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Mountain Monthly

APRIL 2024



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Mountain Monthly

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A fun day learning about our history



If someone were to ask what might have been happening in Kinglake 100 years ago, there are now 36 primary school students who could come up with some answers.

The Kinglake Primary schoolers became the first local school group to visit and get hands on at the Kinglake Historical Society's Heritage Centre.

The day's activities centered around the theme 'What was happening in Kinglake 100 years ago?'

They discussed farming, took part in a traditional potato race, explored the Centre, and received activity booklets. They also danced in the historic Mechanics Institute hall and learned about Mountain Rush and the gold mining era.

If your local school is interested in arranging a tour, feel free to contact the Kinglake Heritage Centre. Treat your students to a tour that combines history, fun, and education. The Centre provides a unique opportunity for students to participate in interactive activities, explore the past, and uncover the rich heritage of where they live.

See details for the Heritage Centre on page 17

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Photo: Lorraine Casey

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Growing concern over dangerous driving near school crossings

Driver distraction, speeding and ignoring the road conditions are causing growing concern around the shire's school crossings and the council is calling on road users to follow the rules during drop-off and pick up times.

The Council says its school crossing supervisors are responsible for helping children cross the road safely and road safety is everyone's responsibility, whether you're a driver, pedestrian, or rider.

Motorists must adhere to the 40 km/h school zone speed limits around schools from 8.00 to 9.30 am and from 2.30 - 4.00 pm on weekdays.

The council says there are growing concerns and lived examples that

drivers are becoming distracted with mobile phone devices or children in the car, speeding, and not driving to the conditions.

"This is posing a significant risk to the safety of our community".

The Council has prepared a draft Road Safety Strategy and Action Plan.

The Plan outlines a range of measures and projects to support road safety across the Shire including around schools, and will soon be available on the platform, The Loop, at theloop.murrindindi.vic.gov.au/roadsafety

Council's Community Wellbeing and Economic Development Portfolio

Councillor, Sandice McAulay, said she was deeply saddened to hear of the death of Brian Beach, a school crossing supervisor who tragically lost his life on 2 February, while on duty at his school crossing in Wodonga, Victoria.

His death is the first on a supervised crossing since 1974.

"Drivers must respect the 40 km/h speed limits and make sure they give the car in front of them enough space. Road safety is everyone's responsibility. So please, plan ahead to ensure you have enough time to get where you are going, be patient, follow reduced speed limits, and be alert.

"Drive so you and others survive", Cr McAulay said.

Neighbourhood Houses under pressure without funding boost warns Lovell

Unless Victoria's more than 400 Neighbourhood Houses receive additional funding, their long-term sustainability will be under threat, according to the Member for Northern Victoria, Wendy Lovell.

Ms Lovell says the houses have requested \$2.5 million to be shared across the state, especially in the regions.

Neighbourhood Houses provide services ranging from toy libraries and book

swaps; English classes and internet access; Men's Sheds and childcar;, community gardens and communal lunches; arts and crafts and; food banks.

The services are delivered by 5,500 staff, and almost 7,000 volunteers, who receive 10 million visits a year and give out 2,000 tons of food relief.

"For a service that already runs on a shoe-string budget, cost increases and a shortfall of funding seriously threaten

the long-term sustainability of the program", Ms Lovell says.

"Neighbourhood Houses provide invaluable benefit to the community, and the government must do what is necessary to ensure these Houses remain sustainable into the future.

"The Minister must commit to delivering the requested \$2.5 million for Neighbourhood Houses".

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KINGLAKE RANGES CEMETERY TRUST

Trust member positions

Are you interested in making a meaningful contribution to your community, learning new skills and preserving local history for future generations?

The Kinglake Ranges Cemetery Trust is seeking volunteer trust members. In this role you will gain hands-on experience in managing a public cemetery and valuable governance skills as a member of a public board. Free governance training is provided.

Who should apply?

Applications are welcome from community members with a range of skills and experiences including administration, committees, and groundskeeping. Women and people from diverse backgrounds are actively encouraged to seek appointment. Current trust members whose terms of appointment are due to expire are welcome to apply for reappointment.

What it means to be a Victorian cemetery trust member

Cemetery trust members are appointed by the Governor in Council for a term of up to five years on the recommendation of the Minister for Health. Cemetery trusts are responsible for the management of public cemeteries, including planning for future cemetery services for their communities. More information about the role is available at <https://www.health.vic.gov.au/cemeteries-and-crematoria/class-b-cemetery-trust-appointments>.

How to register your interest

Simply contact the Kinglake Ranges Cemetery Trust as follows within two weeks of the date of this advertisement:

The Kinglake Ranges Cemetery Trust contact details: 0409 162 180

The Victorian Government is committed to ensuring that government boards and committees reflect the rich diversity of the Victorian community. We encourage applications from people of all ages, Aboriginal people, people with disability, people from culturally and linguistically diverse backgrounds and from lesbian, gay, bisexual, trans, gender diverse, intersex and queer people. The trust will provide adjustments to the recruitment process upon request.

F40794

Yea Wetlands Reopen After Floods

The Yea Wetlands have now partially reopened following the January 2024 floods.

However, visitors are asked to note that some areas will remain closed as the council continues to repair the damage

For your own safety, observe the closed areas and do not enter those.

If you are looking for a weekend trip and enjoying the sights and sounds of nature, the Yea Wetlands Discovery Centre is open between 10am and 4 pm.



MURRINDINDI RANGES WILDLIFE SHELTER

Comedy for a cause

with Chris Wainhouse, Matt O'Neill & Mimi Shaheen.

\$50 p/p

13 April 2024
6.00pm
Location:
Flowerdale
Community Hall

Join us for a fun evening supporting Murrindindi Ranges Wildlife Shelter with three International Comedy Festival comics performing. Starting at 6pm with a sausage sizzle, live music, and silent auction.

BOOK NOW - COMEDYFORACAUSE.NET/MRWS

ANZAC DAY SERVICES

Lions Anzac Service

There will be an ANZAC Day community Service at 10am at the War Memorial outside Kinglake Community Centre.

Contact Ken Aitken on 0427331977



Kinglake Ranges Aquatic Centre Inc.

Annual General Meeting

5:30pm, Monday 15th April, 2024.

Kinglake Library
19 Whittlesea – Kinglake Road Kinglake

All Welcome

ANZAC DAY DAWN SERVICE 2024

KINGLAKE COMMUNITY EVENT 5.30 AM 25 APRIL

ST PETERS WW1 MEMORIAL CHURCH

FOLLOWED BY GUNFIRE BREAKFAST

ALL WELCOME WREATH LAYING AND COMMUNITY GROUPS INVITED TO JOIN IN AND LAY WREATHS

FOR FURTHER INFORMATION PLEASE CONTACT PETER CROOK OAM

DAWN SERVICE COORDINATOR 5786 2030 / 0427 541 022 OR pwcrook@bigpond.com

Council ward boundary changes recommended to Minister

Murrindindi Shire Council ward boundary realignments have been recommended by the Victorian Electoral Commission (VEC) and a final report will be sent to the Minister for Local Government this month.

The VEC has proposed two models that it says are based on a relatively low number of voters, and a projected low growth rate focused on a limited number of towns.

Even small adjustments to existing ward boundaries 'can have flow-on effects to voter deviations and ward boundaries across the whole shire'.

Public submissions to the review closed last month and will be published on the VEC website.

The VEC's review says that the shire is geographically large, with many diverse landscapes and communities. Many of these communities are physically separated by rivers, mountainous areas and rugged terrain.

One of the key challenges has been to adjust the single councillor ward model to comply with the legislated plus or minus 10% population required, while maintaining 'communities of interest' in the shire.

Each model deals with these challenges in different ways:

- Model 1 seeks to minimise change by keeping boundary adjustments to a minimum to maintain voter deviations. It also seeks to keep communities of interest together where practical.
- Model 2 would keep all townships in the south-west of the council area together and avoid dividing these communities across more than 2 wards. This would result in 2 large and irregular-shaped wards in the centre of the council area, however broader communities of interest for these rural areas would still be maintained along the river valleys and highways.

Model 1

Model 1 proposes the least change and would affect 1,408 voters (or 10% of the voting population). Where ward boundary adjustments are proposed, locality boundaries are used as much as possible. However, Model 1 does adopt some minor roads and property boundaries where this assists in keeping communities of interest together and to ensure voter deviations are within the legislated +/-10% range.

Given the current and expected rates of voter growth across the council area, Cheviot and Kinglake wards needed to be reduced in size, transferring voters to surrounding wards. Similarly, Red Gate Ward, centred on the town of Alexandra also had to be reduced. With a lower proportion of voters, additional voters were required for Cathedral, Eildon and Koriella wards.

The detailed rationale employed in both models is outlined on the VEC website.

Model 1 proposes the following:

- Cheviot Ward retains the town of Yea, while the localities of Homewood, Kerrisdale and Strath Creek in the west move into Koriella Ward. The eastern boundary north of Murrindindi Road would move marginally west, to align with Melba Highway.
- The boundaries of Kinglake Ward are adjusted so that parts of Kinglake Central in the west move into King Parrot Ward and in the east the northern parts of Castella and Toolangi move into Cathedral Ward.
- Red Gate Ward would be reduced in size and shifted north so that areas to the south and east of the central urban area of Alexandra move into Eildon Ward, while the northern part of Alexandra would move from Koriella Ward. As such, Red Gate Ward would retain the majority of urban Alexandra.
- Cathedral Ward would gain additional voters by extending its northern boundary to include all of Acheron and its western boundary to include parts of Castella and Toolangi.
- To increase voter numbers in Koriella Ward the boundaries would extend to the south and west. In the south, part of Glenburn east of the Melba Highway would be included. In the west, the boundary would extend south over the Goulburn River to include the rural communities of Homewood, Kerrisdale and Strath Creek. To correct voter deviations in other wards, the northern part of Alexandra, currently in Koriella Ward, would be transferred to Red Gate Ward and the western part of Acheron transferred to Cathedral Ward.
- With the lowest number of voters of all wards, Eildon Ward would gain areas in the south and east of Alexandra (currently in Red Gate Ward). Consideration was given around how

to maintain communities of interest as best as possible for these 2 wards, and it was reasoned that that voters in the rural outskirts of the Alexandra locality may have links to Eildon Ward. To balance voter numbers in other wards, the eastern part of Acheron would be moved from Eildon Ward into Cathedral Ward.

- While the panel noted the existing King Parrot Ward was the only ward projected to comply with voter deviations at the 2024 elections, changes would be needed to this ward to balance boundary adjustments in other wards. As such, Model 1 proposes that King Parrot Ward extends southwards to include the southern part of Kinglake Central and move part of Glenburn east of Melba Highway into Koriella Ward.

Model 2

Model 2 affects 1,652 voters (12%) and provides alternative boundaries to Model 1. Where existing ward boundaries need to be adjusted, Model 2 uses mainly locality boundaries, with some road and property boundaries.

The wards proposed under Model 2 are expected to be within +/- 10% deviation at both the 2024 and 2028 elections.

The key differences of Model 2 when compared to Model 1 are:

- An alternate boundary between Red Gate and Eildon wards is proposed.
- Cathedral and Koriella wards extend further north and south respectively along the river valley and highway corridors to balance voter deviations resulting from boundary adjustments in the south-west of the council area.
- All townships in the south-west of the council area would be kept together within 2 wards (Kinglake and King Parrot wards).

On this latter point the panel noted that townships in the south-west of the council area (Castella, Kinglake, Kinglake Central, Kinglake West, Pheasant Creek, and Toolangi) have similar communities of interest and ideally should be retained together across 2 wards. This was challenging to achieve, as attempts to include them completely within 2 wards would require subsequent changes to all other wards. Having considered several options, the panel felt that Model 2 would provide the most effective boundaries.

