gov.au/yea-structure-plan

5-21

School Holidays 12

KFNC Heritage Mountain
Round Monthly
Deadline

18

Good Friday Easter Long
Appeal Weekend

18-21 Easter Long ANZ

ANZAC Day

Round 1 Junior Football

Kinglake Market

Inquiry Shows Councils Under Increasing Financial Strain

A State Government Parliamentary Inquiry into Local Government Sustainability has confirmed that councils are under increasing financial strain as they take on more responsibilities without adequate funding.

The interim report does not contain any recommendations yet, but it acknowledges that councils are managing increasing infrastructure, service, and compliance demands while facing funding models that do not reflect these expanding roles. Murrindindi Shire CEO, Livia Bonazzi, says regional and rural councils, like Murrindindi, are particularly impacted by cost-shifting from other levels of government and reliance on competitive grants.

Key findings of the inquiry include:

- Councils are expected to do more with fewer resources.
- Competitive grants disadvantage smaller rural councils.
- A more sustainable, formula-based funding model is needed.

Murrindindi Shire Council will continue advocating for fairer funding and looks forward to the inquiry's final recommendations.

Melba Highway Closure

n our last edition, we published advertisements and information regarding the closure of a section of the Melba Highway while road works were carried out.

The closure was to complete critical landslip repairs between the Healesville-Kinglake Road and north of Hunts Lane.

The closure was set to cause considerable delays for all road users, whether for commercial road transport, local or general traffic on what is a major state road.

Detours using secondary, and often unsealed, roads and a lack of traffic management were also creating safety concerns.

The Department of Transport and Planning reopened the highway last month, with reduced speed limits, but is expected to resume the works and closure in September.

This announcement came after MM had gone to print.

We hope to bring our readers timely information on future plans to carry out the works and any closures and detours that are put in place.

Planned burning season starts

As fire danger periods ease, the state-wide Fuel Management Program takes advantage of autumn weather conditions to carry out planned burns.

The planned burning is a land management tool where controlled fire is used, under carefully monitored conditions, to reduce fuels such as grass, leaves, bark, shrubs and fallen branches.

Forest Fire Management Victoria and the CFA have developed the program in consultation with local councils, wineries, the tourism industry, beekeepers, Traditional Owners, key stakeholders flora and fauna specialists and local community input.

The current program to manage fuel loads on public and private land will run for the next 3 years.

The ignition of planned burns are announced on the DEECA website and the CFA will also indicate these and their location on the VicEmergency app.

You can also sign up to receive alerts of any planned burn activity in your area.

If residents in nearby areas see smoke, check first whether it is a planned burn before calling emergency services.

If there are concerns about the impacts of smoke, go to the EPA Victoria website for comprehensive information on how to prepare for smoke events and ways to reduce your exposure to smoke.

Kinglake Community Anzac Dawn Service

April 25th at 5.30am

At St Peters WW1 Memorial Church

All Welcome, followed by Gunfire Breakfast

Peter Crook OAM Coordinator Ph 57862030



POSTAL ADDRESS

Please note MM has a new postal address: PO Box 213, Kinglake 3763



CONTINUED FROM PAGE 4

RACV Head of Motor Insurance and Roadside Products, Kirsty Hayes, urged Victorian drivers to be aware of wildlife while driving and adopt a number of safe driving practices.

Driving in rural and regional areas requires particular vigilance and motorists will see signage in these areas – and some urban areas as well – warning of wildlife in the area.

How to avoid hitting wildlife and what to do if you do:

• Reduce your speed. This will give you a greater response time and braking

distance which could help you avoid an animal collision. If you do spot an animal on the road, slow down and prepare to brake if necessary. Avoid trying to swerve around the animal as you may lose control of your vehicle.

- Avoid driving at dusk and dawn. This is when many native species are most active. If you do have to drive at this time, ensure you actively look ahead and use high beams in poor visibility however ensure you dim them if you see a car approaching.
- If you do hit wildlife, safely park your vehicle off the road, turn on your hazards

and check that you and your passengers are unharmed before checking on the animal. If anyone is injured, call 000.

- Call Wildlife Victoria on 03 8400 7300 to report the incident. Their Emergency Response Service will provide free advice and assistance, 24/7.
- If you're concerned that the injured or dead animal will create a hazard for other road users, there are other services that may be able to assist. If you're on a toll road, contact the operator. For major roads, call VicRoads, and on local roads contact the local council (if it's during office hours).

Firewood Collection Season Opens

The season for collecting firewood in designated public areas has opened and will run until 30 June for the Autumn season.

However, there are strict rules that need to be followed and the Department of Energy, Environment and Climate Action (DEECA) is urging people to ensure they abide by the rules.

An interactive map of designated firewood collection areas is available on the DEECA website and details the conditions for vehicles in these areas, the shaded areas where wood can be taken and any other conditions that apply to that zone.

There are only 2 periods each year when wood can be collected – 1 March to 30 June and the spring season that runs from 1 September to 30 November.

The rules for firewood collection are contained in the Forests (Domestic Firewood) Regulations 2022 and Crown Land (Reserves) (Domestic Firewood) Regulations 2022.

You can find the current regulations at:Forests (Domestic Firewood) Regulations 2022 and Crown Land (Reserves) (Domestic Firewood) Regulations 2022

There are serious penalties for failing to follow firewood collection rules.

Forest Fire Management Vic works with the Conservation Regulator to regularly patrol state forests and make sure people are adhering to the firewood collection rules.

Official signs make the areas available easy to identify.

What you can and can't collect, penalties and how to report illegal firewood collection can be found on the Conservation Regulator website at www. vic.gov.au/collecting-firewood.

The department says there are no guarantees that firewood will be available for collection in the domestic firewood collection areas after they have been opened.

If there is a high fire danger risk, the firewood collection season may be shortened to reduce risk and people are urged not to enter the forests on days of Catastrophic fire rating.

Some firewood collection areas may close at short notice if a planned burn is listed for the area.

New firewood collection areas may also open throughout the season and these will be added on the website.

Firewood collection area maps can be optimised for viewing by downloading the PDF maps onto mobile devices and then using geo-referenced maps on location via the free Avenza Maps Mobile App.

Examples of what they will show would be Watsons Road in Kinglake, as 4WD access only and collection is permitted 50M either side of the road within the shaded area displayed on the map.

For further information go to www. deeca.vic.gov.au

FINANCE REPORT

t's been a long, hot summer, but the seasons are shifting and it's time to prepare for the cooler months ahead. A few simple improvements could help keep your home snug without overheating your power bills.

It's almost time to pack away the boardies, swap sarongs for sweaters and cross from cricket to footy.

As we prepare for the cold to creep in, it may also be time to show your home some love.

A few budget-friendly improvements can make your home a haven of winter warmth, with the added plus of keeping heating bills down.

Here are three low cost renovation ideas to get you started.

1. Keep the cold out and the warm in

Fun fact: as much as 25% of winter heat loss can come from draughts (officially known as 'air leakage').

A simple but effective home renovation project is to find and fix gaps that are letting Energy Australia suggests installing door seals, and using a waterproof filler called 'caulking' to seal windows and around skirting boards.

2. Rethink home heating

Once your home is draught-proofed, it's

time to rethink home heating.

This can make a big difference to your hip pocket, because heating (and cooling) are the biggest energy guzzlers in Aussie, accounting for a whopping 40% of energy use.

So, if you're planning to wheel out the trusty electric bar heater that has served you well for many years, it could be time to think again.

It turns out that reverse cycle airconditioners are the most energyefficient heater (and cooler) of all types, irrespective of fuel source.

Even an air con unit with a low efficiency rating (for example, 2 to 3 energy stars) can be significantly cheaper to run than other heating appliances.

3. Insulate

Wearing layers of clothing keeps us warm in winter. Yet we often leave our homes to shiver through the cold.

Adding insulation is the equivalent of wrapping your home in a warm woolly onesie. Except that it also helps your place stay cool in summer. What's not to love?

Consumer group CHOICE says as much as one-third of an uninsulated home's warmth is lost through the roof. So, if your budget is tight, insulating your roof cavity





is a great first step.

If your budget extends further, or if you are building a new home, installing floor, wall and ceiling insulation can save hundreds of dollars on energy costs each year.

How to help manage the cost

Of course, it's not too difficult to plan for small home improvements that can make your home more comfy in winter.

However, the reality may be that you need to foot the bill for a reno that's a bit more substantial.

The good news is that your current home loan may provide a potential source of finance.

Or, we can explain other options such as a construction loan or renovation loan for bigger projects.

The main point is to talk to us today, and start taking steps to make your place warm and cosy this winter.

Nicole Sevenich NS Finance & Mortgages CRN No. 479851

WHAT'S ON

KINGLAKE LIBRARY

April 2025



Kids In The Kitchen

Wednesday 3.00 - 4.00 pm Join us to make ANZAC biscuits together in the library.



School Holiday Movie

Tuesday 3.00 - 4.30 pm Astro Kid. Popcorn and refreshments provided.



Easter Egg Hunt

Thursday 11.00 - 12.00 noon Make your own Easter basket at the library and Join us to hunt for eggs.



Pageturners

Monday 5.00 - 6.20 pm
Find your next great read. A casual group sharing reading recommendations with a selection of books specially selected by our library staff.

Bookings are essential.

Book online at murrindindi.vic.gov.au/libraries or call us on 5772 0333.



Regular Programs

Digital Literacy

Mondays 11.00 - 12.00 pm

High School Drop In

Mondays 4.00 - 6.30 pm

Storytime - Baby bounce

Tuesdays 10.30 - 11.30 am

Boomerang Bags

Wednesdays 10.00 am - 2.00 pm

Storytime 2 - 5 years

Fridays 10.30 - 11.30 am

Craft

Fridays 2.00 - 4.00 pm

PROPERTY REPORT



Melbourne's Comeback as Buyers Come Back

Welcome to Autumn!
The real estate market
continues to navigate a
dynamic and complex
landscape.

With global trade and economic uncertainties looming large, particularly in China and the U.S., domestic housing shows signs of recovery.

The global economy remains in flux due to the lingering effects of trade wars and policy shifts. President Trump's trade agenda has heightened fears of stagflation, a mix of low growth and elevated inflation.

While Australia is somewhat insulated from direct U.S. tariffs, the impact on China, our largest trading partner, is a critical variable. If China implements stimulus measures in response to U.S. policies, it could stabilize trade but faces constraints like high debt and oversupplied housing markets.

Interestingly, this global uncertainty has made Australia more attractive to investors. The RBA projects only a slight dip in economic activity, supported by a softer

Aussie dollar. Meanwhile, consumer confidence has surged to a 3-year high, signalling optimism despite broader market concerns, especially in younger buyers.

This renewed confidence could bolster activity, especially in Melbourne, where home values recently ended a 10- month decline.

Inflation management remains a top priority for the RBA, balancing employment growth and price stability. Australia's inflation rate has eased, with trimmed mean inflation within the 2-3% target range. Jobs have also reached a record high, suggesting a robust labour market.

The RBA's decision to cut interest rates has spurred optimism, particularly among first-homebuyers and investors. Mortgage pre-approvals in Melbourne increased by 30% in the first 2 months. Lower borrowing costs are expected to keep buyer sentiment strong, even as overall economic growth remains subdued.

This has already started in the first homebuyer sector, and

will lead into second and third home owners and investors.

Melbourne's housing market is staging a recovery, buoyed by increased competition. Auction clearance rates remain above 70%, and home values in the city rose 0.4% last month. The modest interest rate cut has been pivotal, with rising buyer confidence and improved affordability driving activity.

The general consensus is house prices will rise nationally by 3.3% this year before

accelerating to 6% in 2026. We expect a return to an 8% average within 2-3 years. Investors are taking note of strong rental growth and considering opportunities like build-to-rent.

For property owners, now is an opportune moment to expand portfolios, particularly in the regional sector where growth was stagnant. The recovery in Melbourne has also underpinned a national increase in home values, further encouraging investment.

Established owners are leveraging equity to secure



new purchases before increased competition heats up the market post-election.

While global uncertainties remain a headwind, the Melbourne property market's recovery is slowly becoming evident. Consumer confidence, easing inflation, and supportive monetary policies are aligning to create favourable conditions for buyers and sellers alike.

As the housing market transitions toward a new growth phase, opportunities abound for those ready to act. Whether it's securing a first home, upgrading, or investing in emerging sectors, the season ahead promises momentum and renewed optimism for the real estate sector.

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Ready to showcase your artwork like a pro and build your brand as an artist?

Free Workshops for Artists by Yea Arts Inc

Join us at Alexandra Community Hub on Thursday May 8th from 10am-1.30pm for two transformative workshops designed to elevate your artistic journey:

- 1. "Framing Your Art: Photo & Video Essentials" Learn the techniques to showcase your art in the best light through photography and videography.
- 2. "Social Media & Brand Building for Creatives" Discover strategies to build your brand and connect with a wider audience online.

These workshops are free and open to all artists. Secure your spot now at Trybooking.