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This model would allow townships in the south-west of the council area to be kept together, whilst still retaining logical boundaries for all other wards, generally based on locality boundaries.

Under Model 2, Kinglake Ward would include all of Castella, Kinglake and Toolangi, keeping these communities of interest together. It proposes some boundary adjustments at its western end to align with locality boundaries. Parts of Kinglake Central currently in Kinglake Ward would be transferred to King Parrot Ward, and all of Kinglake included in Kinglake Ward.

The compromise for the boundary adjustments in the south-west would result in both Koriella and Cathedral wards being large and irregularly shaped.

The western end of Koriella Ward does not extend as far south as proposed in Model 1 but would include both Kerrisdale and Homewood, south of the Goulburn River. In the south, it would extend to include a greater portion of King Parrot Ward compared with Model 1 and include all of Glenburn.

In Cathedral Ward, Model 2 proposes retaining the existing ward boundary between Kinglake and Cathedral wards, thereby avoiding a split of the Castella and Toolangi communities across 2 wards. By maintaining its existing eastern boundary, additional voters could only be captured in Cathedral Ward by extending its boundary further north, to include both Acheron and Whanagarwen.

As in Model 1, Cheviot Ward would be reduced in size, retaining the town of Yea and its eastern boundary north of Murrindindi Road which would move marginally west to align with Melba Highway. Strath Creek would be retained in the west and Homewood and Kerrisdale would move north to Koriella Ward.

The boundaries of Eildon Ward and Red Gate Ward would be adjusted slightly in Model 2 to provide an alternative to Model 1. The northern boundary of Red Gate Ward would be brought further south to Johnson Creek, with land north of Alexandra moved from Koriella Ward to Eildon Ward. This would reduce the size of Red Gate Ward further than Model 1, allowing more of the rural area around Alexandra to be included within the more rural-focussed Eildon Ward.

The panel noted that under both Models 1 and 2, the proposed Cheviot Ward would not include the features in the shire that the ward was originally named after (being Cheviot Road, the former Cheviot railway station and the Cheviot railway tunnel). However, it was also noted that Cheviot Ward under the existing electoral structure does not include these features either. Given that the ward structure proposed under either Model 1 or 2 is likely to be within deviation until at least 2028, the relevance of the ward name may need to be considered by Murrindindi Shire Council in the future.

Final report

The final report is scheduled to be provided to the minister on Wednesday 17 April 2024. The minister will consider the final reports, including any determination to make the reports publicly available. Any change to the ward boundaries of Murrindindi Shire Council following this review is expected to apply at the October 2024 local council elections. Under the Act, the final council electoral structure will be set by an Order in Council published in the Victoria Government Gazette.

Current electoral structure

Murrindindi Shire Council has a total of 7 councillors and is divided into 7 single-councillor wards (Cathedral, Cheviot, Eildon, King Parrot, Kinglake, Koriella and Red Gate wards).

There are an estimated 13,910 voters in Murrindindi Shire Council, with an estimated ratio of 1,987 voters per councillor.

By October 2024, the voter-to-councillor ratios of Cheviot, Kinglake and Red Gate wards are forecast to be outside of +10%, and the voter-to-councillor ratios of Cathedral, Eildon and Koriella wards are forecast to be outside of -10%

Shire profile

The Murrindindi shire profile used for the council ward boundary review says it covers an area of 3,873 km² and stretches from the Kinglake Ranges and Great Dividing Range in the south to the Strathbogie Ranges in the north, and from Eildon in the east to Flowerdale in the west.

The Traditional Custodians of the land are the Taungurung and Wurundjeri peoples, with the majority of Murrindindi Shire located on Taungurung Country.

The shire is serviced by 3 major highways - the Goulburn Valley Highway traverses the council area from east to west; and the Melba and Maroondah Highways run in a north-south direction. With no trains and limited bus services the Murrindindi community is generally reliant on private vehicles for transport.

The council area contains many National and State parks as well as many other natural attractions. These include Kinglake National Park, Lake Eildon and Yarra Ranges National Park, Cathedral Range State Park, Murrindindi Scenic Reserve and the Goulburn River. Nearby attractions on the border of the council area include the Lake Mountain Alpine Resort and Lake Eildon.

Approximately 48% of the council area is forested public land most of which is managed by the State Government. Much of this forested land is rugged and mountainous. Parts of Murrindindi Shire, particularly in the south and south-east, have a significant bushfire risk and were heavily affected by the 2009 Black Saturday bushfires. Recent flooding events have also significantly impacted local communities and recovery is ongoing.

The council area consists of 45 localities, with the main towns being Alexandra, Yea, Eildon and Marysville. Other smaller townships include Molesworth and Yarck in the north, Flowerdale, Glenburn, Buxton, Strath Creek, Taggerty and Thornton in the centre, and Kinglake, Kinglake West, Narbethong and Toolangi in the south.

The council area is predominantly rural, with agriculture, forestry, fishing and tourism being major economic drivers. Almost 40% of land is used for forestry and over 40% is used for livestock production. The shire has a diverse agricultural base that includes beef, sheep, poultry and dairy farming, as well as olives, grapes, trout, alpaca and deer farming (ABARES 2022, MSC 2019).

Tourism is largely focused around the natural environment and outdoor leisure activities. Construction and education also contribute significantly to the local economy (REMPAN 2024).

Social and economic shifts are expected to see the emergence of new industries supporting the local economy as it transitions away from native forestry, and local communities seek sustainable responses to the challenges of climate change and natural disasters (DTP 2024). Growth industries in Murrindindi Shire Council include agri-tourism and outdoor education (REMPAN 2024).

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Is there more to life than this?

ALPHA is a series of interactive sessions that create a **safe and honest space** where people can explore **life, faith, and meaning**.

No pressure. No judgment. No charge.
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ALABASTER
CHURCH





He might not look like an adolescent, but when he was found a little worse for wear on the side of a local road, our after hours wildlife rescuer – and full-time National Park ranger – Kim Hunter, stepped in.

The magnificent wedgetail eagle was having a job spreading his wings and getting off the ground.

Many people subsequently followed Kim's eagle rehab plan on social media. Eagles like to eat, so a constant supply of rabbit was required and the locals stepped up to supply them. After he'd been taken to the Yea Vets and x-rayed, he was then sent

to a raptor specialist for expert treatment.

Once he was ready to return to his natural environment, he came back to Kim for release.

He was set free at the Toorourrong Reservoir, at Whittlesea, that would have been part of his natural range.

After a few wobbles and much feather ruffling, he is now flying free.

For wildlife rescue queries, contact Kim on 0427 334 346.

Keep an eye out for an upcoming session at the Neighbourhood House, where our local wildlife carers will outline what they do and how you can help as well.

CONTINUED FROM PAGE 8

Community

Murrindindi Shire Council was home to 15,197 people in 2021 (ABS 2022a), an increase of 2,139 over the previous decade (ABS 2011). Population growth for the shire is expected to be low (at less than 1% growth per year) and the population is forecast to increase to 17,455 by 2036 (DTP 2023). Most of the population growth is expected to occur within the towns of Alexandra, Yea, Eildon and Marysville (MSC 2022).

With a significantly older population compared to the overall state, the median age of residents in 2021 was 50, higher than both the Victorian average of 38 and the regional Victorian average of 43

(ABS 2022a, 2022b). Murrindindi also had a higher proportion of people aged 45 years and over (57.6%) compared to the Victorian average of 41% (ABS 2022a). The average household size of 2.3 persons in 2021 was lower than the Victorian average of 2.5 (ABS, 2022a, 2022b).

In 2021, over 80% of people were born in Australia and over 87% of people speak only English at home (ABS 2022a). Of those who were born overseas, England and New Zealand were the most common countries of origin (ABS 2022a).

Similar to much of regional Victoria, housing consists mainly of separate dwellings and in 2021 over 80% were owned outright or had a mortgage. At

13.6%, the proportion of households renting was significantly lower than the Victorian average of 28.5% (ABS 2022a). The median household weekly income in 2021 was \$1,287, lower than both Victorian and regional Victorian medians of \$1,759 and \$1,386 respectively (ABS 2022a, 2022b).

Murrindindi Shire Council's economy supports over 5,000 jobs (REMPPLAN 2024) and in 2021 54.2% of the population over 15 years of age were in the workforce, which is lower than the regional Victorian average of 57.4% (ABS 2022a, 2022b). The most common industries of employment in 2021 for residents were beef cattle farming, accommodation and hospitals (ABS 2022a).



Sheer Brilliance: Turning Curtains into Free Veggie Bags

In a stroke of sheer genius, a local eco group has flipped the script on sustainability by fashioning produce bags out of donated net curtains. Yes, you read that right - curtains for cucumbers!

Meet Boomerang Bags, the sustainable sewists who are redefining supermarket fashion while saving the planet, one sheer panel at a time. With 150 of these stylishly sustainable bags now gracing the aisles of Kinglake Foodworks, Whittlesea Greengrocer and Whittlesea IGA, it's curtains for plastic produce bags.

"We figured if sheer curtains can keep nosy neighbors at bay, they can definitely corral some carrots," says Deb, one of the crafty members of Boomerang Bags. "And bonus points for doubling as a delicates washing bag - talk about a laundry day win!"

So, ditch the plastic and embrace the sheer brilliance of Boomerang Bags.

Because who knew saving the planet could be so pun-derful? Boomerang Bags meet every week in two locations: Wednesdays 10-3pm Kinglake Library and Thursdays 10-3pm Whittlesea Library. Call or text Ursula on 043312647 or plasticfreewhittlesea@gmail.com and get involved!



The Life Story of Anne Frank Exhibition coming to the Alexandra Library

Have we got some exciting news for you!

From 1 May to 29 June this year, the "Let Me Be Myself – The Life Story of Anne Frank" exhibition is being held at Council's Alexandra Library.

The contemporary part of the story of Anne Frank. 'Let Me Be Myself' contains seven modules. This part of the exhibition enables visitors to identify with the story of Anne Frank.

Entry will be free, and we're planning a special opening event on 27 April, so mark your calendars and stay tuned for more information on Council's website at murrindindi.vic.gov.au/annefrank

Learn more about the exhibition at annefrank.org.au

Image credit: Photo collection of the Anne Frank Stichting (Amsterdam)



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**ALL DAY BREAKFAST & PIZZA
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Forest Discovery Centre Use Remains in Limbo

A proposal to allow greater use of the Forest Discovery Centre in Toolangi has not been decided after Murrindindi Shire Council could not resolve issues concerning public submissions.

The Planning Scheme Amendment C71, Toolangi Forest Discovery Centre, had completed public exhibition and a report to Council in April 2021, approved the recommendation to request the Minister of Planning to authorise the Council to prepare and exhibit Amendment C71 to Murrindindi Planning Scheme.

A total of 8 public submissions were received. Two of the submissions objected to the re zoning based on various matters raised.

The amendment was initiated by members of the community through the Department of Energy Environment and Climate Action, DEECA (previously known as DELWP, Department

Environment Land Water and Planning) as the landowner.

The Amendment sought to facilitate an expanded range of uses at the Toolangi Forest Discovery Centre, which is located at 1683 Healesville-Kinglake Road, Toolangi.

The Amendment would rezone the land from the Public Park and Conversation Zone (PPCZ) to the Public Park and Recreation Zone (PPRZ), in effect allowing greater community use of the facility.

Due to not being able to resolve the submissions received, the council suggested the matter could proceed to Planning Panels Victoria for resolution.

However, the costs of this process would have to be borne by the proponent.

Due to budget constraints DEECA has said it is unable to support the amendment to proceed.