Let's build the bridge between creativity and commerce together!Whether you're an emerging artist or a seasoned creator, this series promises to provide invaluable insights into the business side of art.

https://www.trybooking.com/CZWZV

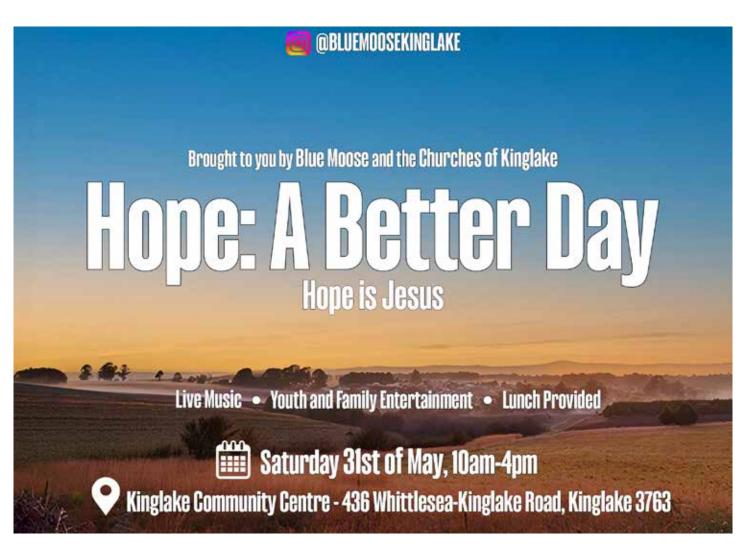


Yea Arts Inc gratefully acknowledges through Murrindindi Shire Council that this project was made possible through funding which was jointly provided by the Victorian Government and the Commonwealth Government under the Commonwealth-State Disaster recovery funding arrangements (DRFA.)











Unlocking Artistic Potential: Yea Arts Inc. Presents "The Business of Art" Workshops

n a world where creativity meets commerce, Yea Arts Inc. has announced a series of free workshops titled 'The **Business of Art', designed** specifically for visual artists eager to enhance their skills and broaden their audience.

With a total of 16 workshops taking place in key locations including Marysville, Alexandra, Yea, and Kinglake, this initiative is a golden opportunity for local artists to gain invaluable insights into the business side of their craft.

The initial Kinglake and Yea workshops have been fully booked, but artists can book in the other available locations, and those details will be advertised in MM going

Each workshop is tailored to address essential skills that will help artists present their work more effectively and connect with a wider audience.

The workshops will cover a range of topics, starting with Framing Your Art: Photo & Video Essentials. In this hands-on session, artists will learn how to capture high-

quality images and videos of their artwork using either a smartphone or an SLR camera. This skill is crucial for creating compelling content for social media and marketing, allowing artists to showcase their work in the best light.

Next up is Social Media & Brand Building for Creatives, where participants will discover strategies to grow their audience and build a strong artistic brand. This workshop will delve into creating engaging content and effectively utilising social media platforms to promote their art, ensuring that artists can reach potential buyers and art enthusiasts alike.

The series also includes Crafting Your Creative Future: Mini Business Planning for Artists. This workshop will guide participants in defining clear goals and outlining actionable objectives, culminating in a concise onepage plan to keep their art business focused and thriving over the next year.

Finally, The Art of Selling: Monetising Your Creativity Online will explore various strategies for selling art, sharing one's passion, and building a sustainable creative business. This session is designed to equip artists with the tools they need to navigate the online marketplace successfully.

Leading these workshops is Sam Hicks, a seasoned business development, marketing, and photography consultant with over 25 years of experience in small business, tourism, community art, and digital marketing.

Sam's passion for supporting small businesses and creatives shines through in her work, as she provides mentorship, workshops, and advisory services to help individuals thrive. Starting her career at 18 with a ceramics business in Melbourne, Sam has since coordinated communitydriven projects, including 'Art in the Environment', the first public art initiative in the Shire of Murrindindi. Today, she empowers regional businesses and creatives with practical tools for growth and development.

Yea Arts Inc. is proud to offer

these workshops as a support system for all artists in the Murrindindi Shire. Whether you're a seasoned artist or just starting out, these sessions promise to provide valuable insights and skills that will elevate your artistic journey. Workshops will be held over the next eight months. Follow us at Yea Arts facebook page to keep up to date with the workshop times and venues.

Yea Arts Inc gratefully acknowledges through Murrindindi Shire Council that this project was made possible through funding which was jointly provided by the Victorian Government and the Commonwealth Government under the Commonwealth-State Disaster recovery funding arrangements (DRFA.)

Don't miss out on this incredible opportunity to learn from industry experts and connect with fellow artists. Look for a workshop near you and book your spot today let's unlock the full potential of your artistic vision together!

See the advertisement on page 10 for booking details.

Kinglake Ranges Arts Winter Exhibition





Save the date . . . pass it on!

KINGLAKE WINTER EXHIBITION 30 & 31 August 2025

Artist are encouraged to consider and create special pieces for this display.

We are looking for tiny to medium 3D pieces that showcase each artist.

Here is an opportunity to speak to your audience through

More details to be revealed in coming months.

For enquires about joining the local artist's collective, please email kra@kinglakeranges.com.au. Or dindiopenstudios@gmail.com



WWW.SONGBIRDCAFEANDLARDER.COM



DAWN SERVICE: A ceremony will be held at the Arch/Second World War memorials, at the intersection of Walnut and Forest Streets commencing at 0530 hours.

MARCH: The ANZAC Day march will commence with assembly at the Whittlesea Bowls Club at 2 p.m. Step-off is at 2.30 p.m.

Wreath laying will be conducted at: The Arch, Second World War and Vietnam Memorials at Forest/Walnut Streets and Soldier's Memorial, Laurel/Church Streets.

Wreaths are to be placed on a table at the Arch prior to commencement of the march and those laying will be called forward by the MC. Posies can be carried and laid at the conclusion of the wreath laving.

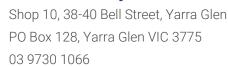
Veterans and ex-servicemen/women are to wear medals. Relatives/descendants of ex-servicemen/women, displaying medals on right chest will be placed in the veteran's group.

> Harold Hawson RFD, 0412 279 991 (Vice President/Secretary/Treasurer)





Contact Cindy



Cindy.McLeish@parliament.vic.gov.au

www.CindyMcLeish.com.au



Kinglake Ranges Neighbourhood House

6 McMahons Road Kinglake







WHAT'S ON @ THE HOUSE

ART HOUSE

LEADLIGHTING WITH JOHN

Mondays 28 April - 23 June 10am- 12pm OR 7.00pm-9.00pm \$120.00 Beginners. Materials provided. \$95.00 Advanced. BYO Materials

FIBRE FRIENDS

Tuesdays 14 & 28 April 10.00am-1.00pm \$3.00 per session PLUS \$11.00 Annual Fee

FOCUS ON BIRDS

Saturday 3 May 9.30am-4.00pm \$120.00 all materials provided

CHARCOAL TO PASTEL DRAWING WITH JO

Wednesdays 21 May - 25 June YOUTH: 8 to 16 years 5pm - 6pm \$130.00 per term (6 sessions) ADULTS 16+: 5pm - 7pm \$220.00 per term (6 sessions)

SCHOOL HOUSE

BOAT LICENCE AGES 12+ INCLUDING JET-SKI LICENSE FOR AGES 16+

Saturday 5 April 9.00am-1.00pm \$180.00 Boat & PWC OR \$80 PWC only

HEALTH ABILITY

Wednesday 14 May 12pm-2pm FREE Aged Care information service

GREEN HOUSE

HORTICULTURE CONTINUING WITH KATHLEEN

Fridays 23 May - 8 August (10 weeks) 10am - 1pm \$70.00 includes all materials

SOCIAL GARDENING

1st & 3rd Wednesday of the month @ 10am Tea, coffee and refreshments provided!

COMMUNITY HOUSE & KITCHEN

CHEESEMAKING

Saturday 10 May 11am - 3pm \$160.00 per person

PASTA

Friday 16 May 10am - 1pm \$50.00 per person

VISIBLE MENDING

Saturday 17 May 2pm-4pm \$25.00 incs. some materials. BYO garment to repair



Contact us: <u>03 5786 1301 |</u> 0482 847 764

More information/registration: www.kinglakeranges.com.au

Kinglake CWA

ooking for something to do next Sunday, 6 April? The Diamond Valley Group (of which our Kinglake Branch is a member) is holding its annual Creative Arts Craft and Cookery exhibition at the Greensborough Masonic Hall, 23 Ester Street, Greensborough from 10 am to 3 pm.

The famous CWA Devonshire Tea and refreshments will be available (that will keep the husbands happy munching while the ladies check out the displays) and there will be a multi-prize raffle. Entry is only \$8 per person and children under 16 are free.

Check out the knitting, crochet, sewing, patchwork, embroidery, jams, preserves and other cooking, photography and garden entries. There is something for everyone!

Our own Kinglake branch has donated a trophy made from salvaged Black Saturday blackwood timber for the Branch Aggregate – most points won by any of the seven branches. It's our aim to win the inaugural one, so you will see some of our local artisans work on display.

Thank goodness for the recent rains – hopefully your water tanks have improved and the lawns and gardens are greening after such a long hot summer. Now we are in autumn, it's time to start thinking of yumminess.

Air fryers are the new "must have" appliance so here's something to try

Air fryer lemonade scones

You will need

- 525 grams or 3½ cups self-raising flour
- 70 grams or 1/3 cup castor sugar
- · 300 ml thickened cream
- 185 ml or ¾ cup lemonade
- 1 teaspoon vanilla extract
- Milk for brushing
- · Raspberry Jam to serve (our local prize-winning jam available through Kinglake primary schools)
- Whipped cream to top

The How To

- · Combine flour and sugar in a large bowl
- · Make a well add cream, lemonade and vanilla
- Using a flat bladed knife, gently stir until dough comes together

Then

- Turn dough onto a floured surface
- Knead gently for 30 seconds or until just smooth
- Press dough into 2 ½ cm thick round.
- Dip a 5½ cm round cutter into flour to cut scones
- Gently press leftover dough pieces together and repeat.
- Should make about 15 scones

Place a sheet of baking paper in air fryer basket, making sure the paper is 1 cm smaller than the basket to allow air circulation. Place about 5 scones almost touching onto the paper.

Brush tops lightly with milk

Cook on 160 degC for 15 minutes or golden and hollow sounding when tapped

Carefully place on wire rack – repeat two more times with remaining scone shapes as before

Serve warm with your CWA raspberry jam and whipped cream.



Royal Children's Hospital Good Friday **Appeal in the Kinglake Ranges**

This Easter, the Kinglake Ranges **Emergency Services will join forces** again, collecting for the Royal Children's Hospital Good Friday Appeal.

Volunteer members of the SES, CERT and CFA brigades from Kinglake and Kinglake West will be shaking cans around the town, at intersections and doorknocking Kinglake residents.

Local businesses and the Whittlesea Bowls Club are also supporting the appeal with collection cans on the counters.

Kinglake Rotary have placed a Wishing Well at the Kinglake Fish n Chippery who are also donating 10% of their sales on Good Friday to the RCH Appeal.

Last year Kinglake Ranges residents and visitors contributed over \$8,000 to the appeal. Let's see if we can beat that total this year. Over the past 16 years, our community has raised \$98,000 for the

Royal Children's Hospital Good Friday Appeal.

The Kinglake Ranges community is asked to please donate generously again this year. Add your donation to one of the collection tins at local businesses, or come and see us with a smile on Good Friday as we shake those cans for this worthwhile cause.

Let us show our Kinglake spirit of generosity to those children who need it



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RotaryClubKinglakeRanges.com.au info@RotaryClubKinglakeRanges.com.au

Rotary Youth Program of Enrichment

Vocational Visit Kinglake CFA

District 9790 **Rotary Conference**

Kinglake Market

Vocational: Fish & Chippery

Our Rotary Club recently visited the local Fish and Chippery in March to learn more about the new owners and their plans for the business. We enjoyed a delicious meal while discussing their vision for the future and how they hope to grow the shop. Thanks so much for hosting us!

The owners are eager to hear feedback and suggestions from the community, making it a great opportunity for collaboration. It was an enjoyable evening of good food, great company and full bellies.



Defensive Driving

Dive into a day of skill enhancement with the Young Driver Development Program, brought to you by the Kinglake Ranges Rotary Club! Each year, our club sponsors young drivers from across the Kinglake Ranges & Surrounds to complete the Murcott's Defensive Driving Course. This makes a perfect birthday or Christmas present for new young drivers.

Follow the QR Code to register your interest for 2025!







Walking Trail - Working Bee

Our Rotary Club recently held a working bee along the local walking trail, where we focused on maintenance and beautification. We cleaned the seats, which were made and installed by our club, added new stickers, and tidied up the garden areas around each seat.

It was a rewarding afternoon where we had lots of fun, ensuring the seats remain a welcoming space for all to enjoy, rest upon and take in the view.

Pictured: Tamara, Andy B, Donna, Gary & Nina.





Feed For The Grampians

There is an urgent need for feed in the bushfire-affected areas of the Grampians. These fires have left communities and their animals struggling, and we need your help to provide essential feed and support to those impacted.

We, together with the Kinglake Lions, Kinglake Market, and the Inner Wheel Club of Kinglake Ranges, are working together to make a difference in a situation we know all too well. We have opened up our Disaster Relief Account for donations, with 100% of funds allocated directly to helping those in need. We have already sent \$5,000 their way to assist. Together, we can ease the burden and help these communities recover.



Name: Rotary Club of Kinglake Ranges

BSB 633 000 Acct 149 725 327



2025

FEB 23

JUN 22

MAR 23

JUL 27

APR 27

MAY 25

AUG 24 SEP 28

TWILIGHT MARKET **OCT 26 NOV 23 DEC 21-**

WE'RE LOOKING FOR BUSKERS & VOLUNTEERS FOR PARKING FOR 2025 kinglakemarket@gmail.com 0457 481 980

KINGLAKE COMMUNITY CENTRE - 1 EXTONS RD. KINGLAKE CENTRAL

OUR APRIL GATES WILL BE RAISING FUNDS FOR: NEED FOR FEED

Our Heritage

Our Anzacs

ach year, April brings us Anzac Day and we are reminded of the many Australian men and women who have served our country in time of war, their courage and sacrifice in the cause of peace and freedom for all.

All over Australia, local communities gather to remember in particular those from their own area who enlisted and left Australia for service in foreign lands.

In Kinglake, the Honour Boards in the Community Centre and the Kinglake West Hall record the names of 48 young men who left the district for service in World War 1 and 63 young men and 5 young women in World War 2. Sadly, there have been others who have served in various conflicts since and they are also remembered on Anzac Day.

At KHS, our research into the details of the service for all of these names is not complete but we do know that, of the 48 enlistees from Kinglake in WW1, at least nine served at Gallipoli, either in the first landing or as part of the reinforcements soon afterwards.

They were Harold Bayliss, Arnold Jarvis, Allan MacDonald, Horace Merritt, William Pollard, Arthur Roney, Leslie Russell, Harry Sims and Herbert W. Skeoch.

Arthur Roney, William Pollard, Harry Sims and Allan McDonald were the sons of families who lived in the Kinglake district, while Harold Bayliss, Leslie Russell, Horace Merritt and Arnold Jarvis were young men who had come here only recently to work on local farms. Herbert Skeoch, originally from Scotland, had taken up farming at Kinglake West soon after his marriage in 1911.

For several of these young men, we have some further details. Harold Bayliss came to the district, aged 19, to work on a local farm and board with the Crockford family at Kinglake. He was an early enlistment in 1914 and, soon after, was on his way to Egypt and from there to Gallipoli. After surviving a serious head wound, he was later discharged unfit in 1916 and returned to Kinglake in 1917 with his wife, Gladys, to take up farming. He was officially welcomed home at the Kinglake Hall in January 1918.

Arthur Roney left his family home in Pheasant Creek to enlist in 1914 and was sent to Egypt where he was put in charge of horses being shipped to Gallipoli. Later, serving in France, he was severely injured when horses bolted with a wagon which crushed his right foot. While recovering in England, he taught bomb throwing at the Australian Camp in Sutton Veney. He was sent back to France as a driver of army vehicles and eventually returned to Australia to be officially welcomed home at Kinglake West in October 1918.

Allan MacDonald enlisted in January 1915 and left Australia on HMS Newhaven in May 1915 with reinforcement troops for Gallipoli. He served there until the evacuation in December and was then sent to France where he was wounded at Pozieres. He



Community Centre Honour Boards



Kinglake West WW1 Honour Board

recovered and returned to action in France until he was fatally wounded in September 1917. His grave is in the Lijssenthoek Military Cemetery in Belgium.

Herbert Skeoch, who had served with a Scottish regiment in the Boer War in South Africa, came to Australia in 1909 and, by 1911, had married and taken up farming at Kinglake West. He enlisted in January 1915 and was first sent to Gallipoli where he served until the evacuation. He was actually one of the last to leave, having been selected with 15 others for special duty in the evacuation process.

For his part in the success of this dangerous task, he received the Military Medal which was presented to him by the Governor-General, Sir Ronald Monro Ferguson. Herbert Skeoch was discharged due illness and returned to be welcomed home at Kinglake West in May 1916 but later moved to live in Diamond Creek.

On 25 April at the ceremonies at St Peter's Memorial Chuch and the Kinglake Lions Club memorial at the Community Centre, these Kinglake Anzacs will be among the many men and women remembered with pride and gratitude for their dedicated service.

Lest We Forget.

Deidre Hawkins

Kinglake Historical Society, kinglakehistoricalsociety@gmail.com



Kinglake Heritage Centre

Kinglake West Reserve ~ Open Sundays 12 noon – 4pm \$2 donation appreciated ~ 150 Years of Kinglake Stories Groups weekdays by appointment – phone 0414 255 893





Four-Year-Old Kinder is becoming Pre-Prep.

In 2025, Pre-Prep will be available for 16-30 hours per week in Murrindindi Shire. Pre-Prep means more time to develop important social and emotional skills. Learning through play helps children explore, solve problems, communicate and create, while making friends - getting them ready for school and life.

Enrol for 2025. Speak with your preferred kinder service or local council today about how to register for a place or to learn more visit vic.gov.au/pre-prep

KINDERGARTEN

Food Intolerances and Malabsorption - what you may be missing

ood Intolerances and sensitivities are more common than many people realize and apart from the obvious discomfort they may present with such as loose stool or explosive diarrohea, bloating or stomach cramps, it can interfere with your absorption of essential nutrients

If not corrected, it can affect a wide range of health issues including vitamin and mineral deficiencies such as iron and calcium, weight loss, fatigue and osteoporosis.

The incidence of food intolerance issues has increased over the last few decades and the reason although still unclear, is likely to be the result of over processed foods, lack of pre and pro-biotics and enzymes in the digestive tract that are effected by drugs such as antibiotics, heart burn medications (such as Nexium that severely effects B12 absorption and in turn Iron absorption). Other medications have also been implicated with various issues with nutrient absorption.

The danger is that many people do not know the signs of malabsorption so it's important to take note especially if your children are having stomach pain or growth issues. The most common signs include loose stool (can be sudden and involve cramping or be explosive) bloating, scaly skin rashes, mucous congestion, easy to bruise, weight loss, bone fractures, fatigue and excessive hunger or even loss of appetite.

Certain issues will present with specific symptoms such as fructose malabsorption (see FODMAP diets to learn more on this) excessive hunger, bloating and pain and is caused by eating fruits high in fructose such as watermelon, apples etc. This can be assessed by cutting out high fructose fruits for a month and noting any changes to your gut and bowel habits.

Health & Healing 'Modern research meets ancient wisdom'



Cooking these fruits with a little sugar and cinnamon can increase their tolerance and is kinder to the stomach.

Lactose malabsorption is very common - as high as 65% of the population - and is caused by lacking the enzyme to break down the sugar found in milk. This can lead to serious deficiencies in calcium and magnesium and therefore can lead to osteoporosis. Symptoms include loose stools and cramping, mucous congestion and skin rashes. Cultured milk products such as good yoghurt or keffir has less lactose as it's broken down by enzyme action. Lactose free milk or taking 'Lactease' enzymes can help easily with this.

Other malabsorption issues can be caused by sluggish organ function such as problems with pancreatic enzymes, Irritable Bowel Syndrome (which is very often a malabsorption issue and in turn causes reduced nutritional deficiencies due to gut irritation), or may be an auto immune issue such as Coeliac disease where the immune system attacks the body in response to gluten.

Most importantly, it's vital not to ignore these symptoms and don't eat foods that don't sit well.

The long-term effects of reduced nutrient absorption can severely effect all aspects of your health as well as skin, bones and energy production and even muscle strength. The easiest way to address the issue is to cut out a suspected food for at least 1 month and monitor your symptoms.

If no change, then try cutting out another one. If you feel better stick with it and get advice. Foods high in digestive enzymes can be very useful in increasing your tolerance and nutritional status. These foods include fermented foods such as Kim Gee and sauerkraut, miso, pawpaw and other fermented vegetables. It's important that these are not pasteurized as the process kills the very enzymes that we need and is one of the contributing factors in the increase in digestive issues.

Until next time. Stay well.

Dr Angela Palmer, Chinese Medicine

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Yoga Vinyasa with Karina 7 to 8pm Wed start 30th Oct Qi Flow Yoga/Tai Qi/Qi Gong blend with Karina Thursdays 1pm to 2.15pm \$35 full and \$30 concession

> \$80 deposit and all go for 8 weeks. Call us to secure your spot anytime!

Dr Angela Palmer TCM B.ApSc B.TCM AHPRA reg. 5786 1889 www.kinglakechinesemedicine.com.au

• Work cover Approved/Private Health Fund Approved



MONDAY - FRIDAY 9AM - 5:30PM SATURDAY 9AM - 12:30PM

Whittlesea Physiotherapy 2025 Sponsored Athletes

As part of our commitment to
Athletic Excellence at Whittlesea
Physiotherapy and Clinical Pilates, we're
focused on supporting local sporting
talent through our comprehensive
Athlete Sponsorship Program. Each
selected athlete receives:

- Concussion baseline testing
- Preseason musculoskeletal screening
- Tailored exercise programs to enhance performance
- Specialised injury prevention strategies
- · Expert physiotherapy support

Meet Our 2025 Athletes:

1. TEGAN DRUMMOND - VOLLEYBALL -

Current Achievements & Goals:

• Selected for SSV 15 Years & Under Girls Indoor Volleyball team • Australian Youth Volleyball Championships 2025 (U16 VIC Girls) • Australian Youth Beach Volleyball Championships (March 2025) • Selected for Victorian Volleyball League (State League 1 & 2 Women's)

2. **MADDISON MCBRIEN - HEPTATHLON** - 2024 Achievements:

• 3rd in Victorian State Open Women's High Jump • 5th in Victorian State Open Women's 100m Hurdles • 7th in Victorian State Open Women's Javelin • 4154pts in Victorian State Combined events (2nd Overall) • 4375pts at Australian National Combined events

3. EMILY FITZGERALD - NETBALL

(returning to our program) - Current Achievements:

- Selected in U17s top 25 Victorian Netball squad
 Playing U19s for City West Falcons
- Selected in U17s Jika Region for State Titles • Playing A Grade for Melton Football Netball Club • Training in 2025 Victorian Talent Academy

4. ROCKI FRAUMANO - GYMNASTICS

(returning to our program) - Recent Achievements:

• Selected for Gymnastics Australia's Team Development Tour in Canada • Double selection for AIS training camps in Canberra • Transitioning to Senior International level in 2025 • Performing at Gymnastics Victoria Awards Night • Remarkable comeback from early 2024 spinal fracture

5. BLAKE MORLEY - FOOTBALL - 2024 Achievements:

2024 Achievements: • Under 17.5 NFNL
Division 1 Best and Fairest • WJFC Best and
Fairest for Under 17.5 • Played in both 17.5
and 19's teams • Dedicated player since
Under 9s 2025 Goals: • Enhance endurance
levels • Continue playing with Whittlesea •
Push development to new heights

6. BRYCE ARTHUR – FOOTBALL - 2024 Achievements:

• 3rd in NFNL League Best & Fairest • 2nd in Yarrambat's Best & Fairest • 14 goals and votes in 7 games • Successful debut for Hurstbridge U19s Career Development: •



2023 Future Stars program •

7. ALANA CHAPMAN - HEPTATHLON - 2024 Achievements:

- 3rd in University Nationals Heptathlon
- 4th in Victorian State Open Women's 100m Hurdles • 6th in High Jump and Javelin • 1st in Victorian State Open Women's Combined events (4529pts) • 8th at Australian National Open Combined events (4586pts). 2025 Competition Schedule: • Athletics Tasmania State Combined Events (January) • Athletics Victoria State Combined Events (March) • Athletics Australia National Championships (April)

Program Impact: Our Athlete Sponsorship Program represents Whittlesea Physiotherapy's commitment to nurturing local sporting talent. Through comprehensive support and expert guidance, we help these athletes train smarter, perform better, and achieve their sporting goals while maintaining optimal health and preventing injuries. We look forward to supporting their journeys throughout 2025 and beyond. These seven athletes represent excellence across multiple sporting disciplines, and we're proud to play a role in their development and success throughout 2025.

Stay tuned for more updates.

What Is An Osteopath & How Could They Improve Your Health?

You may have heard of Osteopathy, but what does it involve and how can it benefit your health?

Osteopaths are healthcare providers who have undergone a minimum of 4.5 years at an approved university. Their training covers anatomy, diagnosis, treatment and rehabilitation, where they learn how the body works together, and how disruptions to its natural mechanics may cause pain symptoms or injuries.

Osteopathy is a holistic form of manual therapy that addresses the body's musculoskeletal system. Osteopaths assess how bones, joints, muscles, and other tissues interact to support your movement, to create a personalised treatment plan to help manage pain, improve mobility and promote long-term well-being.