Share your business adventures in Kinglake

The second business connections event hosted by Murrindindi Food and Wine Inc. as part of their Murrindindi Business Resilience project is being held in Kinglake.

The business breakfast 'Click, Connect, & Cultivate: in Kinglake Ranges' is being held at the Kinglake Pub - Lawsons Room 7.30 am – 9 am on Tuesday 23 April.

Rob Mitchell, President of the group, said that following on from a very well-attended event in Alexandra, the next networking event was about hearing from local producers and small business owners as they shared their e-commerce adventures.

This series of events as part of the project focuses on collaboration, empowerment, and support for all businesses across the shire. As part of the grant, there will be a variety of online and in-person events and activities held over the next 12 months, focusing on recovery, networking, and capacity building.

This has been funded via the Business Group Flood Recovery Grants Program, which is jointly funded by the Australian and Victorian governments under the Disaster Recovery Funding Arrangements.

"Murrindindi Shire has also been very supportive and like us encourages these free networking events that bring small business owners together to enjoy networking and local catering", Rob says.

"The theme is Farm to Click, and anyone attending will meet up with and hear local producers and small business owners share their e-commerce adventures".

It's free but you must book for catering. You can do this by visiting the website www.murrindindifoodandwine.org.au, or via Eventbrite.

<https://www.eventbrite.com.au/e/click-connect-cultivate-in-kinglake-ranges-tickets-860545543887?aff=oddtcreator>

Click, Connect, & Cultivate: in Kinglake Ranges Business breakfast event

7.30AM – 9.00AM
Tuesday 23 April 2024
Lawsons @ the Kinglake Pub
Kinglake

presented by



MURRINDINDI FOOD & WINE INC

Farm to click: hear local producers
& small business owners share
their e-commerce adventures &
network over breakfast.



This event, part of a series, has been funded via the Business Groups Flood Recovery Grants Program which is jointly funded by the Australian and Victorian governments under the Disaster Recovery Funding Arrangements.



What are the rules for fundraising?

These days, it seems like fundraisers pop up constantly – particularly on social media platforms – to cater for a seemingly endless array of needs.

At least that's the preserve of platforms such as GoFundMe that have their own sets of terms and conditions.

Platforms such as GoFundMe do have some fees and rules attached, so be sure to carefully check those before setting one up. It will require a bit of work to make such a campaign successful.

People also need to feel confident that what they are donating funds to will actually spend the funds on that purpose. It is a different kettle of fish for groups or specific causes in Victoria that want to raise funds on an ongoing basis.

The registration rules in that regard reside with Consumer Affairs Victoria and you must use their myCAV system to complete

and lodge an application to register as a fundraiser.

Consumer Affairs says you should apply to register at least 28 days before you intend to start fundraising.

The system will steer you through the documentation required.

To be eligible to register as a fundraiser in Victoria, you must provide a Victorian address as the fundraiser's principal place of business. PO boxes cannot be accepted.

There is no fee to register as a fundraiser.

So, what if your fundraiser is aimed at helping victims of an emergency, such as a natural disaster?

You can make an urgent application.

If an association incorporated outside Victoria wants to become registered as a fundraiser in Victoria, it must appoint a responsible person as part of the

fundraiser registration application.

The responsible person must be a member of the association's governing body and must complete a Responsible Person consent form.

It normally takes 28 days to complete a registration, providing the relevant requirements are met.

You can only proceed with your fundraising appeal after you receive a myCAV notification advising that you are registered, with or without conditions.

If you disagree with a decision made by Consumer Affairs Victoria, you can appeal within 28 days to VCAT.

The normal registration period is three years. To continue fundraising after that date, you must renew your registration.

www.consumer.vic.gov.au/clubs-and-fundraising/fundraisers

FINANCE REPORT

How Long Does It Take to Get a Mortgage?

Need a home loan in a hurry? You could be in luck. Plenty of lenders are keen to crunch loan approval times at present – but there's a lot borrowers can do to potentially speed up the process, too.

Finding a home to buy can take time, and when the right place comes along it can feel as though you need to sign the sale contract fast to stake your claim.

But from there you're going to need a home loan, and that's where timing becomes critical.

The good news for home loan applicants is that average turnaround times have reached new record speeds at some of the bigger banks, while processing periods for smaller lenders have also reduced.

But don't let that lull you into a sense of complacency.

It's important to have your loan ready to go by settlement – usually six weeks after you've signed and exchanged contracts (however this period of time can potentially be negotiated with the seller).

Otherwise, if you don't have finance sorted by settlement date, the seller may be able to charge interest and penalty fees. So, there can be a lot riding on getting your home loan approved in a timely fashion.

The general rule for loan approval times

How soon your home loan can be

arranged often varies between lenders.

Some lenders boldly claim that it can take as little as an hour.

But that's not usually the case.

To try and play it safe, allow about 4 to 6 weeks from the time you submit an application to having the funds available.

But of course, if you require funds sooner than that, then it could be a matter of us helping you line up a lender with quicker turnaround times (and then having us hassle them a bit for good measure).

What's usually more important, however, is that you focus on the home loan that matches your needs, rather than racing in for a mortgage that can be arranged in record time.

5 ways to help speed up the home loan process

Fortunately, borrowers can do plenty to try and speed up the loan process.

Here are five steps you can take to help keep application and approval times tight:

1. Talk to us first - We can explain your borrowing power, let you know how big a deposit you may need, and check if your finances are in the shape it takes to get the green light from lenders. We also have access to resources that estimate how long approval times currently are with potential lenders.

2. Get your paperwork together - Gather



all the documents a lender is likely to ask for, including copies of payslips, birth certificates and other ID, plus bank account statements for the past 3-6 months. If you're unsure, this is a step we can help you with!

3. Try and hold off on any major changes - Big life changes, such as starting a new job or business just before you apply for a loan, can leave lenders asking questions. Try to maintain your budget – your usual spending/saving patterns – and your current job, to avoid a 'please explain' from lenders, which could delay loan approval.

4. Double-check you've completed the application accurately - Any mistakes on your application form can see the paperwork returned to you for corrections, putting the brakes on the whole process. Once again, we can help minimise any potential discrepancies in your application.

5. Ask us about loan pre-approval - Waiting until you've paid a deposit to apply for a mortgage can be a high-stakes, high-stress strategy. Loan pre-approval is a way to help you speed up the loan application process while also potentially boosting your bargaining power with vendors.

Nicole Sevenich, 0412 169 035
NS Finance & Mortgages, Credit Rep Number 479851

The Statistics About Women May Surprise You

Welcome to Autumn! In the year to date we have seen similar performance to the first quarter of 2023.

Prices are remaining consistent across the most part, and a majority of properties are selling between 45 to 120 days. We're talking to more people than we were before and seeing a pickup in enquiry rate, so why are some people still hesitant?

Perhaps the next move for the property market may determine the performance for years to come. Historically when you average everything out over the last 10 years, house prices across the country rose 84.7% and in Melbourne house prices went up 80.4% according to CoreLogic.

Some buyers are starting to become quite savvy when it comes to valuing properties they intend to buy, and are using the 8% rule as a guide.

But what type of buyers are out there?

In the home ownership debate there have been discussions as to whether there is a gender parity when it comes to buying homes. The statistics may surprise you.

In fact 68.2% of women own at least one property, which includes their own home and/or investment properties. This is higher than men at 67.4%, which a recent survey found by Lonergan Research for CoreLogic.

It could be considered that the true nature of home ownership is skewed especially when couples who make investment purchases tend not to put the additional property in both names.

But, when you start to drill down into the demographics, there is a huge contrast when it comes to the younger generations. Out of the women aged 30 or under,

only 27.3% own a property, whereas 51.6% of men do. Another rebuttal for this statistic is the gender pay gap discussion, and whether there is a comparable effect on Gen Y and Gen Z. Women in this category on average earned less at \$67,800 per year compared to males at \$83,500.

When it comes to affording a home, there is one demographic that has the highest percentage of all, you guessed it, Baby Boomers. If we were to rank home ownership based on age it is as follows; Female Baby Boomers (65+) 83%, Gen X Females (45-64) 76% and Millennial Females (30-44) 73% per cent. Sorry boys!

But regardless of the statistics around age and gender, we are still seeing an even spread of couples and families buying across the board. However, over the coming years there is expected to be an enormous influx of retirees either



choosing their forever home, or moving into a retirement village scenario as they start to draw down on the largest superannuation pool Australia has ever seen.

The market has remained steady and economists are predicting a move to reduce interest rates in the Spring to Summer period, i.e. from September to December. Although some are bullish on seeing 2 interest rate reductions this year, Australia is still heavily influenced by the US and watching both countries when it comes to inflation data.

We look forward to updating you on the first quarter of this year in the next issue.

Will Verhagen

dindi open studios 2024



ARTISTS & CREATORS

1

Expressions of interest to open your own studio or be part of a joint collective of artists in a group studio are now open. Please email us with your questions or details. **Applications close 31 May.** No need to be a professional artist, we can help you on your journey.

PARTNERS AND SPONSORS

2

Showcase your business by exploring our partnership offers or sponsoring our event. Gain exposure through our main brochure, our website and social media plus our current year posters and flyers, etc. **Discuss how you can support this local community art event.**

HELPERS AND VOLUNTEERS

3

We are **seeking community minded people** who would like to support this successful annual event as a volunteer. Opportunities exist to help before or during the weekend by assisting the artists, distribution of flyers and programs, setting up, signage, sharing of social media and more. **Let's talk possibilities.**



dindiopenstudios@gmail.com

@dindiopenstudios

www.fb.com/dindiopenstudios/

dindiopenstudios.com.au





**Kinglelake Ranges
Neighbourhood House**
6 McMahons Road Kinglelake



WHAT'S ON @ THE HOUSE

ART HOUSE

LEADLIGHTING WITH JOHN

Mondays 22 April - 3 June. 7.00pm-9.00pm
\$100.00 Beginners. Includes Materials
\$80.00 Advanced. BYO Materials

WATERCOLOUR WITH ANTOINETTE BLYTH

Sundays 5 & 19 May & 2 June. 10.00am - 3.00pm
\$75.00 per session. An initiative of KRA

FARM HOUSE

FARM CHEMICAL USERS COURSE

Saturday 13 & Sunday 14 April. 9.00am-4.00pm
\$10.00 Booking Fee. Light lunch provided.

PEST ANIMAL BAITING SESSION

Saturday 20 April. 9.00am-12.00pm
\$10.00 Booking Fee

FENCING WORKSHOP

Saturday 4 May. 10.00am-1.00pm
\$10.00 Booking Fee. Morning Tea Provided.

HOUSE OF CARDS

ORACLE CARDS WITH TONI-ANNE

Sunday 21 April. 11.00am - 1.00pm
\$45.00. BYO Cards or some available to purchase

GREEN HOUSE

SOCIAL GARDENING

1st & 3rd Thursday of the month 1.30pm-2.30pm
Tea, coffee and refreshments provided!

PERMACULTURE

Thursdays 10 Oct. - 12 Dec. 9.00am - 4.30pm
\$595.00. Includes all materials.
Payment Plans available. Contact the House for more info.

COMMUNITY HOUSE & KITCHEN

CHEESEMAKING

RICOTTA, FETA & HALLOUMI

Saturday 11 May. 10.00am-1.00pm
\$150.00 per person. Light Lunch Provided.

COMMUNITY HAIR PROJECT

Monday 29 April. 10am-12pm
Free haircuts. Bookings essential. Call 5786 1301



Contact us:
03 5786 1301 | 0482 847 764
More information/bookings:
www.kinglakeranges.com.au

Kinglake Historical Society members have had a busy start to 2024 with a variety of activities.