Here are a few reasons people commonly see an Osteopath:

- Pain relief: Osteopaths assess musculoskeletal pain ranging from neck, back, TMJ pain, headaches, chronic pain and more. Utilising various techniques, they develop a plan with you to manage your symptoms and improve your mobility.
- Personalised care: Osteopaths will commonly take a comprehensive history of your symptoms and consider the body as a whole, to assess and identify any causes of discomfort that may affect your posture, movement and overall wellbeing.
- Long-term wellness: Osteopathy isn't just about treating an immediate problem! It is also about helping you

to understand your body to help you reduce or prevent future injuries!

• Non-invasive approach: For anyone who prefers to avoid medications or invasive procedures, Osteopathy can provide a natural option for pain management and overall health improvement.

Osteopathy can be a fantastic approach for anyone looking for a holistic approach to healthcare.

We are excited to announce the opening of Innova Osteopathy in Kinglake, located within Hilltop Fitness. To learn more about how Osteopathy could complement your lifestyle or help you feel your best, visit our website: www. innovaosteopathy.com.au or contact us on 0458 112 608.

Dr Nikola White, BHSc / BAppSc (Osteopathy)

Getting Your Soil Tested for Free

any country gardeners are missing out on a free soil screening service that is mapping soild conditions across the state, according to EPA Victoria.

A government citizen science project has seen 2,000 home gardeners so far registered who have sent more than 5,000 soil samples so far, but most have come from the metropolitan area.

Victoria's Chief Environmental Scientist, Professor Mark Patrick Taylor, says it's a free service for home gardeners that does science and the environment a favour

"Register on the EPA Victoria website,

send in three small samples and you'll receive a scientific assessment of your soil condition and the trace elements it contains", Prof. Taylor said.

It's a free offer to home gardeners anywhere in Victoria, but Prof. Taylor says they're not seeing many samples from country areas so far.

Your soil data will add to a study that is mapping soil condition across the state.

"You'll be helping scientific research and getting a detailed report on what's feeding your garden".

So far, approximately 80% of the 5,800 individual samples screened have

shown trace elements that are within recommended levels. EPA provides a scientific report, and if the soil is not up to scratch, EPA can give you some tips on ways to manage your garden.

"Any home gardener who sends in samples can have scientific results for the price of the postage and ensure your family is gardening in soil you can trust – we just need more country people to get involved," Prof Taylor said.

Register or see more details on GardenSafe on the EPA Victoria website: epa.vic.gov.au/for-community/getinvolved/citizen-science-program/ gardensafe

COMMUNITY HOUSE REPORT



WHITTLESEA COMMUNITY HOUSE

P: 9716 3361 W: www.wchi.com.au E: wchi@whittleseach.com.au

ello. Welcome to
Autumn. With cooler
days afoot it's time to try
something new.

Register for Whittlesea Township Fresh Food Co-Op

Yes folks you heard correctly. We are setting up a fresh food co-op in Whittlesea and you are invited to join. Membership will be charged annually and a box of fresh, locally produced goodies (in 2 sizes - full or half box) will be yours for a weekly fee. Members will also be eligible for free workshops, local discounts and more. Register today for updates and information email wchfreshfood@gmail.com or call the office 9716 3361.

Visy Recycling

It might be getting cooler but it's still BBQ season so SAVE THOSE CANS AND BOTTLES. Over the counter recycling is available Monday, Wednesday and Thursday each week 10am – 3pm and Saturdays

from 8am – 4pm. Please note that the program will operate even while the House is closed - we are not open on Public Holidays.

Got some time on your hands and looking for an easy and regular volunteering role (perhaps to meet your Centrelink obligations). Look no further. Our recycling team is seeking volunteers for regular shifts - call 9716 3361 to discuss.

Are you a group or club? Did you know that you can register as a donation partner and receive the 10 cent return on recyclable items as a donation from the community? Go to https://cdsvic.org.au/donation-partner-registration

Community Meals

Big Blokes Brunch are back at the Whittlesea Community Activity Centre on Tuesdays. Join the blokes for brunch each week:

Tuesdays 11.00am - Noon

\$2.00 per person

Women's Lunch

Thursday 24 April "Gut Health" 11.30am – 1pm Gold Coin Donation

Machining for Beginners

This is the perfect course for the handyperson, hobbyist or tradie

Tuesdays for 7 weeks from 29 April 6.00pm – 9.00pm \$290 per person

Op Shop Tours are BACK

The Op Shop Bus will be leaving from the House at 9am on the 1st, 2nd and 3rd Saturdays of each month during Semester 1. Loads of new locations and only \$20 per person. Call the House for details, routes and bookings or head online to book www. wchi.com.au

Fix It Friday - 11th April

Fix it Friday continues in 2025. Sweep your problems into a pile and bring them to our experts for real help that doesn't involve a queue or a call centre! We will even get you a Barista made coffee if you have to wait.

Meet experts from Whittlesea Community Connections, The Office of the Victorian Ombudsman, Social Worker, Whittlesea Community Legal Service, Uniting Financial Counselling, NDIS, Centrelink and Neami National (Mental Health Program), Victoria Police, My Aged Care, No Interest Loan Scheme, After Hours Mental Health Nurse, and heaps more.

Call 9716 3361 to register in advance, it's FREE

Pop in during open hours for a cuppa Mon – Thurs 10am – 3pm. Food relief pantry packs are available during office hours or visit our community pantry 7 days a week open all hours (out the front of the House – 92A Church St). Pet food relief is also available for dog and cat food during office hours.



Please note MM has a new postal address:

PO Box 213, Kinglake 3763







Kinglake LANDCARE

SUMMERTIME

Kinglake district is the traditional land of the Taungurung and Wurundjeri people of the Kulin Nation. April is the Kulin Nation Waring Wombat Season until July the coldest and wettest season of the year.

Unlike our imported concept of four seasons, Kulin Nation seven seasons reflect movement of the stars, changing weather, and the life cycle of plants and animals developed over many thousands of years.

NEST BOXES

Most of the 105 nest boxes we distributed have been installed at reserves and the properties of members participating in the Boxes for Birds project. We expect birds will nest in the boxes in spring, but meanwhile many will be inhabited by our local furry fauna. An Antechinus (small carnivorous marsupial) has already taken up residence in one box.

LOCAL PLANTS – WHY AND WHERE DO WE GET THEM?

To protect and enhance our unique local flora and fauna we encourage the use of local (Indigenous) plants which have evolved to thrive with our rainfall, temperature and soils and usually require little or no maintenance, water, or fertiliser.

Extend existing indigenous remnants by weeding out invasive plants such as Broom, Holly, Blackberry or Thistles; collecting and spreading remnant seed, purchasing plants in tubes or pots; or awaiting occasional Landcare free distribution. Our free booklet lists Indigenous plant suppliers including La **Trobe University Indigenous** Plant Nursery (9479 1206) consistently supplying Kinglake provenance plants and Steve Joblin in Flowerdale (0412 334521). Newer suppliers include Alison Spratt (Alexandra 0466 038779), and Nugal Biik (Wollert 0483 294547).

ACTIVITIES JUST GONE

For Clean Up Australia Day in March we returned to Wallaby Springs Reserve at Kinglake West. Great effort from our members and new volunteers (see photo) cleaning up waste at this beautiful spot from some disrespectful visitors.

Another constructive visit in March from bank volunteers at Kinglake Wilderness Trail between KRNH and No 2



Creek cut'n'painting weeds such as Holly, Blackberry and Montbretia, pruning branches, and cleaning interpretive signs (see photo)

Also in March our members potted up more of the critically endangered Roundleaf Pomaderris (Pomaderris vacciniifolia) for free distribution locally to ensure its continued existence.

COMING UP

Nestbox installation at Stony Creek Reserve, Kinglake West. Date in April or May TBA.

GET OUR FREE BOOKLET

'Caring for Your Patch' covering backyard garden design, food growing, plant selection, weed and pest animal management and more, is available from Kinglake Library, KRNH, Kinglake Heritage Centre, local garden suppliers, Landcare events, some local shops and servos, and online from https://ugln.net/about/ resources/. On that site you can also locate detailed vegetation reports on selected local roads.

MEMBERSHIP BENEFITS

New members can contact Secretary John Stewart on 0419 858504 or johnstewart@ live.com to join for \$16 per year. Alternatively, you can be added to our free 'friends' mailing list for notification of events.

NEXT MEETING

7.30pm Monday 21 April upstairs at Kinglake Memorial Reserve Hall. All welcome.

NEXT EVENTS

Nestbox installation at Stony Creek Reserve, Kinglake West. Date in April or May TBA

> Roger Cook, President Kinglake Landcare Group





A pril is a good time to enrich soil that has been depleted after the summer.

One of the best ways after the vegies have had better days is to plant in green manures. If you have old seed packets you can use them and obtain other good manures like the mustard greens.

The benefit of doing this is when you turn the beds over the nutrient is improved and you can think of winter planting later next month.

Compost

You can't underrate compost. There has been so much written about making compost and everyone has their own method which is good if the compost works well.

I have previously written about the 'pipe method'. It is an old method and I have found it easy to manage without the need to turn over. This type of composting is cold composting and will take around 9 months to completely break down.

I include anything that was once alive into the mix. This includes meats such as leftovers. I spread meat products around the top so as to not leave clumps.

I will explain my method of composting which is made in a compost bin easily obtainable in hardware stores

- 1. Place a section of polypipe with several holes drilled along the base, in the middle of the bin on the ground.
- 2. Then build up the layers with green waste, kitchen scraps and lawn clippings as well as autumn leaves.
- 3. Carbon needs to be included as a separate layer. This can be dry straw, shredded paper or newspapers broken up as well as bits of cardboard. The amount of carbon ratio to wet is around 1:3 Think of 3 buckets of wet to 1 bucket of dry ratio if that helps. If you forget and haven't met this ratio it isn't the end of the world. You can still add later as long as the dry is covered with the wet. You will achieve a good carbon to nitrogen ratio overall.
- 4. Please don't add weeds with seeds, or those that have runner roots. Also don't include diseased fruit or vegetables as the compost will be a good environment to





harbour their spread when you use your compost on the garden beds.

5. Be careful with animal manures. Horse manure can be added as long as the animal hasn't been worm medicated and there is residual medication in the manure. I would not add dog or cat or pigs, but chicken can be added in moderate amounts.

Useful Tip To help activate your compost a mixture of molasses in water will stimulate the microbes and help to break your compost down as well as adding useful minerals. Comfrey is also good as a compost stimulator.

Things to do this month

- If you haven't done so yet, this is the time to prune your stone fruits apricots, nectarines and peaches. They are the first flowering in mid winter and if you prune mid winter as with other fruit trees, there is a high risk of disease developing with the sap actively moving.
- Dispose of diseased fruit or the mummies in your fire pile or the rubbish bin.
- Resow areas of lawn to repair bare patches
- Lime vegie beds ready for winter vegie

planting

- Prepare the soil to be ready for your fruit tree orders arriving mid winter.
- End of the month is a good time to plant new strawberry plants.
- Garlic cloves can be planted in limed soil
- Pumpkins are nearing their end so if the stalks have browned off, cut a good 15 cms above the pumpkin and store in a cool dry place. Remove the plants.
- Tomatoes won't ripen now so any green tomatoes can be made into pickles and the plants removed. After removal, carrot seeds can be sown for a winter crop. Carrots do better in less fertile soil as their roots are less likely to become forked.
- This month the shire offers free green waste drop off at the Kinglake tip. It gives us a good opportunity to clean up our garden areas. After the heat and dry there are likely to be casualties so dead, dying, struggling plants can be removed and taken to the tip to be recycled into mulch.

True or False

There are many myths in gardening so here is a small selection that most of us may be familiar with

- 1. One year's seeds, seven years weeds. Unfortunately this is true. However there are some weeds that if left unchecked will provide a seed bank that can last longer than the seven years. Some can last up to 100 years. You may have noticed that after you have dug over a bed that there is a flush of new weeds. Digging soil helps to activate the seed bank.
- 2. Plant Sweet Peas on St. Patrick's Day false. This is just a useful reminder and either an earlier planting or later after this date will not be a problem.
- 3. Peeing on your lemon tree is good. True BUT only once a week and on the ground around the plant not on the plant. Urine is actually sterile but if you are on medication or have a UTI, it's best to avoid this. Peeing on the ground should be followed up with water to dilute unless there is rain to follow to dilute any build up. Urea is high in Nitrogen and lemon trees are greedy feeders.
- 4. I remember my father pouring in almost a third of a bucket of rusty nails before he planted the lemon tree on top. The idea was that lemons love iron. There is truth to this. There are quite a few plants that need iron and rusty nails leak the iron into the roots of these plants. Sticking rusty nails around the base of these plants helps to prevent iron deficiency which is shown by leaves with green veins in a yellow leaf. Plants that love iron are all citrus, fruit trees, roses, azaleas, camellias, gardenia and hydrangeas.

5. Coffee grounds are good for the garden. True. It is a good source of nitrogen, is only slightly acidic and good for the compost or spread out on a garden bed or with mulches.

6. Vinegar is good as a weed killer. This is true to a point. Using vinegar to kill weeds is only a temporary solution. It is useful to know that if you are using household vinegar, it is about 5% acetic acid whereas horticultural vinegars are 15 - 20% acetic

acid. The acetic acid basically burns the leaf membrane and kills the plant to the ground, not the roots. The plant will regrow. With multiple applications, care needs to be taken so as to not keep wetting the soil with the vinegar as it will disrupt the microorganisms that benefit the other plants. Overusing vinegar will weaken the soil and that provides a good opportunity for other weeds to take advantage. Far better to hand pull the

What to plant this month

These vegie seeds can be planted into punnets now - broccoli, cabbage, lettuce, silverbeet. They can then be planted where you previously had beans and peas growing earlier as a source of nitrogen from the legumes. Garlic cloves can be planted into a bed that has been limed and then mulched.

If you have the common blue or white agapanthus, it is important to remove the seed heads to prevent spreading.

How to protect dams from storm pollution

hile autumn rains have been more than welcome, they have often been accompanied by thunderstorms and resultant downpours.

Much-needed runoff is a great top up for farm dams, but it can also result in large amounts of dry grass, manure, soil and other materials being swept into them.

Agriculture Victoria Land Management Extension Officer, Clem Sturmfels, says that by constructing a netting fence above your dam, you can reduce the amount of organic material entering during and after

'If left unattended, these materials will sink to the bottom and decompose, impacting water quality", he says.

'Netting fence sediment traps are quick and easy to erect and can be made using second-hand materials".

Netting fences slow the speed of water and trap large organic materials. As the water slows, heavier sediments drop to the bottom while the organic materials trapped on the fence act as a filter for finer materials.

"To be most effective, the netting fence needs to be well supported with steel posts and follow the contour of the land.

"By making the base of the fence follow a level path, the water can spread out in both directions along the fence. The longer the fence, the more material that will get trapped. The ends of the fence need to be turned uphill to increase capture of materials", Mr Sturmfels says.

Commercial geo-fabric silt fences are great for trapping finer materials, however they transmit water very slowly and are not recommended for concentrated flows of

Clean straw bales placed tightly together and pegged down with steel posts can also be used to create an effective sediment trap.

Alternatives include synthetic silt fences, sediment ponds or a simple diversion bank with drop boards to manage flows into your dam.

"Regardless of design, all sediment traps should be regularly inspected, maintained and emptied following major storm events".

Mr Sturmfels said sediment traps can only do so much to prevent dam pollution, and the best strategy is to ensure you maintain good ground cover and fence out all larger dams.

Stock access to water can be maintained using a hardened access ramp or by pumping to a tank and trough arrangement.

For more information, visit the Agriculture Victoria website. For more information about drought and dry seasonal conditions support visit agriculture.vic. gov.au/dryseasons or call 136 186.

ENVIRONMENT MATTERS

Micro herbs

While browsing through the grocer or dining at an eatery, you may happen to chance upon a source of petite leaves that are known as micro herbs.

Often, they are grown in controlled areas, such as hydroponic shelters to provide for abundant supplies and to keep produce at a high standard. In turn, these conditions allow for much herbaceous intensity and dietary sources - in particular, vitamins, minerals and phytonutrients.

These species of herbs are defined into three main categories - aromatic, culinary or medicinal. Some micro herbs such as thyme have cross-uses since they can fit into two roles. Sources that are popular to use are arugula, basil, cilantro, cress, dill, mint, and sorrel.

Micro herbs are reaped earlier as



A spread of micro basil. Photo courtesy of Priya Mohandoss

seedlings, after two to three weeks of propagation, instead of waiting until they become the same size of their bigger counterparts. As a consequence, they can adequately take less amounts of liquid and for that reason have a low water footprint. Most seedlings are reproduced in containers such as seedling trays, punnets or small terracotta pots,

and require a state of damp and sultry conditions for growth to eventuate.

In terms of upkeep of ecosystems, micro herbs have the capacity to be a source of benefit in terms of enhancing the proliferation of local crops, such as grasses, in terms of allowing themselves to regulate these areas. Besides this, they too can be of use in managing the impacts caused from insects, disorders and many forms of severe meteorological events.

Furthermore, micro herbs can achieve much in providing a source of food security. This means that they are most likely to participate in harvesting to be kept up and as such, allow for an increase of food supplies for consumption.

While all these factors are of much benefit to us on a global level, similarly, we can enjoy the need to savour these explosions of flavour in our cuisine.

Priya Mohandoss

Toolangi Primary School

Exploring Excellence: Toolangi Primary School's Specialist Program in Japanese, PE, Art, Music, and Library

Performing Arts

The students are eagerly preparing for their upcoming performance at our annual Harvest Festival, working together to create a show that promises to delight the community. The Senior Class has dedicated time to writing and refining the script, while the juniors take centre stage as the stars of the show.

In addition to rehearsing, they've been busy producing props, spending a sunny afternoon outdoors painting and shaping cardboard into items like pizzas, toasted sandwiches, and an apple. Their enthusiasm and teamwork shine through in every detail, ensuring the show will be a memorable highlight of the festival.



Visual Arts

Art plays a vital role in developing students' creativity, communication, and problem-solving skills. From Foundation to Year Six, every student participates in a one-hour Visual Arts session each week, engaging in hands-on activities that foster artistic expression and appreciation.

This year, our Senior Room has delved into the world of Cubism, creating striking selfportraits inspired by the works of Picasso. Students experimented with bold colours and geometric shapes to represent their features in unique and imaginative ways.

A highlight of our art program has been



a whole-school collaborative project inspired by the renowned artist Wassily Kandinsky. Each student created their own vibrant Kandinsky Circles, with Senior students using watercolours and Junior students crafting collages from textured papers. The result is a stunning display of individuality and teamwork, showcasing the diverse artistic talents of our students.

Physical Education

We have hit the ground running, or maybe I should say that we've hit the pool swimming, and the lake paddling! The Small School Swimming Carnival was held at the Healesville outdoor pool early in March. The children competed in all sorts of swimming and novelty events, across all three pools, with the focus on fun and participation.

Whether it was swimming in traditional events like freestyle or backstroke; paddling a tractor tube, with your teammates across the pool or collecting golf balls from the bottom, the fun, cameraderie and sportsmanship could not have been questioned. The swimming carnival is a highlight of our calendar and this year, the sun shone on us, making it more memorable.





The year 5/6 students had an opportunity to attend Lilydale Lake for a canoeing event, hosted by Canoeing Victoria. After donning appropriate safety gear, they hit the water for some instruction and coaching. Learning through play, the children had a ball and returned with big smiles and stories to share. A follow-up activity on the Yarra River is scheduled for the coming weeks, for those who want to challenge themselves further.

Our PE program has centred around hockey skills, so far this term. The children have learned to push and trap the ball; dribbling and passing on the run to teammates, leading into small group games and challenges. We welcomed our new preps to PE too, with minor games and activities that students from all year levels can enjoy, helping to build their confidence through success, whilst highlighting movement, participation and fun. Yoga and meditation for kids, have helped us through some very hot afternoons, too!



Library

At Toolangi Primary School, our MARC Library Program fosters a love of reading and appreciation for literature, helping to build a strong reading culture within our school. Students enjoy access to a diverse collection of books, including the latest releases and timeless favourites, catering to all interests and reading levels. Each week, engaging library sessions support literacy development while enhancing thinking skills, problem-solving, and cognitive growth. Our library also provides valuable resources for teachers, enriching learning experiences across the curriculum. With a wide range of books and materials, students can borrow and explore stories from their favourite authors, making reading an exciting and essential part of their education.

Japanese

At Toolangi Primary School, students participate in a 45-minute Japanese lesson each week, taught by a visiting teacher from the local high school. These lessons focus on developing intercultural communication skills, allowing students to practice Japanese with their peers and teacher. Through engaging activities, they explore not just the language but also the cultural reasons behind expressions and traditions, helping them communicate respectfully and develop a deeper cultural awareness.

We'd love to share our school with you! To learn more about Toolangi Primary and our unique programs, call us at 5962 9255. Follow us on Facebook and Instagram for updates.

Kinglake West Primary School

Exciting Times at Kinglake West Primary School!

What a fantastic term it's been at KWPS! Our students have embraced learning enthusiastically while making time for many special events. Some of the highlights of this term included:

- Welcome to West Family BBQ A wonderful way to unite our school community.
- Meet the Teacher Interviews Strengthening communication between families and teachers.
- **Big Sister Program** Fostering friendships and support between students.
- House Teams Tabloid Sports Fun, teamwork, and friendly competition!
- **Pancake Day** A delicious way to celebrate community spirit.
- **Drama Victoria Incursion** Bringing creativity and performance into the classroom.
- **Harmony Day Dress-Up** Embracing cultural diversity with pride.
- **Ride to School Day** Encouraging active and healthy lifestyles.

This term, our school has been full of HEART, reflecting our values: Honesty, Everyone Matters, Always Try Your Best, Respect, and Teamwork. These values were especially evident in our Student Representative Council (SRC) candidates, who spoke passionately about our values in their speeches. It takes real courage to stand up in front of an audience, and we are incredibly proud of every student who put themselves forward.



A huge congratulations to our SRC representatives for 2025:

- P/1S Harry and Rosie
- 1/2N Tyler, Johnny and Eadie
- 2/3H Amelia, Aleesza and Jaeger
- 3/4MC Emily, Jett and Paige
- 4/5S Mattea and Emily
- 5/6D Matilda, Jack and Zara

The SRC team has taken full advantage of the warm weather this term by selling icy-poles. Beyond fundraising, the SRC plays a vital role in amplifying student voice, fostering agency, and representing all students in discussions about school improvements from a student perspective. Money raised from our icy-pole days goes towards the things that students would like or need (eg. lunchtime sports equipment)

Captain's Corner (News from our School Leaders)

Student Voice and Agency

At Kinglake West Primary School, we have been working on ways to improve our school by practising Student Voice and Agency. We have been writing letters to Mrs Smith, our Principal, to change things around the school. The things we have done to change/help the school are: we've investigated the non-working tap in the Memorial Garden, fixed the fountain in the Memorial Garden, added more food to the canteen menu, purchased bin bag dispensers for each building to help the House Captains, with much more exciting stuff to come!

The Student Leaders love their role, and we love supporting the idea of improving our school.









We were excited to have our local member of parliament, Cindy McLeish, present our leadership badges to all of our school leaders at our assembly.

The School Captains attended the Halogen Young Leader's Day at the Melbourne Convention and Exhibition Centre. We caught the train into the city, had hot chocolates, and walked through the city. There was lots of dancing and four great guest speakers: Thomas Duncan-Watts, Catherine Laga'aia, Emma McKeown, and Majak Daw. They were great at explaining everything they had gone through and kept us hooked and intrigued the whole time! It was lots of fun to have a day in the city and learn all about leadership.

Keep an eye out for more new ideas from the School Leaders and thank you for reading.

Sarah, Oliver, Roy and Alice

Kinglake Primary School









Basketball Clinic thanks to Diamond Valley Basketball Association

The students had an exciting time participating in a basketball clinic at school, where they were introduced to a variety of drills aimed at improving their skills. From dribbling exercises to shooting techniques, the clinic covered a wide range of fundamental basketball skills.

The students were enthusiastic and fully engaged, learning new strategies and refining their techniques with each drill. The energy and excitement were palpable, and it was clear that everyone enjoyed the experience. By the end of the clinic, the students not only improved their basketball abilities but also developed a deeper love for the game.

Community Open Day

We would like to extend our heartfelt thanks to everyone who attended our Community Open Day. Your presence and participation made the event truly special, and we are grateful for the support and enthusiasm you brought.

It was wonderful to see so many familiar faces and meet new members of our community, all coming together to celebrate and learn more about the initiatives and activities we offer. Your involvement helps strengthen our bonds and makes our community a better place for all. Thank you for making this event a success, and we look forward to seeing you at future gatherings.

Preps Term 1

The Preps have had an exciting and successful first term of learning and growth. From their first steps into the classroom to building new skills, they've shown remarkable progress in both their academic and social development. Throughout the term, they explored foundational concepts in literacy, numeracy, and creativity, while also learning how to work together and communicate with their peers.

Their curiosity and enthusiasm have been truly inspiring, and it's clear they are beginning to form a strong foundation for the years ahead. As they continue to grow, it's wonderful to see them embrace each new challenge with confidence and joy

NED Resilience Ride

The NED Resilience Ride program is an empowering initiative designed to promote resilience, teamwork, and perseverance among students. Through a combination of physical activity and motivational lessons, the program encourages students to push through challenges, develop a growth mindset, and work together to achieve common goals. Participants engage in a fun and dynamic incursion, while also learning valuable life skills such as goal setting, overcoming obstacles, and supporting one another. The NED Resilience Ride; Never Give Up, Encourage Others & Do Your Best.

Middle Kinglake Primary School





Young Leaders Day

erm 2 has whizzed by with lots of learning inside and outside the classroom.

The weather was perfect for our two week swimming program at Whittlesea pool. Students participated in lessons teaching water safety and stroke technique. It was great to see skills improve over the two weeks and we finished the program with our House Swimmig Sports.

This year we had many more events than normal because everyone was enthusiastic to participate. We sent a team of 7 students to District Swimming and Ben competed - this is an amazing effort to put yourself out there to compete against fast swimmers from other schools.