Visits

Our most recent visitors were 36 Kinglake Primary School students from Prep, Year 1 and Year 2, accompanied by four members of staff - Kylie Fraser (Business Manager), Ally Thornton, Bronwyn Hocking and Stefanie Luszczak - and a lively time was spent by all.

The program of activities, arranged by Kath and John Stewart, included a 'Then and Now' session, with a colouring book provided, followed by old-fashioned games with potato races the main feature, and then a visit to the Kinglake West Hall to look at the painted tanks, hear about old-time dances in the hall and learn the Heel-Toe Polka.

It was a very enjoyable morning and we hope to have further visits from our local schools to hear more about good times in the old days in Kinglake.

We've made some visits ourselves already this year. Several members travelled to 'Mont de Lancey', an impressive museum at Wandin North, and KHS was represented at the recent forum for historical societies in the Nillumbik Shire and surrounding districts, a valuable chance to compare notes and exchange ideas.

Visitors to us at the Heritage Centre have begun with a group of Croydon Senior Cits, for whom we provided morning tea and a 'walk and



talk' about Kinglake before they travelled on for lunch at the Kinglake Pub. We are now looking forward to visits from Eltham North Probus Club and Heathdale Secondary College in April.

We have also been visited by members of local families of Kinglake's past, and being able to provide them with information and photos is one of the most satisfying of our activities, especially when we are able to fill gaps in their family history. So far this year, we have had visits from members of the Laver and Joyce families, and email enquiries from Johnston, Bray and Crockford family members. The benefit is usually both ways as we often gain extra information and photographs to add to our collection.

By the way, if any MM readers haven't yet visited the Heritage Centre, you'll be most welcome any Sunday, 12 noon till 4pm.



Above: Kinglake PO. Above left: Manual Telephone Exchange.

Work in Progress

Meanwhile, work continues on the renovation of the former Kinglake Post Office building, which is beginning to look much more like its old self. Dan and the Lions Club are taking great care to ensure that the new look is authentic, which hasn't been easy as old photographs show that there were changes in the placement of the windows, doors and verandah at various times.

We have also had a major working bee with 9 KHS members present and much cleaning, tidying and sorting done, both inside and out.

We were especially grateful to Sean McAuliffe who came, like Clancy, to lend a hand.

Wanted

We are interested in having more farm machinery to display in our outdoor area so would be pleased to have any offers or suggestions, and we are desperate to find and procure an old manual telephone exchange, as pictured, for the Post Office interior. Any information to our mail or phone contact below will be gratefully received.

*Deidre Hawkins
Kinglake Historical Society Inc.
PO Box 108, Pheasant Creek 3757
Phone 0414 255 893*

Kinglake Heritage Centre

Kinglake West Reserve ~ Open Sundays 12 noon – 4pm
\$2 donation appreciated ~ 150 Years of Kinglake Stories
Groups weekdays by appointment – phone 0414 255 893

Kinglake CWA

SPONSORSHIP FOR CHILDREN'S ACTIVITIES

As outlined last month, Kinglake CWA have an opportunity for any local child to gain sponsorship for an activity, whether it is sporting, cultural, art, craft or educational. Times are tough for many parents and our organisation would like to assist if possible.

Application forms can be obtained through the link on our Facebook page, local community group Facebook pages or send a request to kinglakecwa@gmail.com. Not everyone will be successful but you don't know if you don't try.

Open to all children whether at local primary, secondary or home schooled.

CRAFTY SUCCESS

The Victorian Country Women's Association is, like many organisations, divided into district groups. Kinglake is part of the Diamond Valley Group.

Last month the Group's Creative Arts Exhibition was held at Greenslopes. To say we were delighted with the Kinglake members' results is an understatement. Our various talents were reflected in the numerous categories entered.

Alex Pottage scored a 1st place with her raspberry jam. (No wonder this sells out when available at our local schools – thanks in part to a donation from Bendigo Bank so we could make a huge bulk wholesale purchase of the essential jam jars).

Ursula Jenkins, the queen of recycling, only made her entry on the day before (ouch!) but she received a 2nd – any article using recycled material (plastic duck feed bag)

Christine Stonehouse
1st – Greeting card – any
2nd - Photography – Celebration (magic Chinese dragon)
2nd - Photography – Sunset Sunrise Nightscape (looking towards Melbourne city)
2nd - Patchwork quilt machine

made
2nd – Knitted scarf
3rd – Any article using recycled material (tote bag part of the Boomerang Bag range)
H/C – knitted rug

Chrissy Eustace, managed a few places in different categories
1st - Patchwork quilt – machine made
1st - Patchwork article – not a quilt
1st - Wooden box
1st - Photography – Celebrations (magnificent peacock tail display)
1st - Photography – Pets (border collie watching an iPad),
2nd - Patchwork article – not a quilt
2nd - Sewing, grocery, shopping, tote bag
2nd - Photography - Wildlife (King Parrot),
3rd - Photography -Tree (Kinglake maple)
3rd - Photography -Flora (David Austen rose with praying mantis)
3rd - Photography - Landscape (double rainbow after storm)
In the overall trophy section, Chrissy received Best Entry Patchwork and Quilting and 3rd place for 'One Woman's Work – Craft' of four separate articles with different techniques.

You can see all the entries on our Facebook page. There is a huge variety of expertise for crafts and cooking within our group, so if you want to learn something you can't find elsewhere, why not come check out our Facebook for full details of where and when we are meeting. It is a casual group, no pressure and we just love sharing our knowledge and empowering all ages to achieve something new.

We meet the first Wednesday of each month and one Friday afternoon at the Kinglake library. Most members join in Boomerang Bags each Wednesday at the Kinglake library.

Please contact Christine Stonehouse for more information 0407 056 346.



If you are fortunate enough to have a surplus of tomatoes this year then try this special family recipe from the CWA Classic Recipe collection - published by Penguin Books.

This recipe has been handed down through the family.

"My mother made it when I was young, I make it and now my children do too", Phyllis Hingston, Sassafras / Wesley Vale branch, Tas

CWA TOMATO RELISH

INGREDIENTS

- 1.5 kg tomatoes
- 500 g onions
- 2 tablespoons salt
- 2 cups brown vinegar
- 1 tablespoon curry powder
- 1 tablespoon mustard powder
- 1/4 teaspoon pepper
- extra 2 tablespoons vinegar
- 2 cups sugar
- Makes about 4 cups

METHOD

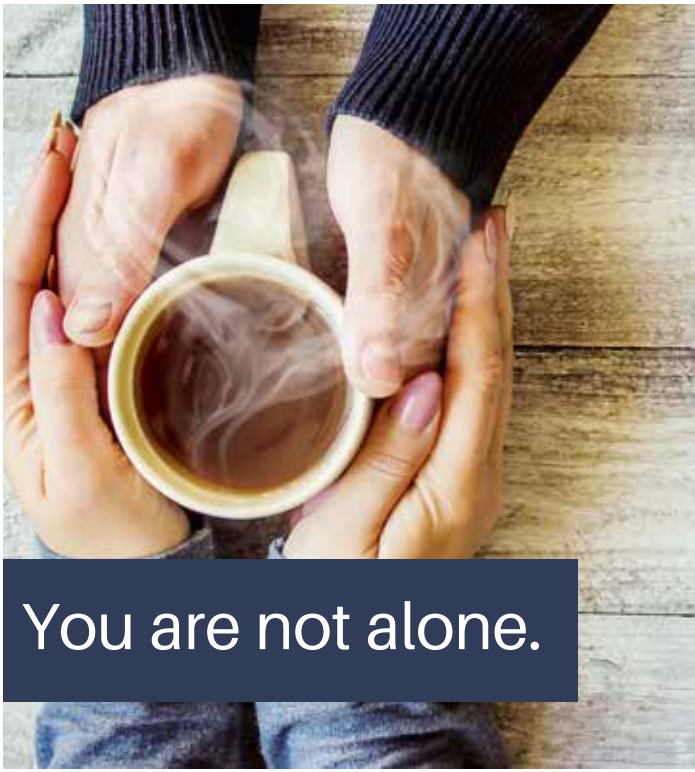
Cut tomatoes and onions into thin slices, sprinkle in a large bowl with the salt and leave for at least 12 hours, or overnight.

Drain off liquid and place tomatoes and onions in large pan. Add the vinegar and boil for 5 minutes.

Mix curry, mustard and pepper with the extra vinegar and add to the pan. Boil for 45 minutes, then add the sugar and boil for another 45 minutes.

Bottle and seal relish while hot.

Store in a cool, dark place. Refrigerate once opened. Keeps for 12 months, but can be used as soon as it's made.



You are not alone.

If you have separated or thinking of separating, our Family Resource Sheet provides an overview of what services are available for you.

Go to: bit.ly/FamsheetTBALaw

Phone: (03) 5794 2334
 Email: admin@tbalaw.com.au
 Website: www.tbalaw.com.au



Supported by

This 12 month support local campaign has been made possible the Business Groups Flood Recovery Grants Program. The program is jointly funded by the Australian and Victorian governments under the Disaster Recovery Funding Arrangements.

Delivering for our communities

As your Independent MP, you can count on me. I am your strong voice, working each and every day to advocate for you, your family and our community.

My office assists thousands of constituents with NDIS, Centrelink, Medicare, My Aged Care, telecommunications and immigration issues.

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If you need help with any Commonwealth service, please phone, email or visit my office.

Helen Haines MP

Wangaratta / 117 Murphy Street
 03 5721 7077
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helen.haines.mp@aph.gov.au

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Cindy McLeish MP State Member for Eildon

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 Murrindindi Shire
 and the Kinglake Ranges*

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Cindy.McLeish@parliament.vic.gov.au

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**MONDAY - FRIDAY 9AM - 5:30PM
SATURDAY 9AM - 12:30PM**



UPDATE

Kinglake Ranges Health Centre Redevelopment Project

New Look for Nexus Kinglake coming soon Mid 2024

The builders and trades have been busily working onsite to redevelop the Kinglake Ranges Health Centre and we cannot wait to welcome our clients to our refurbished site in the coming months. Our redeveloped site will see service specific rooms for clinicians to cater for your requirements and the installation of a generator will assist Nexus to provide continual care in the event of power outages.

In the meantime you can still access our services at:

- The Ellimatta Youth Centre at 94 Whittlesea- Kinglake Road, Kinglake, to make an appointment contact our Customer Service Team on **1300 773 352**.

Weight loss and type 2 Diabetes

A Most Modern Dilemma

In a world of excess and extremes, we face a barrage of conflicting information about how to achieve a healthy level of blood sugar levels and the use of medications that are produced for the primary 'on label' use of treating Type 2 Diabetes, that have been co-opted for a weight loss quick fix leading to shortages around the world of this 'miracle' drug.

Now there is, as most of us know, no such thing as a 'miracle' drug, as all drugs have significant side effects so this month I'd like to high-light some of the problems and benefits of Dulaglutide, under the brand name Trulicity.

Firstly, understanding what Type 2 Diabetes is, is vital. Unlike type 1 Diabetes, Type 2 Diabetes is the result of eating too much sugar which includes processed carbohydrates such as white bread, white pasta, sugar and sugary soft drinks, cakes, processed cereals etc. Over many years the insulin producing cells in our pancreas become 'fatigued' therefore producing less insulin and the receptors on our cells that are opened by insulin to let the glucose in, fail to respond to the high sugar levels in the blood. This has two terrible results, the cell is starved of energy resulting in extreme fatigue (or energy highs and lows) AND as an acid, the high levels of sugar in the blood cause damage to the blood vessels (sugar is and acid, that's why we use sugar soap to wash the walls...) resulting in gangrene, vision loss, stroke and heart disease. Type 2 diabetes incidence according to the ABS has risen from 3.3% to 5.3% for the overall population over the last few decades increases to 17% by age 65.

Now there is no doubt that for those who struggle with both Type 2 Diabetes and obesity, this drug has been very helpful to 'get the ball rolling' in two



major ways. Firstly; the drug acts like the hormone Glucagon that stimulates insulin production and therefore allows the sugar into the cells, dropping the blood sugar levels. It delays gastric emptying so appetite is much reduced. The food literally sits in your gut longer, and this can be a problem if the drug is used long term. For short term use, this can be very useful however long-term use is less advised for management of either high blood sugar levels or weight loss. Ideally it can be a great start for those who eat sugar from addiction (sugar is more addictive than cocaine and stimulates the dopamine 'pleasure' receptors in the brain, more on that next month), to allow the development of more healthy eating habits.

The possible side effects of this drug include nausea, vomiting, diarrhoea, bad breath and bloating in the stomach,

loss of appetite (which is not good when you need good healthy nutrients) and muscle weakness. In Chinese medicine understanding, the pancreas supports nourishment and strength of muscles and concentration and thinking, so it may result in foggy headedness.

Long term this drug, by way of forcing the pancreas to produce extra insulin may cause pancreatitis (a severe painful condition) dizziness, dehydration and possible Gall Bladder complications, and thyroid complications. It's vital that you tell your GP if you have a family history of these conditions before taking this medication.

One alternative to this drug include the well-researched mineral chromium picolinate, this has been shown in numerous studies to increase the effectiveness of insulin, increasing the uptake of glucose to the cells and therefore increasing energy levels and reducing Blood sugar levels and reducing craving for sugar significantly. This has no noted side effects but as always consult a health professional before taking any supplements (if your GP does know of this then speak to a naturopath or myself). Other foods for lowering blood sugar levels include Gou Ji Berries, Barberries, kefir, broccoli, pumpkin, avocados, oats citrus and apples. Increasing physical activity and reducing processed foods, eating good amounts of protein (nuts, seeds, eggs, beans, fish, meats) every meal with plenty of fresh vegetables and keeping fruit to only 1 or 2 pieces a day or once small measure of fruit juice only) will have you well on the way to getting fit, more active and you will feel happier and more vital than ever before.

Until next time Stay well

Dr Angela Palmer

Flower Farm & Florist
 Growers of seasonal flowers in Kinglake.
 All chemical free using regenerative farm practices.

We offer: Flower Subscriptions | DIY Event Flower Buckets
 Wedding Flowers | Bee Friendly Bouquets



seed to stem
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 E: mandy@seedtostem.com.au W: www.seedtostem.com.au
 I: @seedtostemkinglake

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DO YOU EXPERIENCE PERSISTENT OR RECURRENT LOW BACK PAIN?

We are excited to announce the launch of our new GLA:D Back program at Whittlesea Physiotherapy and Clinical Pilates, starting in the first week of April 2024.

This program is designed to provide you with the knowledge and tools necessary to effectively manage and reduce back pain, empowering you to lead a healthier, more active life.

What is GLA:D Back?

GLA:D Back is a comprehensive program based on the latest research in back pain treatment, developed in collaboration with researchers, patients, and

therapists. It follows national and international guidelines to ensure the highest standard of care for individuals suffering from back pain.

How can GLA:D Back help you?

- Education and Training: You will gain valuable insights into the causes of back pain, learn how to manage symptoms effectively, and understand the importance of exercise in improving back health.
- Program Structure: The program begins with an initial consultation to assess your needs and set goals. This is followed by two patient education sessions covering various aspects of back pain and its management. Over the course of eight weeks, you will participate in 16 exercise classes tailored to your individual needs, focusing on strength, mobility, and balance.
- Research Project: GLA:D Back is not just a treatment program; it's also a research project aimed at improving treatment options for back pain. As part of the program, you will be asked to complete questionnaires at various intervals to track your progress and contribute to our understanding of back pain management.



How to Get Involved:

If you're ready to take control of your back pain and improve your quality of life, we invite you to join the GLA:D Back program! Simply email info@whittleseaphysiotherapy.com.au or contact our clinic on 9716 2250 to add your name to the waiting list. Spaces are limited, so don't miss out on this opportunity to transform your back health.

We look forward to helping you on your journey to a pain-free life with GLA:D Back!

Have your say on council's draft Fair Access in Sport Policy

Community members have until 5 April to provide feedback on a draft Shire of Murrindindi policy that is aimed at addressing known barriers experienced by women and girls in accessing community sport.

The council's draft Fair Access in Sport Policy is aimed at achieving gender equity in the access and use of community sports facilities. It aims to ensure gender equity is considered and prioritised in all current and future planning, policy, service delivery, and practice related to community sport and recreation.

By 1 July 2024, all Victorian councils are required to have gender equitable access and have policies in place, to be considered eligible to receive infrastructure funding, as set out in the State Government's Fair Access Policy Roadmap.

To inform the development of the draft

Policy, Council sought feedback from the community late last year on what makes it difficult or challenging to get involved in local sport.

This was done through an online survey and in person conversations.

The main barriers that women face were listed as transport, scheduling, facility design and cost.

The council is now seeking feedback on the draft Policy and the supporting Action Plan, which outlines a range of initiatives related to local sporting infrastructure, club development and support, and community participation and education.

"We want to know if we've got it right, and if we're focusing on the right areas", a statement from the council said.

Council's Community Wellbeing and Economic Development Portfolio Councillor, Sandice McAulay, said

'based on what we are hearing from our communities, there are still significant challenges and barriers when it comes to participating in local community sport and recreation'.

"While our Policy won't solve these issues immediately, it will support council to make progress towards achieving a more equal playing field for women and girls in our Shire.

"We encourage everyone in our community to have their say on this important policy to ensure our mothers, sisters and daughters have fair access to sports".

To provide feedback, community members and sports clubs can complete an online survey by visiting theloop.murrindindi.vic.gov.au/fairaccess, or contacting the Library and Customer Service Centres in person or by calling (03) 5772 0333.

Samantha Heyfron B Physio, APAM
Adam White B Physio, APAM
Tanvi Tiwari B Physio, MSc MSK Rehab
Luke McMurray B. Physio, B. Appsc, APAM
Maighan Cann B. Appsc, M. PhysioPrac

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and Clinical Pilates

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The logo for LOD Hair Studio features a stylized woman's face with flowing hair on the left, and the letters 'LOD' in a large, elegant script font on the right. Below this, the words 'Hair Studio' are written in a bold, black, sans-serif font.

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52 Watsons Road, Pheasant Creek.

Watch out for mud wasps

You have probably heard the industrious high pitched hum.

They aren't easy to spot, being quite shy and non-aggressive little critters, but they can pack a big and unexpected punch.

Perhaps the generator wouldn't kick into life. The mower is having a job firing up as well, the tractor is spluttering and some of the tap fittings are acting strangely.

It turns out that these locales are favourite haunts for mud wasps and they are quite fond of building their mud structures in machinery exhausts.

The built environment provides the many species of mud wasps with the secure and dry spots they love – in the likes of wall cavities, attached to tree trunks and buildings, under eaves and yes, in machinery and infrequently used taps and pipes.

They may look a bit scary with their bright yellow and dark black colouring, but are quite harmless and non-aggressive if you leave them alone. Like all wasps, if they feel threatened, they will sting, so best to observe them from a distance.

Nests can be removed with a putty knife if necessary. But, they are beneficial to humans by eating dangerous spiders, with spiders generally forming the bulk of their diet.

During recent storm events and power outages, machinery repair businesses were seeing an influx of generators that wouldn't start.

The general diagnosis was that the wasps had found some perfect housing locations for the next generation.



ENVIRONMENT MATTERS

Leaf litter

During autumn, we tend to chance upon bits of bark, leaves and broken twigs from overhead branches swirling in the wind and eventually resting on the ground. These piles of debris are what is known as leaf litter.

Leaf litter is made up of three layers. The top part is the litter layer, where the dead plant materials are situated. The middle part is the fermenting layer, and consists of decaying leaves. The layer beneath this is the humus layer, that is, a buildup of completely decomposed thick and dark plant material.

Within the source of leaf litter, there are a range of insects and organisms that can be found that in turn, create a micro-biodiversity of its own and an internal ecosystem for all within it to survive.

Among these are detritivores, such



Leaf litter in the suburbs. Photo courtesy of Priya Mohandoss.

as woodlice that feed upon decaying plant material, causing it to break down into smaller pieces. Decomposers such as fungi and microscopic bacteria can absorb this type of plant material and as a result, provide a source of nourishment and essential minerals such as calcium,

nitrogen and sulfur to the vegetation as well as having the capacity to retain water from soil.

In addition to this, leaf litter can also be used as a habitat or nesting material for an abundance of beasties such as snails, spiders, beetles worms, millipedes and centipedes. The type and number of insects that call leaf litter their home is dependent on the time of year. During the winter, many species of moths and butterflies tend to hibernate in such regions, especially if they are less likely to encounter upon natural surroundings. However, there are also several types of insects that spend their enter lifespan in this location.

So before clearing the leaves from the lawn or nature strip, spare a thought for all that leaf litter offers and the benefits that it brings to all that share its presence.

Priya Mohandoss

Gardening in the Ranges

Time For The Autumn Chores

We are now in mid-Autumn and while we have left the hectic activity of summer, there are a few things to get done.

There is also the surplus fruit and vegetables to preserve or share. Autumn is quieter and we can begin to enjoy the lovely colours starting to show.

Things to do in April:

- Mid-autumn is a good time to sow lawn, either repairing areas or setting up a new area.
- Prior to our wet winters, this month is a good time to lime soils for vegetable beds. This will keep the soil 'sweet' and help manage water clogging. Peas, onions and garlic love lime.
- This is the last time to prune stone fruits.
- Remove the developing seed heads of the common Agapanthus - the light blue flowering one, to prevent seed spreading.
- Other trees that can be pruned this month are Silver Birch, Walnut and if needed Maples. These trees will heal quickly from pruning.
- Prune perennials that have finished flowering, divide clumps to share or replant
- Lift some liliium bulbs that are overcrowded and replant in a new area straight away.
- Organise where your new fruit trees will be grown and prepare the soil ready for when the new plants arrive mid-winter.
- If you have an area of very clayey soil, rake in gypsum at a rate of 1 to 2 cups per square metre.
- Prune native shrubs that look untidy for shape and for flowering.
- End of April, plant strawberry plants



- Sow vegetable seeds under cover - Cabbage, Lettuce, Cauliflower, Broccoli.

Pest of the Month - Woolly Aphid

This aphid can seriously affect apples, and may be visible now. The aphid can also affect other ornamental trees like crabapples and liquidambar. It is very distinctive with a white fluffy appearance looking like cotton wool has been put over the branches in little fluffs.

The aphid is inside this and is tiny, almost invisible to the eye.

It has a life cycle of overwintering in the roots of trees. The wingless female aphids are asexual and can lay around 20 nymphs a day. They take between 8 - 20 days to mature. Once they have, the aphids stay put and feed until autumn and then migrate from the ground up the tree to feed off the sap. They like to return to hide in the crevices. One other sign that the tree is infested is the feeding sites are gnarled and lumpy. Aphids will feed where the bark is thin.

Woolly aphids are spread by wind, when they are young and have wings. As young aphids, they overwinter on the roots of susceptible apples such as Johnathon, Granny Smith and Delicious. Stock can be infested at nurseries and this spreads the problem.

Treating the infestation is easy:

- First remove the branches showing gnarled and lumpy damage. This can be done at pruning time in late May to the end of June.
- I have had success with spraying a mix of white oil and pyrethrum. I used the concentrated pyrethrum and mixed the two according to the directions. Spraying needs to be done in mid-June. I sprayed from the ground up, into all the nooks and crannies of the trunk, branches and branches to dripping point.