Our school captains Arthur and Christian travelled to Melbourne to join over 2000 other students in the National Young Leaders' Day. They listened to some great guest speakers who shared their leadership journey. It was a very valuable day and the boys came back to school with some great ideas.

Tess is currently off work, recuperating from a knee replacement. We wish her a speedy and pain free recovery. We welcome Mr Deller to MKPS in the Grade 1/2 room. Mr Deller's weekly Word Searches are a highlight for the Grade 1/2s.

The Preps are now at school full-time, and have settled in so well. When asked what their favourite thing about school was, these were their responses:

Isaac likes sports days; Ryder and Winter both love Show and Tell; Laith enjoys writing; Natalia likes free time; Oakley's favourite thing is playing cricket with

Preps

his friends; Evie, Madison and Sebastian love outside time; Hudson has enjoyed swimming; George's favourite thing is lunch and Asha's is recess!

Early in March we held our AGM, discussing our Annual Report to the School Community outlining all the highlights of our wonderful school. We have welcomed a new School Council including Peta Fry as President, Georgia Gardiner as Vice President and Stacey Mooney as Treasurer. School Council meet each month and assist with setting future direction for MKPS.

At MKPS we are very conscious of looking after our environment. We took part in Clean Up Australia Day, collecting rubbish from around our school and surrounding areas. We try to have 'nude food' so that our wrappers don't blow away and cause more damage.

Enrolments are always open at MKPS and we look forward to meeting new families. We offer an engaging and individualised Literacy and Numeracy curriculum plus many specialist curriculum subjects including Art, Music, Library, Social & Emotional Learning, Auslan, Health & PE and STEM. We have a huge focus on Sustainability, including the Stephanie Alexander Kitchen Garden Program. Students are involved in gardening, cooking and learning about environmental issues. If you would like more information about our fabulous school, please don't hesitate to contact us. Call us to schedule a personalised tour. Check out our website https://www.mkps.vic.edu. au or 'like' our Facebook page for up to date happenings.

Meagan Callander, principal



Clean up Australia Day



Swimming

Strathewen Primary School

We've managed to fit quite a lot into our first term at SPS.

Our swimming program at the Eltham Leisure Centre, has come to an end, with a group of confident swimmers representing our school at the district trials recently.

Weekly soccer sessions continue with our visiting coach, and we've certainly seen some keen players joining in the action.

In the senior classroom, we've enjoyed some great enrichment workshops recently, bringing some incredible experts into the classroom for zoom sessions. The first was with a scientist and students explored how insects are seen as an essential food source in many cultures. We even got to taste corn chips made with 'cricket flour' and they got a tick of approval.

Last week, we enjoyed a whole day workshop with Perth based author-illustrator, Renee Treml. Students explored the art of illustration and how to create a graphic novel and we've now got some great work to finish off.

In addition to our small schools' Leadership Program, each week we finish our Mondays with a whole school Junior School Council meeting. The meeting is run by our student leadership group, involving all students in grade 5 and 6. During these meetings, discussions involve all sorts of topics, including proposals and plans for special days and events, school-wide suggestions, fundraising ideas and any concerns.

Our councillors have some special activities planned for Harmony Week this year.

The students are keen to have school pets once more. We're currently working on installing a roof over our chicken run, to provide protection from foxes and wild birds, including eagles, which will mean we can have chickens once again. Losing our girls to a fox, after

so many years of keeping hens, was very disappointing.

As always, we continue to work closely with the volunteers from our local CFA brigade. We have our 2025 Bushfire Education Partnership program for grade 5-6 scheduled for the coming terms, with a basic outline planned, and this will come together as the students lead the direction of their learning. With a whole school building evacuation drill coming up, the junior class enjoyed a recent CFA visit, giving our new students the chance to meet our volunteers and explore the truck.

We have been fortunate to be able to engage in The Song Room program again for the first half of this year, with the amazing Dan Richardson joining us each week and working with all year levels. Dan's music program is all about engaging students in rich learning experiences in music, from theory, singing and movement, right through to song writing and specialist instrumental workshops. The program is in addition to our regular music sessions with Rod, so there is plenty of skill building and performing



going on. We ran the program last year and it was a huge success. We're looking forward to seeing Dan work his magic again this semester.

At SPS, Pre-Prep sessions for pre-schoolers run throughout the year. Feel free to join us on Thursday mornings from 9-11am for a great introduction to life at our small school. Our teacher, Maree,

runs a play-based 'school' session for our visitors. If you're looking around at local schools and you'd like to see us in action, you're welcome to call in for chat and to meet our staff team. If you would like further information about our little school, feel free to give us a call on 9714 8278.

Jane Hayward, Principal









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Kinglake Football/Netball Club





Preseason Heats Up for Kinglake FNC — Practice Matches & Netball Success

As the 2025 season draws closer, the Kinglake Football Netball Club is buzzing with activity. From intense training sessions to practice matches and netball grand finals, the Lakers are already making waves both on and off the field.

Practice Matches Locked In — Get Around the Lads!

The footballers are gearing up for the season with two key practice matches in March. These games were a great chance to build momentum, sharpen skills, and get matchready for the year ahead.

With the countdown to Round 1 well and truly on, these matches were the perfect chance for supporters to get a sneak peek at the team's progress and cheer them on as they ramp up for a big year.

Training Update — Time to Step It Up

Training is heating up, and the commitment is stronger than ever.

- Training Nights: Tuesday & Thursday
- Time: 6:00 PM

As match day approaches, players are encouraged to bring their energy and keep building on the hard work they've already put in during preseason. Let's make every session count!

Kinglake Mixed Netball

Team — Reserve Grand Final Runners-Up

A massive congratulations to the Kinglake Mixed Netball Team for making it all the way to the Reserve Grand Final and finishing as Runners-Up.

The team fought hard and showcased incredible determination throughout the tournament. While they narrowly missed out on the top prize, their effort, teamwork, and Lakers spirit were nothing short of inspiring.

A huge shoutout to all the players and supporters who made the journey — the entire club is proud of your achievements!

With pre-season in full swing and plenty to celebrate, the Kinglake Football Netball Club is ready to hit the ground running for what promises to be action-packed 2025 season. Let's go, Lakers!

Kinglake FNC Summer Netball Season Wrap-Up

The Kinglake Football Netball Club had a fantastic run during the summer netball season, with plenty of effort and teamwork on display.

Kinglake 2 made it to the semifinals, a huge achievement that reflects the dedication and hard work of all the players. Sadly the final was lost after both teams were tied leading to extra time be played.

Kinglake 3s finished 5th for



the season just missing finals while Kinglake 1 stepped it up into division 1 were they rose to the challenge.

A big congratulations to Lexi Pappin from Kinglake 2 for winning the Leagues Star Shooter award.

A big well done to all the girls who took the court this season — your commitment and Lakers spirit were incredible to watch. We hope to see you all back for the upcoming winter season.

Heritage Round – Celebrating 130 Years of Football on the Mountain

In 2025, the Kinglake Football

Netball Club is proud to celebrate 130 years of football on the mountain with a special Heritage Round on Saturday, 12 April in our season opener against Lalor.

To mark this milestone, the senior side will wear a specially designed Kinglake Heritage Jumper, honoring the club's rich history. The jumper features the names of past players, families, and sponsors who have been part of the club's journey through the decades.

Join us on game day to celebrate the Lakers' legacy, reconnect with old mates, and cheer on the teams as we kick off another chapter in Kinglake's story.

Go Lakers.

Major Sponsorship News — Down South Diesel On Board for the 8th Year

The club is thrilled to announce that Down South Diesel is continuing as a Major Sponsor for the 8th consecutive year in 2025.

Their ongoing support has been a huge part of the club's success, and we're pumped to continue working together into another big season.

Need your car serviced, expert advice, or top-notch diesel repairs? Down South Diesel in Whittlesea is your go-to.

A massive thank you to Daniel and the team for being such a fantastic part of the Kinglake family.

Kinglake Junior Football Club

April is footy season month

Round one is Sunday 27 April.

New players welcome

Our BIGGEST season kick off is just a few short weeks away but there is still time to register.

We're fielding mixed boys and girls U9s, U11s & U13s teams this season and a boys U16s.

Whether your child is new to footy or looking for a change, please get in touch. We're a welcoming, family friendly club and playing locally is a great way for kids to make new mates in the area and for families to connect.

Auskick will also run again this year for kids aged 4-7 – so the young ones needn't feel left out.

A huge thanks to our Committee and helpers for the power of work happening behind the scenes ahead of the season.

Training is back at the main oval

Marking the countdown to footy season, training moved back to the main oval last month.

It was great to see returning and new players getting to know each other and our coaches.

The post training icy poles were so appreciated in the heat (thank you Lakers footy mums!)

Reminder – players must be registered to take the field at season start. To register head online to PlayHQ – Kinglake Football Club.

We love our mountain home



A few of our U11s and U13s girls enjoying a post-training icy pole

Off the field, our Lakers spirit was on show at Murrindindi Shire Council's 'The Big Conversation' community planning session in March. We're so proud of our young players respectfully engaging with Council on what matters most to them and of our wonderful families for their participation in and commitment to community life. It was great to our see our Seniors friends showing their support and commitment too.

Get in touch

Our values of Team Building, Leadership and Community are at the heart of what we do.

Facebook @Kinglakejuniorfootballclub Email: kinglakejfc@gmail.com Auskick enquiries: Rebecca - 0423 629 241



Below: Lakers Juniors and Seniors out in force at the March Murrindindi Shire Council community planning session.





Kinglake SES



The past month has been a busy time for our Unit for road crashes, where it has been reported that a person is trapped in their vehicle.

The Unit responded to 5 such crashes.

Three of these occurred in the first two days that the Melba Highway was closed. We do not know if this was a coincidence, but we do ask that all drivers on our roads, drive safely, and to the conditions of the day and within their skills as a driver while adhering to the road rules.

With the continuing dry spell we have also seen a number of trees or tree branches fall on our roads with 8 requests for assistance.

We have also been requested to assist Ambulance Victoria on 2 occasions.

TRAINING

It has been a busy training month as we bring three new members up to operational standing. Congratulations to Evelyn, Troy and Greg H, who have now achieved this accreditation, with Troy already turning out to his first Job.

We have also run a Safe Working at Heights course and congratulations to Tim, Stuart, Andrew and Keith who all successfully completed the course.

Our Fit For Role accreditation sees all



operational members now having passed this.

It was also very informative to have some cross training with the local CFA units of Kinglake, Kinglake West and St Andrew as we talked through what we do at an accident scene, where our equipment is housed on our truck, and what we use it for.

As with all training, all volunteers are ready to attend any emergency, and towards the end of the session, Kinglake and Kinglake West CFA had to attend an incident.

Kinglake SES is only a small unit and is always looking for new members.

All training and safety gear is provided so

if this is something that you are interested in, then come down to the unit, we train every Monday night from 7.30pm to 9.30pm except public holidays or contact our Unit Controller Leanne Klammer 0428 110 773, Deputy Controllers Andrew Derwent 0419 581 520, or Wayne Leech 0407 400 465 and have a chat, you might find it a good way to meet people in our community and learn new skills at the same time.

We have now restarted our Juniors program which allows young people aged 15 to 18 years old to join as SES volunteers.

At present we are only excepting juniors from the local areas and have a cap of three juniors each year.



Kinglake Riders rallies are held on the 4th Saturday each month at the club grounds at the Kinglake Trust Reserve , Kinglake.

PRESIDENT: LISA PORTMAN lisaportman@bigpond.com PH 0428 373 171

VICE PRESIDENT: PAT EVERINGTON paeverington@bigpond.com PH 0409 663 943

SECRETARY: ALYSSA FLETCHER alyssafletcher89@gmail.com PH 0458 618 143



Kinglake West CFA

The Fire Danger Period remains in place, please stay vigilant, and to date, fire activity on the mountain has remained relatively low.

As of 11, Kinglake West Fire Brigade has responded to 25 incidents this year. Of these, 8 were within our local Kinglake West area, with 4 determined to be false alarms.

Recently, the brigade's Captain and youngest operational member attended a grass fire in Donnybrook as part of an Ultra-Light/ Slip-on strike team. This strategy, which pairs an experienced firefighter with a newer member, facilitates practical, hands-on training, reinforcing essential skills in real-world conditions.



Kinglake West Slip-on at Donnybrook grass fire.

Of the 25 turnout's attended this year, 17 have been outside the local area, assisting neighbouring brigades such as Kinglake, Flowerdale, Whittlesea, Arthurs Creek, and others, including some further afield at Wallan and Kalkallo.

Community members can be assured that these external deployments do not compromise local emergency response, as only one appliance is dispatched at a time, ensuring adequate coverage remains in place for our local community.

A recent example of this occurred during the fire at Yan Yean Reservoir. Kinglake West Tanker 1 was requested to assist following an escalation by the incident controller. Subsequently, Kinglake West Slip-On was also requested but cancelled before it left the station when additional resources were deemed unnecessary.

The term 'escalation' refers to the assessment made by the initial responding crew that additional resources are required beyond those originally dispatched. While this is not necessarily cause for concern, residents are encouraged to stay informed through official channels such as CFA website and CFA social media platforms.