The natural enemies, like the parasitic wasp, do not increase quickly enough to impact on the aphid population.

Tip: if you have a small kitchen compost bucket, put a couple of large newspaper sheets scrunched on the bottom so it reduces any sliminess. This adds carbon to the heap when you empty it.

Next month: We will examine the soil we have in the Kinglake Ranges and tackle the important subject of getting your compost going, or keeping it ticking over.

Happy Gardening, Alex



Kinglake LANDCARE

ACTIVITIES COMING UP

Rural Skills Courses are being presented at Kinglake Ranges Neighbourhood House (KRNH) including fencing, weed identification, and our subsidised course for landowners to learn about the safe use of pest plant and animal control chemicals (details below).

ACTIVITIES IN MARCH JUST GONE

A presentation on our free booklet 'Caring for Your Patch' at the Kinglake Library was postponed from February to late March due to an Extreme Fire Danger and Total Fire Ban. Copies of our booklet are available from Kinglake Library, KRNH, Kinglake Heritage Centre, local garden suppliers, Landcare events, some local shops and servos, and online from <https://ugln.net/about/resources/>.

Another Clean Up Australia Day at Wallaby Springs in Kinglake West demonstrated that some people still ignore the message about spoiling the natural public landscapes that we share. Our hardy group of volunteers (some of them in the photo) cleaned up for them.

Maybe the return deposits scheme may yet reduce some of the cans and bottles, but, we still need to stop dumping disposable nappies, wipes, vapes, cigarette packets, fast food packaging etc.

A Field day at Crest Conservation Reserve with Whittlesea Landcare showed heartening results of 30 years of rehabilitation at this public reserve in Eden Park (see photo).



Clean Up Australia Day at Wallaby Springs

MEETINGS AND PRESENTATIONS

Along with other groups we met with the State Government Eminent Panel for Community Engagement at KRNH in March. It was part of their consultations on the future of the Central Highlands Immediate Protection Area and surrounding state forest and to work closely with communities to make recommendations for the future use of areas of forest previously subject to native timber harvesting ie logging.

Also, a big turnout at the Kinglake Community Centre in March to hear Dr Philip Zylstra present on "Rethinking Planned Burns". Lots to think about. More on a YouTube video on Broadscale Planned Burning filmed in Mt Robertson State Forest by Kinglake Friends of the Forest.

MEMBERSHIP BENEFITS

Membership of \$16 per year covers costs, or to go on our free 'friends' mailing list, so we can keep in touch and share information, tools, books, plants, and events on caring for your patch and our natural landscapes. Contact Secretary John Stewart on 0419 858504 or johnstewart@live.com to join.

*Roger Cook, President
Kinglake Landcare Group*



Checking hollows at Crest Conservation Reserve, Eden Park

Next meeting: 7.30pm
April 15 upstairs at Kinglake Memorial Res Hall. All welcome.

Next events:
- Farm Chemical Users Course
13/14 Apr 9am-4pm at KRNH.

- Pest Animal Baiting Session
20 Apr 9am-12pm at KRNH.
KRNH booking at <https://kinglakeranges.com.au/classes/> or contact Chris Cobern on 0413 855490 or ugln.projects@ugln.net

Planned Burns Presentation Well Attended

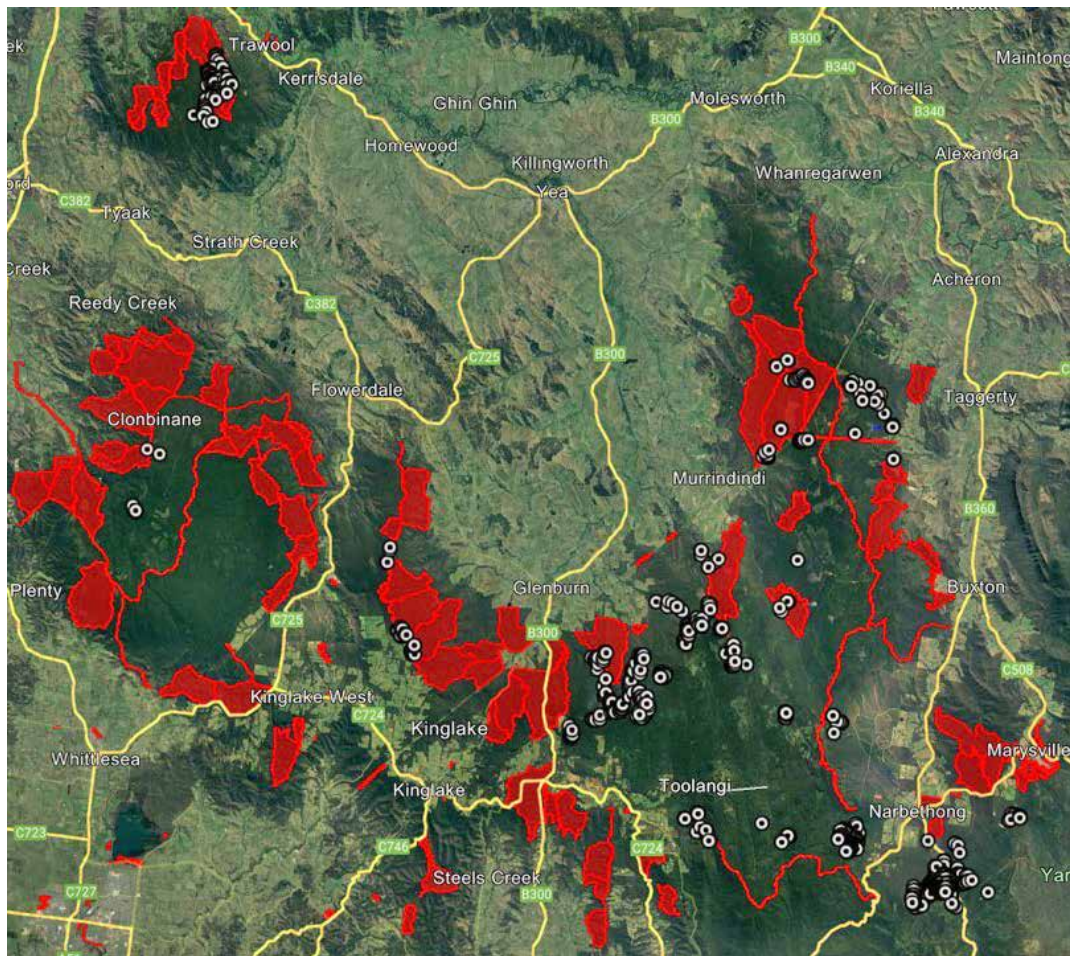
Kinglake Friends of the Forest want to thank local community members, and those who travelled from surrounding districts, who packed the Community Centre, on the evening of Tuesday 12 March, for Dr Phil Zylstra's talk on planned burns.

We also thank Thane Garvey, Wurundjeri man, who was kind enough to welcome us to Country.

Dr Zylstra, now Adjunct Associate Professor with Curtin University's School of Molecular and Life Sciences (Perth), and Research Associate of the University of New South Wales (Sydney), developed an interest in fire behaviour during his years working as a remote area firefighter. He became increasingly concerned about some of the policies he was expected to put into effect, observing that the planned burns they were doing for fire 'mitigation' were not just causing immediate environmental harm, but created increased fire risk in the ensuing years, as the bush responded with a dense flush of understorey growth.

Some of his co-workers wryly called these 'hazard production' burns.

As a result, he resolved to conduct Australia's first detailed and systematic study of the mechanisms that drive fire behaviour in the forest environment. From this study, he developed the only peer-reviewed model to show how forest structure and composition drive fire behaviour in South-Eastern Australian forests. The resulting insights provide overdue and critically needed



guidance in fire management.

Dr Zylstra's talk was timely because Forests Fire Management Victoria (FFMV) proposes to carry out prescribed burns covering a staggering 25,000 hectares of forest in the Tallarook – Kinglake - Marysville area within the next 3 years. 6,000 hectares in the Kinglake area.

Yet, current research shows that this broadscale burning is not only damaging to the climate, human health, and the environment but is also ineffective in reducing bushfire risk to our community.

Local forest is already past the worst of its post-Black Saturday recovery. That

initial flush of regrowth has occurred, and the forest is now heading into the self-thinning stage. Re-burning it now will set the process back to zero. There will be a short period (a couple of years) of lower flammability before we endure another post-fire flush of regrowth with the associated decades of increased fire risk. This is called Disturbance Stimulated Flammability.

Of course, this begs the question of how we protect ourselves while the forest continues to recover and mature into a less flammable state. Fortunately, there are exciting developments in rapid detection and suppression of bushfires, which we'll explore next time.

We'll also look at the latest ideas on whether there are any situations where clearing of vegetation, by fire or other means, is appropriate.

Meanwhile it was wonderful to see the interest shown by the Kinglake community and others, who engaged actively with this crucial issue. Personal insights were shared, and excellent questions asked. The audience then migrated en masse to the foyer for supper and to continue the conversation long after the talk ended.

Those who were disappointed to be unable to attend in person will be able to watch the video via a link on the Kinglake Friends of the Forest website shortly.

For advertising enquiries phone Neesha 0493 740 926

Church Services

ANGLICAN CHURCH

St Peter's Memorial Church:

Cnr Bald Spur/Whittlesea-Kinglake Rds, Kinglake (Mel 250,B4)

Saturday Service: 6pm Communion

Sunday Service: 8.30am

Phone: 0407 453 306

Christ Church, Whittlesea

5-9 Wallan Rd, Whittlesea (Mel 246E9)

Sunday service: 10.30am Communion

Minister: Rev'd Dr Walter Firth 0439447395

03 9716 2042

Walter.firth@gmail.com

Weddings and baptisms by appointment

CAMPFIRE HOME CHURCH - KINGLAKE

Monthly Fellowship and meal

1st Sunday of month from 5pm

ALL WELCOME ~ Mark 0408 867775 for details.

MAROONDAH CITY CHURCH

320-340 Wonga Road, Warranwood VIC 3134

W: www.mcchurch.org.au | E: michelle@mcchurch.org.au

Facebook: Kinglake Blue Moose

Instagram: @bluemoosekinglake

NEW HORIZONS

28 Forest Street, Whittlesea

Website: www.nhchurch.com.au

Administrator: 9716 3057 / 0408 127 043

ST MARY'S CATHOLIC CHURCH KINGLAKE AT CHRIST THE LIGHT PARISH

128 Main Road, Kinglake

Sunday Mass: 8:30am

Parish Priest: Fr Hien Vu

Office: St Mary's Primary School, 2-20 Fir Street Whittlesea

For all enquires for Baptisms, reconciliation, First Communion or Confirmation,

Please call the office:

Phone: 9412 8493 or Mobile: 0448 101 401

Office hours: Tuesday-Friday, 9am-4pm

Email: merndawhittlesea@cam.org.au

Website: www.christthelightparish.org.au

WHITTLESEA PRESBYTERIAN

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10.30am, 7 Lime St. Whittlesea

Enquiries: A. Johnson 9407 1797

Sunday School: Adele 9715 1198, Diane 5783 1658



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Flowerdale Primary School

Ships ahoy! And on a beautiful late summer afternoon, the Flowerdale Primary School Community gathered on the banks of the King Parrot Creek, for the third annual boat launch and races.

This most prestigious event allows children and families to construct a water craft from recycled materials and test their floating ability and speed. And, the entries were most certainly unique.

A wonderful exercise in physics, construction and unadulterated fun, the Boat Races test the creativity and ingenuity of all participants. Our facebook page shows the many highlights as the different boats battled the torrents of the creek, and emphasises the bravery of parents and teachers who found themselves knee (and sometimes waist) deep in the water. A well earned barbecue feast topped off a fantastic evening.

The water theme continued with our whole school travelling to Healesville for the Small Schools Swimming Carnival - a veritable smorgasbord of aquatic activities and games, designed to suit all ages and abilities, and offers the children a chance to put their skills into action. We love watching them as their confidence grows. Once again the day was a big hit, and it was lovely to see our supportive families uphold this great annual event.



Lake Lilydale was the destination for our Seniors earlier last month. A very popular day with the kids, who learn all about kayaking and get the chance to put into practice the skills they are taught. The spare changes of clothing came in very handy when a few very adventurous kayakers, blissfully untroubled by the lake, decided to look at their craft from a more watery angle. A fantastic day for all.

Next month we will be reporting on our first ever Twilight Fair, the brainchild of many of our passionate parents and families. At the time of writing this, the Fair is just 10 days away, and the whole school is very excited.

Our children love art, whether it be within the more formal structures of Art Classes, or within other areas of the school.

The Junior class is working on finger and needle knitting in their Art lessons. Sometimes there's a lot to be said for having concrete walls surrounding a couple of our play areas. Currently our walls are the subject of master works of art as the youngsters, chalk and creativity in hand, show their great talent for dinosaur wall art.

The term is ticking along so quickly. Already there is evidence of quantum leaps in learning for our children, and strong friendships being made. We have a strong focus on their social and emotional development, which goes hand in hand with their learning.

But, at Flowerdale, family inclusion and wellbeing are an important part of the Venn Diagram of holistic education, as we know our children thrive in a supportive, engaged family environment.

The number of families who participate in their children's school life is a truly outstanding example of this... an investment which will have lifelong benefits for all.

Flowerdale Primary School welcomes visitors. If you would like to see our wonderful little school in action, do not hesitate to call 57801264, and our Business Manager, Cherie, or our Principal, Cameron will organise a tour for you. Small Schools are truly Great Schools.

As Autumn is upon us, we wish all our Flowerdale Family and Mountain Monthly readers a lovely April.



Kinglake Primary School

Family Fun / Food Fight:

What a wonderful night this was. We loved seeing so many of our families, grandparents and friends come and have a LOT of FUN with the children.

The weather was definitely on our side. It was an extra bonus to have our local CFA volunteers support the night. This seemed to be a definite highlight with the children.

I'm not sure who had more fun the staff squirting the children and EACH other or the students who came out looking like a rainbow.

We could not be more thankful for the fundraising efforts, which goes towards helping out a very special cause to Kinglake Primary School and the wider community, Foodbank.

Foodbank supports the running of Breakfast Club, Family Food Hampers and Neighbourhood House. Through this amazing effort we are also able to begin purchasing new ipads to form a class bank.

Student Reflection:

On the first of March Kinglake Primary School came together to raise money for Foodbank. At five o'clock we came to school and all sat down on the grass.

Mrs Meacham had organised a special surprise. The surprise was that the fire brigade was going to come in the fire truck to squirt us with fresh water from their hose.

Then we started to run around the oval while getting splashed with water and slime. There was also a sausage sizzle and tons of choices to put on your sausage. At the end Mr Loney and some parents were handing out icy poles to cool all the kids down after running for a long time. We all lined up to go in the fire truck and after that the whole school took a picture together.

Inside the fire truck was amazing! It had lots of controls and they put the sirens on when they left. All the kids were wet and soaking so they got their towels and sat down on a hill to dry off in the sun. There were heaps of colours on everyone's white shirts; there were blue, green, purple and yellow.

After a fun day came to an end we had to go home and take a shower to get the colour out of our hair. Lots of people still have colour in their hair. It was a fun night to remember and everyone that participated had lots of fun getting squirted in colour and looked amazing.

Bianca and Eve Year 4



Prep - Year 2 Excursion to Kinglake Heritage Centre:

Prep to Year 2 students went on an excursion to Kinglake Heritage Centre as part of their Inquiry history unit. Students learnt about how Kinglake got its name and the changes that have occurred in Kinglake since.

Students participated in some popular activities from the past such as a potato race, sack races and learnt the Heel Toe Polka. A big thank you to the Kinglake Heritage Centre for going out of their way to provide a fun and engaging experience for our students.

Community Open Day:

What an amazing turnout we had at our Community Open Day. It was wonderful to see so many of our current families come and spend time in and around classrooms interacting with their children in their school environment. It was a great way to showcase our school to our new families, as they had time to be taken on tours with our captains, wonder, ask questions and interact with current students, staff and families.

If you would like to book a school tour please call the office: 5786 1284

Emma Meacham

Middle Kinglake Primary School



Art.



Swimming Sports.



Left: Water Play Day. Above: Clean Up Australia Day

Just like that, and first term has come and gone!

We have had a productive nine weeks with lots of fun activities to help us settle into the school year.

We finished up our two week swimming program with House Swimming Sports. It was so great to see so many students volunteering for races and friendly competition. Congratulations to all the swimmers and thanks to all the families who came along and cheered us on. Thanks also to PFA for the ice creams- just what we needed at the end of the day.

Our preps have settled in so well, it is like they have been here forever. For the first 6 weeks they have had Wednesdays off and Miss P has taken advantage of that time to complete testing to inform us of their academic strengths and needs. The preps were as excited as us to start attending full time.

Summer arrived last this year and at the end of a warm week we celebrated the start of a long weekend with a Water Play Day. It is always so much fun to play with water in buckets, bottles and water pistols. Michael set up a

great slip and slide. It was the perfect way to cool off on a Friday afternoon.

Now that swimming has finished and preps are here full time, we have started rotations on a Friday. Students participate in Art, PE, Music and Sustainability. It adds such variety to the curriculum and offers different learning styles. Our Sustainability focus has been Clean Up Australia Day- students proudly cleaned up our school and surrounding areas.

On 21 March we celebrated Harmony Day. The four Grade 4 students- Will, Olivia, Ripley and Carmen were the organisers behind the day- making badges to sell, encouraging and judging the dress up and suggesting Harmony Day activities for each grade to complete. The message of Everyone Belongs is something we take very seriously at MKPS, ensuring that we are respectful and tolerant of everyone.

As we head into term 2, we wish Miss P all the best for her wedding on 19 April. We wish her and Tyrone all the happiness and can't wait to hear all about the celebrations.

We are really looking forward to what 2024 holds for us as a school. MKPS offers an engaging and individualised Literacy and Numeracy curriculum plus many specialist curriculum subjects including Art, Music, Library, Auslan, Health & PE and STEM. We have a huge focus on Sustainability, including the Stephanie Alexander Kitchen Garden Program. Students are involved in gardening, cooking and learning about environmental issues. If you would like more information about our fabulous school, please don't hesitate to contact us. Call us to schedule a personalised tour. Check out our website <https://www.mkps.vic.edu.au> or 'like' our Facebook page for up to date happenings.

Meagan Callander, Principal

Strathewen Primary School

Each year, we take some time to acknowledge and thank our local CFA brigade members on 28 February.

Red Balloon Day is the day our students come together to create and share messages expressing gratitude for all the work done by the amazing CFA volunteers within our community.

We have an incredible team of local CFA members, who have been working closely with our school and involved in delivering great learning programs with our students over many years. Our recent Red Balloon Day message involved everyone writing a letter and adding it to display boards and these we delivered to both the Strathewen and Arthurs Creek brigades.

Our grade 5-6 students enjoyed an introductory session with our brigade members recently, ahead of the launch of the 2024 Strathewen-Arthurs Creek Bushfire Education Partnership Program in term 2. They're already planning out some ideas for the direction of their learning this year and there's plenty of talk about their leadership camp to Anglesea coming up in June.

We're very happy to have had our new Well-Being Officer Zach come on board and join us this term. Zach is providing some great school-wide support on his two days with us each week. His fortnightly Breakfast Club has been a great success, and everyone seems to love arriving to the smell of pancakes cooking.

Zach is also running a range of programs during breaks, with a range of games, outdoor chess time, loom band workshops and he's looking to start up a backgammon club. Our Lego Lab, funded through the Bank First Teacher Initiative Program, also provides a great space for our students to work on a project with friends during recess breaks. When the weather is fine, it's great to get our Lab set up outside

under the shade sail.

As part of our focus on student well-being, we are joined each week by Dan from the Song Room. Students are loving their sessions with Dan, and getting involved in a whole range of fantastic music and performing arts activities. They've been learning all about rhythm and beat and have been introduced to reading music.

We've looked at the history of music genres and taking what we know into our songwriting. The final session each Tuesday sees specialty workshops focusing on marimba, keyboard, drums, ukulele and songwriting. A special mid-year concert performance, involving the whole school, is slowly coming together.

We're celebrating Harmony Week with some wonderful activities, including games from around the world, some tasty treats from the kitchen garden, a look at heroes in our community and a whole lot more. The message for Harmony Week is 'Everyone Belongs', and that's certainly the case at Strathewen Primary.

The senior students were fortunate to enjoy a full day working with author Sarah Speedie recently. Joining her online for a focused writing workshop, they took part in a master class on planning, writing, editing and publishing a piece of work. A five hour intensive writing focus might seem a big ask, but the entire group was so engaged that the time flew by. Some fantastic pieces of work were completed and we certainly got some great tips.

Our Junior School Council has planned and delivered a range of special activities during term 1. All students in grade 5 and 6 are involved in the council and take on additional leadership roles within the school. The first leadership day for our small schools is planned for early next term and it's always a



great opportunity for students to connect up with others and learn about leadership in other settings.

Our weekly Pre-Prep sessions for pre-schoolers are up and running here at S.P.S. On Thursday mornings from 9-11am, Maree runs her play-based 'school' sessions for our little visitors. If you would like to get to know Strathewen Primary, feel free to come along to have a look around, see our school in

action and meet our teacher Maree, who runs this program throughout the year. School mornings with pre-schoolers are a great way to meet others and strongly support prep transition. New friends are always welcome.

If you're considering future enrolments and would like further information about our little school or to arrange a school visit, you're welcome to give us a call on 9714 8278.

Jane Hayward, Principal

Kinglake West Primary School



Kinglake West Primary has hit the ground running in the new school year! We have an upgraded sandpit area, new leaders, and plenty of learning happening.

It has been a very positive start to the year, with students settling in nicely thanks to the startup program, which allowed them to focus on expectations, emotional wellbeing, how to be a learner, and so much more. We love this time of year and are enjoying the beautiful sunshine that Kinglake West has to offer. We cannot wait for what is still to come throughout the year at KWPS.

Student Leadership Conference

On 16 February, we attended the Halogen National Young Leaders Day. We caught the train into the city from Mernda Station and walked to the Melbourne Convention and Exhibition Centre. We listened to multiple guest speakers including Australian Memory Champion, Anastasia Woolmer; Meteorologist, Jane Bunn; Australian Ninja Warrior, Bryson Klein; and Former Matilda's Captain, Melissa Barbieri. Their back stories were inspirational and it was a very interesting day. Their stories taught us to persevere and work hard for what you want.

Jane Bunn was a crowd favourite and taught us how to deliver a weather forecast. Bryson Klein discussed how he struggled in school with learning difficulties but had supportive parents who encouraged him to train hard and work towards his dreams. Anastasia Woolmer discussed how she found school difficult, but studied for three times the recommended amount of study time and went on to achieve the best marks in her class after overcoming multiple setbacks. Melissa Barbieri was told that she could not play soccer because it was a 'boy's' sport and there were no girls teams in her area, she was injured multiple times and missed out on the Australian Olympic team. She learned from her mistakes of not training hard enough and trained harder than anyone else on the team. She asked what she had to do to become Captain, worked towards it and achieved her goal.