Yan Yean Reservoir.

Volunteering Opportunities

Individuals interested in volunteering with Kinglake West Fire Brigade are welcome to visit the station. Training sessions are held on Wednesday evenings from 7:30 pm and Sunday mornings from 9:00 am. Those considering joining may attend training sessions before making a commitment. Opportunities are available with both Kinglake West Fire Brigade and Kinglake Fire Brigade.





Kinglake West Training.

Junior Brigade Program

For young individuals aged 11-15, Kinglake West Fire Brigade offers a junior program, providing both practical and theoretical



Kinglake West Juniors.

training under the guidance of experienced members. The next junior training sessions are scheduled for March-31. For further information contact junior leader Glenn Varley: 0418 350 805

The ongoing support of the community is greatly appreciated. Residents are encouraged to remain vigilant, stay informed, and continue engaging with your local CFA brigades and CFA initiatives.

Church Services

ALABASTER CHURCH KINGLAKE

Ellimatta Centre

94 Whittlesea-Kinglake Rd, Kinglake

Sunday service: 10am

3rd Sunday of the month: Community Meal

Instagram @alabasterkinglake W: www.alabasterchurch.org.au I E: michelle@mcchurch.org.au

ANGLICAN CHURCH

St Peter's Memorial Church:

Cnr Bald Spur/Whittlesea-Kinglake Rds, Kinglake (Mel 250.B4)

St Peters Memorial Church Sunday service: 8.30 am

Minister: Rev'd Dr Walter Firth 0439 447 395

(03) 9716 2042

Christ Church, Whittlesea

5-9 Wallan Rd, Whittlesea (Mel 246E9) Sunday service: 10.30am Communion

Minister: Rev'd Dr Walter Firth 0439447395

03 9716 2042

Walter.firth@gmail.com

Weddings and baptisms by appointment

CAMPFIRE HOME CHURCH – KINGLAKE

Monthly fellowship and meal

2nd Sunday of the month from 5pm.

Prayer and fellowship every Wednesday -9pm.

ALL WELCOME – Ring Mark (0408867775) for details.

NEW HORIZONS

28 Forest Street, Whittlesea

Website: www.nhchurch.com.au

Administrator: 9716 3057 / 0408 127 043

ST MARY'S CATHOLIC CHURCH KINGLAKE AT CHRIST THE LIGHT PARISH

128 Main Road, Kinglake Sunday Mass: 8:30am Parish Priest: Fr Hien Vu

Office: St Mary's Primary School, 2-20 Fir Street Whittlesea

For all enquires for Baptisms, reconciliation, First

Communion or Confirmation,

Please call the office:

Phone: 9412 8493 or Mobile: 0448 101 401 Office hours: Tuesday-Friday, 9am-4pm Email: merndawhittlesea@cam.org.au Website: www.christthelightparish.org.au

WHITTLESEA PRESBYTERIAN

Weekly services, including Sunday School

10.30am, 7 Lime St. Whittlesea

Enquiries: A. Johnson 9407 1797

Sunday School: Adele 9715 1198, Diane 5783 1658

Campfire Church

Rejection - an Easter message

Rejection is often subtle and unspoken; but it can be hostile and very public – which is what happened to the Vietnam veterans in the late 60s and early 70s. As the anti-war protests gained momentum, they were unfairly scape-goated – despite being drafted.

Over 60,000 Australian soldiers served in Vietnam between 1962-1972. Officially, there were nearly 3700 casualties, including 500 deaths; but many more were impacted by the trauma of war, the isolation of public rejection, and declining mental and physical health. Abandoned by the politicians, and ignored by the RSL – many Vietnam veterans and their families suffered in silence with little support. Sadly, a few ended their lives.

A Welcome Home March was finally organized in 1987 to officially accept them as war veterans, but the recognition and support was too little and too late for some.

Bill Dobson was drafted, and served in Vietnam for 2 years (1969/70). He did not have any major injuries, but he saw the horrors of war. He left as a hero, but returned to a hostile crowd. He felt unwelcome in his own country, and lost his job – despite the law obliging employers to take back draftees when they returned. Even his mother got abused because he went to Vietnam.

But Bill found healing as he tried to help his struggling mates. He soon realised that many veterans suffered in silence thinking their problems were unique to them. As the president of the Lilydale RSL, Bill continues to help Veterans get the help and counselling they need. Recently, Bill had a lung removed, and tests revealed that agent orange poisoning was the cause.

Anzac Day and Easter do not celebrate suffering, they honour those individuals who sacrificed themselves for the benefit of others. But not all sacrifices are appreciated by the beneficiaries. The Vietnam veterans were REJECTED by the country they risked their lives serving. And Jesus was REJECTED by the people He came to save.

Jesus understands REJECTION, because it was part of His earthly life from the beginning. Herod tried to kill Him; His neighbours mocked Him; His family was slow to believe in Him; His followers abandoned Him; and His own people collaborated with the Romans to murder Him. But Jesus allowed it, because this was always God's plan to save the world He loves.

Isaiah 53:3,5,6 says, "He was despised and REJECTED by men, a man of sorrows and acquainted with grief...He was wounded for our transgressions, and bruised for our iniquities...and the LORD laid on Him the iniquity (sins) of us all."

Jesus forgave His murderers, saying, "Father, forgive them, for they do not know what they are doing." Such forgiveness seems unfathomable, but His message of love is clear. No sin can disqualify us from receiving His forgiveness, and having a place in His Kingdom, IF WE WANT IT.

Will you come to HIM - who overcame SIN and DEATH for you - and find forgiveness and hope for this life and the next?

Jesus says, "Come to Me, all you who are weary and heavily burdened, and I will give you rest." (Matthew 11:28)

Campfire Home Church

MURRINDINDI SHIRE COUNCIL NEWS



FREE GREEN WASTE DISPOSAL IN APRIL

Autumn is the perfect time to tidy up your garden. From 1 - 30 April, you can dispose of your green waste for FREE at Council's Resource Recovery Centres. This includes domestic quantities of garden waste.

To ensure your green waste is accepted, please make sure it is not mixed with other materials, and is no longer than 1.5 meters in length and less than 25 cm in diameter (larger pieces will incur a fee).

For more information, call us on 5772 0333 or visit murrindindi.vic.gov.au/greenwaste

CHANGES TO KINGLAKE AND YEA LIBRARY HOURS

Starting Tuesday 22 April, we are changing the afternoon hours for our Kinglake and Yea Library and Customer Service Centres. This change reflects how our community uses these services and ensures the safety of our staff who work alone at night.

The main changes are:

- Kinglake Library will no longer be open late until 6.30 pm on Mondays.
- Yea Library will no longer be open late until 6.30 pm on Tuesdays.

The new hours are:

- Monday to Friday: 9.00 am to 5.00 pm
- Saturday: 10.00 am to 12 noon

We will continue to run regular library programs after hours as scheduled.

For more information on opening hours and locations, visit our website at murrindindi.vic.gov.au/libraries or call Council on 5772 0333.

BREASTFEEDING SUPPORT FOR MUMS

Mums and caregivers, are you navigating the journey of breastfeeding? We offer latch troubleshooting, milk supply guidance, bottle feeding tips and solid and finger food instructions. We offer telehealth support over the phone, or outreach visits every second Tuesday. This service is run by our dedicated Maternal and Child Health nurses.

For more information or to book a session, call Susan on 0436 659 910, or Lou on 0437 844 811.

COMMUNITY BUSES FOR HIRE

If your community group would like to organise transport to your next event, why not enquire about Council's Community Bus? Council has two buses available for hire located in Alexandra and Yea.

The buses are available for local community groups and not-for-profit organisations. For more information, including pricing, and to make an online booking, visit murrindindi.vic.gov.au/bus-hire or call 5772 0333.

BEYOND THE BEATS IN EILDON

Join us at Pixies at the Billabong, Eildon, on Sunday 13 April from 2.00 - 5.30 pm for a fun-filled, all-ages music event with an epic local young lineup!

Tickets include snacks and soft drinks. Transport is available, with buses running from Kinglake and Marysville with stops along the way.

Visit our website for more information and to book tickets at murrindindi.vic.gov.au/beyondthebeats

COUNCIL SERVICES OVER EASTER

During the Easter long weekend (18-21 April), there will be some changes to Council services.

Here are the details:

Kerbside Collection: This service will continue as usual over the Easter long weekend.

Resource Recovery Centres (RRCs): Our RRCs will be open as usual, except on Good Friday (18 April), when they will be closed.

The Alexandra Landfill will be closed to the public on both Good Friday and Easter Monday.

Visit murrindindi.vic.gov.au/RRC for more details.

Library and Customer Service Centres: Our Library and Customer Service Centres in Alexandra, Yea and Kinglake, as well as our Mobile Service, will be closed from Good Friday and will reopen on Tuesday 22 April.

Urgent Matters: For urgent issues like stock on roads, dog attacks, or unsafe road conditions (including fallen trees), please call 5772 0333 at any time.

Non-Urgent Requests: We will be back to assist you from Tuesday 22 April. You can also lodge a request online at murrindindi.vic.gov.au/request

DRAFT ANNUAL BUDGET 2025/2026

Council is preparing a draft Annual Budget for the next financial year. The draft Budget is scheduled to be made available to the community for comment during April. Stay tuned for more information on how you can provide feedback.

STAY INFORMED

To stay up to date with the latest Council news, follow us on Facebook, visit murrindindi.vic.gov.au/news or subscribe to our e-newsletter Murrindindi Matters.

GET IN TOUCH

customer@murrindindi.vic.gov.au murrindindi.vic.gov.au/request 5772 0333

Did you know local businesses and trades can enhance their visibility among residents in the Kinglake Ranges by advertising in the Mountain Monthly's Business and Trade Guide?

This guide is refreshed each month and is widely utilised by locals, providing them with a quick overview of available services in our area. For more information, please reach out to us at advertisingmm@bigpond.com.

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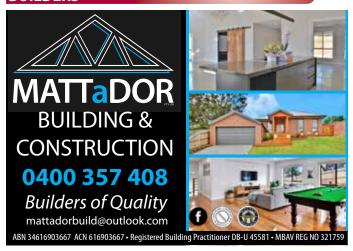
CALL STEVE

0418 515 506

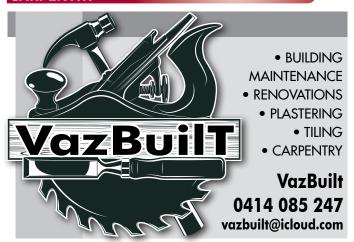
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ELECTRICAL SERVICES



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GARDEN SERVICES & SUPPLIES



GAS SUPPLIES



GAS SUPPLIES



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E: accounts@kinglakeplumbing.com.au
W: www.kinglakeplumbing.com.au



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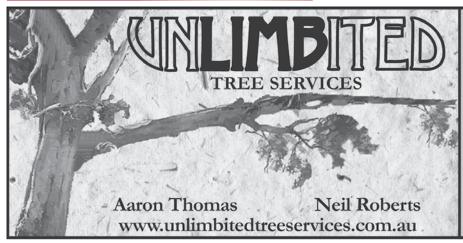


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Vic Chill	0402 171 953
ACCOUNTANTS	
ML Accounting Solutions	0438 778 303
AUTOMOTIVE (CAR / MOTORCYCLE)	
Kinglake Exhaust Centre - Harry	0417 363 762
Kinglake Ranges Service & Repair	0418 515 506
Parkers Auto Plus	9716 2010
Whittlesea Smash Repairs & Towing	9716 1303
BANKS	
Bendigo Bank – Kinglake	5786 1656
BIN HIRE	
Barbers Bin Hire 9714 8511 o	r 0409 677 687
BUILDERS	
Leonard Interiors	0418 335 475
Mattador Building & Construction	0400 357 408
CAFES, BAKERY, FOOD & RESTAURA	
	5786 1783
Songbird Cafe & Larder	5786 1275
CARPENTRY	
Vazbuilt	0414 085 247
CONCRETE, STONE & BRICKLAYING	
	0418 534 973
	0421 435 766
EARTHWORKS	0421 433 700
Bulldozer Hire	0473 525 695
	n 0418 506 130
Sprocket Earthmoving ELECTRICIANS & DATA SPECIALISTS	0437 550 333
Gary Francis Electrical	0438 001 302
Kinglake Electrical Services Jasor	10448810/15
ENGINEERING, DESIGN & WELDING	0.420.200.257
R & D Burns Engineering	0428 300 357
FINANCIAL SERVICES	
NS Finance & Mortgages – Nicole	0412 169 035
FIREWOOD	
Action Firewood	0448 583 861
Oldfields Garden & Farm	5786 2171
Whittlesea Hardware	9716 2226
FUNERAL HOMES	
Halls Funeral Services	9438 5416
GARDEN SERVICES & SUPPLIES	
Johnny Slash - Slashing	
Morgan's Fuel Reduction	0419 895 464
Northern Mowers & Ag	03 9716 0579
Pheasant Creek Gas and Property M	laintenance
	0401 870 158
Spot On Drones	0468 852 140
GAS SUPPLIES	
Kinglake Gas B	arry 5786 2197
	laintenance
Pheasant Creek Gas and Property M	
Pheasant Creek Gas and Property M	0401 870 158
Pheasant Creek Gas and Property M GRAPHIC DESIGNER	0401 870 158
Pheasant Creek Gas and Property M	

sting when you adver	tise with
HARDWARE	
Simply Timber & Roofing	03 5743 0000
HEALTH & WELLBEING	
Chinese Medicine – Dr Angela Palmo	er 5786 1889
Grindhard Fitness	0400 666 733
Innova Osteopathy	0458 112 608
Whittlesea Physiotherapy	9716 2250
LANDSCAPING	
Wheeler & Sons Construction	0421 435 766
MEDICAL SERVICES	
Whittlesea Medical Imaging	9716 0278
METAL FABRICATIONS	
Outer Edge Creations – Custom Fabr	rications
	0409 575 846
NURSERY / GARDEN	
Alowyn Gardens	9730 2400
Oldfields Garden & Farm	5786 2171
PAINTERS	
John Kyme Painter & Decorator	0418 564 851
On Time Painting Australia	0402 771 175
PEST CONTROL	
Home Pest Services	0488 004 882
PHARMACY	
Kinglake Community Pharmacy	5786 1109
PLASTERING	
NCC Plastering	0435 842 859
PDL Plastering 0417 558 727	7 or 5786 5591
PLUMBING & PUMP SERVICES/SALE	S
Irelands Plumbing	0447 710 631
Kinglake Plumbing & Drainage	0408 176 342
Licenced to Plumb	0405 263 224
Mountain Range Plumbing	
Damien	0418 506 130
POST OFFICE	
Kinglake Post Office	5786 1209
REAL ESTATE AGENTS	
Integrity Real Estate	5786 2033
SCRAP METAL	
United Metal Recycling	9467 5505
SECURITY	
All Protect Security Systems	0419 585 773
SECURITY DOORS / BLINDS	
Doreen Security Doors & Binds	0431 867 359
SEPTIC SERVICES	
GC Septic Tank Cleaning	0418 303 761
Septic Services	0421 764 072
Septic Tank Specialists (Kinglake)	0408 176 344
Wallace Septic Tank Cleaning	0490 390 158
STOCKFEED	
Oldfields Garden & Farm	5786 2171

SUPERMARKET	
Kinglake FoodWorks	5763 6602
TANK CLEANING	
Accent On Tank Cleaning	0407 684 910
TIMBER SUPPLIES	
Simply Timber & Roofing	03 5743 0000
Whittlesea Hardware	9716 2226
TREE SERVICES	
Morgan's Tree Services Pty Ltd	0419 895 464
Star Tree Service	5783 3170
Unlimbited Tree Services	0419 506 739
VALUATIONS	
Yarra Valley Valuations	5961 9176
VETERINARY SERVICES	
Mountain Ranges Vet Clinic	5786 1777
WATER BORES	
Northwest Drilling 0409 362 28	9 or 9436 1982
WATER SUPPLIERS	
Mt Robertson Spring Water	
0400 389 022 0	or 0457 681 992
WEDDING VENUE	
Forest Weddings	5786 5230

MURRINDINDI SHIRE COUNCIL

Customer Service &

 General Enquiries
 (03) 5772 0333

 Alexandra Library
 (03) 5772 0333

 Yea Library
 (03) 5772 0333

 Kinglake Library
 (03) 5772 0333

 Mobile Library
 (03) 5772 0333

 Operations Emergencies*
 (03) 5772 0333

 (eg collapsed bridge or trees over road)

 Community Safety Emergencies*
 (03) 5772 0333

 (eg stock on roads or dog attacks)

*These numbers must only be used in the case of an emergency. For further information on Council or opening hours of the Resource Recovery Centres please visit the website https://www.murrindindi.vic.gov.au/Home



COMMUNITY & EMERGENCY CONTACT NUMBERS

	AGED AND DISABILITY SERVICES	HEALTH SERVICES
EMERGENCY SERVICES	Aged Care Assessment Service 5823 6000	Hurstbridge Medical Centre 9718 2611
Kinglake Police 5786 13		FamilyCare 5735 6400
	1300 369 005	Yea Medical Centre 5736 0444
	National Domantic Halplina 1000 100 500	Yea & District Memorial Hospital 5736 0400
	Carera Posnite and Information Service 1800 050 050	 Acute care, District nursing, Ultrasound, Pathology,
	Community Interlink 1800 222 582	rifysiotherapy, visiting specialists
SES 13 25	DHS – Disability Access and Response Team	Nexus Primary Health (Kinglake Ranges Health Centre) 1300 77 33 5.
Nexus Primary Health 1300 77 33	1800 783 783	
Kinglake Ranges Health Centre	Regional Information and Advocacy Council	Counsellor, Support Worker, general practitioner, practice nurs
Whittlesea Medical Clinic	1800 221 944	Matarnal and Child Health F706 122
Whittlesea 9716 22		Lower Hume Palliative Care 5735 8070
Dental 24 hr Emergency 1800 233 6		COMMUNITY SUPPORT RESOURCES
(Bundoora)	Interchange	Kinglake Neighbourhood House 5786 130
	6 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	Kinglake Ranges Men's Shed 0402 523 489
Mountain Ranges Vet Clinic 5786 17	<u> </u>	5 Oldfield Road, Kinglake West 5757
Help for Wildlife 0477 555 6		email: kinglake-shed@outlook.com
Wildlife Victoria 1300 094 5		KRBN 5786 1976
Local Laws 0419 572 4	Physiotherapy, OT, Speech, Dietetics, Continence Advice, Podiatry	SCHUUIS
	SCOPE 5799 0148	Kinglake PS 5786 1284
AusNet Services - Power Failure 13 17		Middle Kinglake PS 5786 129
CRISIS NUMBERS	Vision Australia 5831 3555	Kinglake West PS 5786 5262
	Kinglake Carers' Support Group 5786 1232	Flowerdale PS 5780 126
Berry Street 5770 22	CHILD AND FAMILY SERVICES	Toolangi PS 5962 925
Kids Helpline 1800 551 8	DHS Child Protection 1800 650 227	
Lifeline 24hr 13 11	After Hours 13 12 78	Yea High 5797 2207
Breastfeeding Helpline 24hrs 1800 686 2	Foster Care – Berry Street Victoria 5799 0039	Whittlesea SC 9719 1200
24hr Maternal & Child Health line 13 22		Diamond Valley 9438 1411
Poisons Information 13 11		KINDERGARTENS/PLAYGROUPS
	Specialist Children's Services – DHS 1800 783 783	Kinglake Ranges Childrens Centre 5786 1352
	Familycare 1800 663 107 or 5735 4600	Kingiake Playgroup 5786 130
ALCOHOL AND DRUG SERVICES	Telephone Parenting Program 1800 880 660	Howeldale Mildel 3700 2010
Nexus Primary Health 1300 773		PUBLIC PLACES
•	<u> </u>	Bollygum Park 5/86 1426
MENTAL HEALTH SERVICES	FAMILY VIOLENCE	Community Centre Bookings 5786 1522
Mental Health Advice Line 1300 280		Miligiake Library 3700 1322
Crisis Assessment & Treatment Team 1300 859		Lions Tool Library 0414 555 544
Aged Psychiatric Assessment and Treatment	9322 3555 or 1800 015 188	Sports Stadium Bookings 5786 1522
1300 369 Adult Mental Health Mon-Fri BH 5735	222	Kinglake West Mechanics Institute 0435 414 110
		PO Box 108, Pheasant Creek 375
Afterhours/Weekends/24hrs 1300 369 Child And Adolescent Mental Health	COUNSELLING SERVICES	Football Clubrooms 5786 1580
	ATAPS (Access to allied and psychiatric services)	National Park 13 19 63 www.parks.vic.gov.au
Monday to Friday 9-5 5735 Afterhours 1300 369		Flowerdale Community Hall 5780 2027
Afterhours 1300 369 Mental Illness Fellowship 5735	General Counselling	Flowerdale Community House 5780 2664
Goulburn Valley Health Mental Health Services	– Yea Community Health 5736 0400	PATIENT TRANSPORT
=	Page 5 Pamilycare 1800 663 107	Red Cross Patient Transport Service 0419 872 230
Seymour 1300 369 Epping 1300 874	Novus Drimary Hoalth 1200 772 251	
Heidelberg 1300 859	Wanter in Balatian shine Financial Councelling Councilling	5799 2965
	Counselling, trauma, family therapy, play therapy	JUSTICES OF THE PEACE
HOUSING SERVICES	G V Centre Against Sexual Assault 5831 2343	
Office of Housing – (Seymour DHS) 5793	400 Man & Ralationships Program 1800 663 107	N Stewart (Kinglake)
Rural Housing Network 5735	Dolotionships Australia 1200 264 277	RESOURCE RECOVERY CENTRE
Pathways – homeless or at risk of becoming 5735	055 Catholic Care 5786 1016	TRAINSPER STATION (NINGLANE)
Homeless	Victims Support Agency 1300 362 739	CHANGES FOR MORNINDINDI NAI EPATERS

Victims Support Agency

Victims of Crime Helpline

ACGB Australian Centre for Grief and Bereavement

- Outreach Connections Program BH 0409 812 159

5799 1298

1300 773 352

1300 558 181

The Bridge – for people up to 25yrs

Consumer Affairs – Tenancy advice

Nexus Primary Health

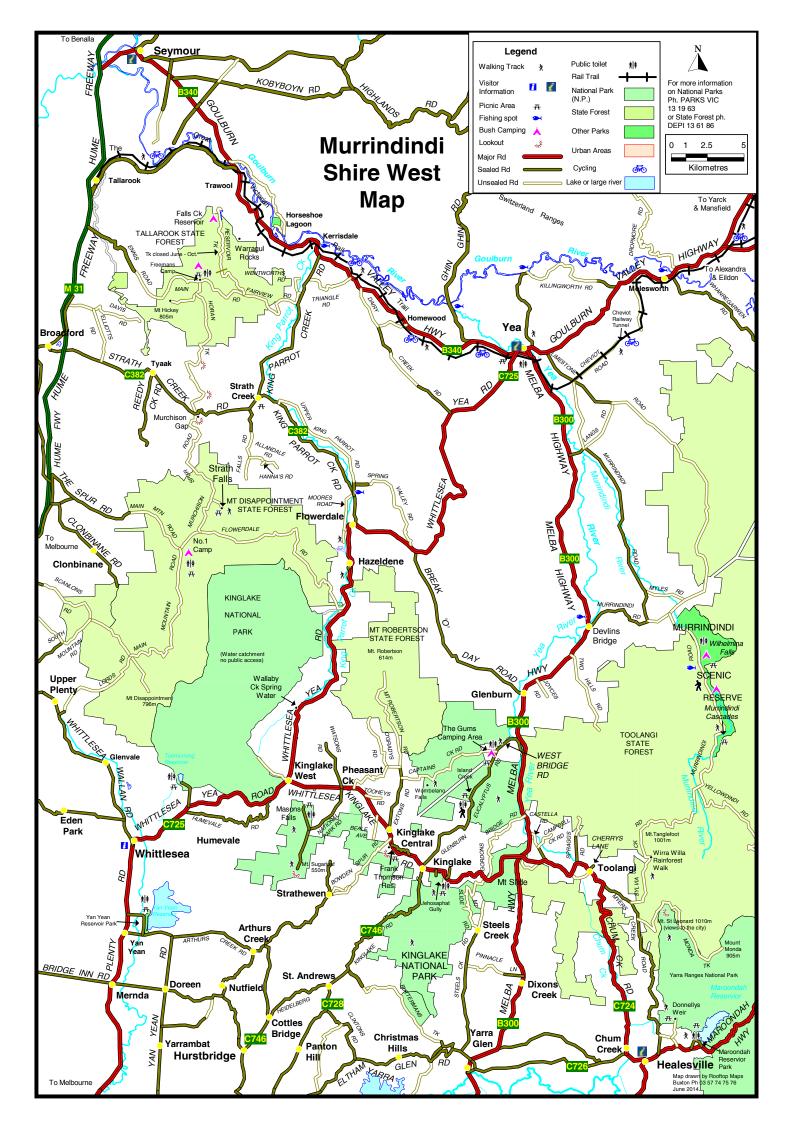
1300 362 739

1800 819 817

9265 2111

We recommend you check the website

www.murrindindindi.vic.gov.au for current charges





You might think putting on the safety gear will take longer than doing the job.

It could be that you've done it a thousand times before. But that doesn't reduce the risk. You may not come back in one piece.

Check you've got the right safety gear for the job, visit worksafe.vic.gov.au/safety-gear-farm

It's never you, until it is.



Scan for farm safety support.













\$980,000 - \$1,000,000 William Verhagen 0437 371 969





\$780,000 - \$820,000 William Verhagen 0437 371 969







\$950,000 - \$1,000,000 William Verhagen 0437 371 969







\$700,000 - \$750,000 William Verhagen 0437 371 969

integrity_real_estate





Shop 1/2 Kinglake-Glenburn Road, Kinglake