Arta B, Harry H, Kailey A and Jack B, (School Leaders)

Tabloid Sports

A favourite here at Kinglake West is Tabloid Sports. This is an opportunity for students to develop their social skills, coordination and teamwork, while also providing the opportunity for our leaders to step up and do what they do best, lead. And wow have they done a great job so far! Staff and students are loving getting outdoors and spending time as a whole school. Thankfully the weather has held out for us for pretty much the whole term. Special thanks to our wonderful school leaders and



the staff who support them for running this wonderful Friday afternoon activity for us all!

Sustainability News

Each grade has been collecting cans, juice boxes and plastic water bottles to raise money for our school gardens. We have plans to transform the garden beds outside the front of Building 1 and would appreciate any donations of cans, juice boxes, plastic bottles or milk cartons to help us fund this project. If you would like to contribute, please hand in your recyclable items to the 5/6 classrooms in Building 1. We made our first deposit of cans, bottles and juice boxes last week and raised \$48.50!

We are hosting Working Bees when the weather is decent at lunchtime. We have been weeding and transporting garden materials to help out around the school.

In Term 2, the 5/6s will be participating in the Kids Teaching Kids Program which involves us teaching and learning about Sustainability from kids across the Mountain. 10 kids will then go to Yea Wetlands at the end of the year for a Sustainability Expo!

We are looking forward to getting things done in the garden getting people more excited about Sustainability matters and helping the planet!

Sustainability Leaders: Charlotte, Michaela and Hudson

School Tours

At KWPS we welcome new experiences and new families to our school community and love the opportunity to share our wonderful school with others. If you are interested in touring the school, please make an appointment. We look forward to meeting you and showing you the wonderful learning community that is Kinglake West Primary School. You can call the school on 5786 5262. In addition to this you can take a look at our Facebook page or school website at www.kinglakewestps.vic.edu.au

ANNE FRANK EXHIBITION

From 1 May to 29 June this year, the "Let Me Be Myself - The Life Story of Anne Frank" exhibition will be held at Council's Alexandra Library.

Entry will be free, and we're planning a special opening event on 27 April, so mark your calendars and stay tuned for more information at murrindindi.vic.gov.au/annefrank

THE MOBILE LIBRARY IS 'ON THE ROAD'

Join us for an evening, real people talking about real books, eBooks, magazines, films and other great works.

- Marysville, Wednesday 17 April, 7.00 pm
- Eildon, Wednesday 24 April, 6.00 pm
- Glenburn, Friday 21 June, 7.00 pm
- Highlands, Friday 13 September, 6.00 pm
- Flowerdale, Wednesday 18 September, 7.00 pm
- Buxton, Wednesday 25 September, 7.00 pm
- Taggerty, Wednesday 16 October, 7.00 pm
- Toolangi, Wednesday 23 October, 7.00 pm

Please RSVP by calling 5772 0333.



AFRICAN DRUMMING WORKSHOPS

Beat to the sound of your own drum. Join our drumming workshops and find your groove!

Council is hosting two African Drumming Workshops, taking participants on a memorable journey into West African Music.

There are two sessions on Thursday 9 May 2024:

- Yea Wetlands Discovery Centre: 10.45 - 11.15 am
- Alexandra Shire Hall: 5.30 - 6.00 pm

Both sessions will be followed by a meal.

There are 100 spots available for each session – so get in quick! Please register for catering purposes at murrindindi.vic.gov.au/africandrumming

Funding for this event was provided by the Victorian and Commonwealth Governments under the Commonwealth - State Disaster Recovery Funding Arrangements (DRFA).

DRAFT ANNUAL BUDGET 2024/25

Council is preparing its draft Annual Budget for the next financial year. The draft Budget is scheduled to be made available to the community for comment during April. Stay tuned for more information on how you can provide feedback.

BREASTFEEDING SUPPORT FOR MUMS

Mums and caregivers, are you navigating the beautiful yet challenging journey of breastfeeding? We're here for you!

We offer latch troubleshooting, milk supply guidance, bottle feeding tips and solid and finger food instructions.

Connect with us via:

- Telehealth: Connect with us virtually from the comfort of your home.
- Outreach Visits: We'll come to you! Available every second Tuesday.

For more information or to book a session, call Susan on 0436 659 910. This service is run by our dedicated Maternal & Child Health nurses.

SLEEP & SETTLING INFORMATION SESSIONS

Join our FREE Sleep and Settling Information Sessions, facilitated by our dedicated Maternal and Child Health experts.

Topics will include frequent overnight waking, bottle dependency, bedtime or nap refusal, cot to bed transition and catnapping.

Locations:

- Alexandra Maternal Child Health Centre
- Yea Maternal Child Health Centre
- Kinglake Library

Dates:

- Tuesday 16 April
- Tuesday 20 August
- Tuesday 17 September
- Tuesday 15 October

Reserve your spot at murrindindi.vic.gov.au/mch or via the QR code.



STAY INFORMED

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WHITTLESEA COMMUNITY HOUSE

P: 9716 3361 W: www.wchi.com.au E: wchi@whittleseach.com.au

Happy Easter Everyone!
Whittlesea Community House will be closed from 1 to 6 April for the Easter break.

Save the Date

Paint and Sip is coming to the House in May. Keep the Saturday 18 May (1pm – 4pm) free and get ready to produce a masterpiece, sip beverages and demolish a cheeseboard. \$30 per person. Money raised will go to the Food Relief Program at the House.

Helping Hands Expo - join us for an information day on all the things you can do and use to help you stay in your own home. Mobility aids, scooters, services and heaps more – it's FREE and morning tea is included. Thursday 30 May (11am – 2pm) at Whittlesea Community Activity Centre.

Visy Recycling

Buried in cans and bottles from camping over Easter? We can help. Over the counter recycling is available Monday, Wednesday and Thursday each week 10am – 3pm and Saturdays from 8am – 4pm. Please note that we are not open on Public Holidays.

Got some time on your hands and looking for an easy and regular volunteering

role (perhaps to meet your Centrelink obligations). Look no further. Our recycling team is seeking volunteers for regular shifts call 9716 3361 to discuss.

Are you a group or club? Did you know that you can register as a donation partner and receive the 10 cent return on recyclable items as a donation from the community. Go to <https://cdsvic.org.au/donation-partner-registration>

Community Meals

Big Blokes Brunch has already kicked off 2024 at the Whittlesea Community Activity Centre on Tuesdays. Join the blokes for brunch each week:

Tuesdays 11.00am – Noon
\$2.00 per person

Ladies Lunch -join the ladies who lunch each fortnight at the Whittlesea Community Activity Centre. Sadly there will not be a lunch in April due to school holidays and Anzac Day.

Thursday 9 and 23 May
11.30am – 1.00pm \$2.00 per person

Employable Me

This course is perfect for anyone trying to enter the workforce. Set up your

resume, tune up your interview skills and learn how to get noticed on employment sites.

Tuesdays from 23 April
10.00am – 1.00pm FREE

First Aid (CPR, Provide First Aid & Provide First Aid in an Emergency in an Education & Care Setting)

Online learning + face to face Saturday 13 April
\$85/\$150/\$195

Mental Health First Aid Returns!

Just like regular first aid, mental health first aid is the assistance given in a crisis. This course will ensure you can identify a crisis or the potential for one and be in a position to provide support to a person until professional help is provided. Perfect for anyone working, volunteering or who has contact regularly with family or friends who are vulnerable

Two Day course – Wednesdays 8 and 15 May 8.30am – 4.30pm \$220/\$120 concession

Op Shop Tours return for 2024

We will be trekking to Op Shops on a monthly basis in 2024 and you can join us. Different route each month.

Saturday 8 June 9am – 4.30pm \$15 per person. Also, Saturdays 13 July and 10 August

Feel free to bring a snack to share on the Bus, and there will be a lunch stop,

Fix It Friday RETURNS

Fix it Friday is back in 2024. Sweep your problems into a pile and bring them to our experts for real help that doesn't involve a queue or a call centre!

Meet experts from Whittlesea Community Connections, Social Worker, Espresso Legal, Uniting Financial Counselling, NDIS, Centrelink and Neami National (Mental Health Program), Victoria Police, My Aged Care, No Interest Loan Scheme, Haven Homesafe, Gamblers Help and heaps more.

Call 9716 3361 to register in advance, it's FREE

Friday 26 April 10am – 1.00pm

We can't wait to see all your smiling faces. A more comprehensive list of what is coming up at the House can be found on our website www.wchi.com.au or you can pick up a brochure from the House or call to book any of the above on 9716 3361. See you soon.

A great gardening weekend

It was a beautiful weekend for the Whittlesea Garden Expo.

A huge range of plants, bulbs, garden beds, beautifully engraved name tags, cut flowers, veggie seedlings, pots, tools and garden art were on offer to the garden enthusiasts attending.

With lots of things for the children to do, good food and coffee and great entertainment for the Whittlesea Ukes and Wood n Wire, the weekend contained something for everything.

Presentations were held

all weekend and covered a variety topics. Melissa King and Chloe Thomson were our keynote speakers. But there were also presentations by some of our expert stallholders which were very well received by the avid gardeners asking many questions.

Sunday saw the arrival of our classic car (generously loaned by Chris from 'Tagged for Life') that nestled itself in among the beautiful roses from Silkies Rose Farm. The car certainly aroused a great deal of interest among our patrons. Sunday also saw the



drawing of our raffle for the wonderful cubby house, built by the students at Whittlesea Secondary College and donated to us for the event.

The Whittlesea Garden Expo is run by the Rotary Club of Whittlesea and is very much a

community event, supporting many of our local groups and supported by many volunteers, local businesses and organisations and the City of Whittlesea. We send a huge thank you to everyone involved in making this event one to mark on your calendar.

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Kinglake Ranges



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Chris 0438 609 709

Bob 0428300 357

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June 23	Nov. 24

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Kinglake West Fire Brigade



Autumn chills

Around about now, people will be lighting up their wood-burning heaters and the chilly evenings will be filled with the familiar smell of wood-smoke. And, it's fair to expect that one or two people are going to find their flue partially blocked and not drawing as well as it might...

Usually this just means a call to a chimney sweep or some inventive DIY, but sometimes the house can fill up with smoke, setting off smoke detectors and creating some domestic chaos.

Worse is that the blocked flue can cause a fire, especially if some inventive wildfire have mistaken your flue for a hollow tree in the summer and decided it's a good place to build a nest of twigs and leaves.

Hopefully it won't be as bad as a fire we attended years ago, where the homeowner had paid to have one of those expensive double-sided wood-burners installed, with one door inside the house and one outside. The builder had installed the flue INSIDE the wall – and used timber

off-cuts to hold it in place.

The resulting fire wasn't huge, but the wall had to be partially dismantled to put it out. Wonder what the Insurance company's letter said to the builder?

It's a good idea to have your flue and the heater's door and window seals checked by a professional before lighting it up for the first time this winter. Carbon monoxide is a poisonous gas you can't see, smell or taste; it's created by burning timber or gas, among other things. It can cause brain damage or death before anyone knows there's a problem. Carbon monoxide poisoning is especially dangerous for people who are asleep, drugged or drunk. People at higher risk include babies, pregnant women and their unborn babies, the elderly and anyone with chronic medical problems.

Where are you?

We (Kinglake West and our colleagues in Kinglake) were recently called out to deal with the result of a traffic incident at 04.00am in Pheasant Creek, somewhere between our two stations.

Our brigade had all three vehicles looking for the site but eventually it was Kinglake's Acting Captain who found it, on the Whittlesea-Yea road and towards Flowerdale... quite a long way from Pheasant Creek!

Luckily there were no injuries and almost no damage: just a very shaken P-plate driver. Phone reception can be patchy in the hills, and the 000 Emergency Despatcher couldn't contact the caller to query the address.

Had there been injuries, the outcome may have been far worse, as it took us a good 20 minutes extra to arrive on scene.

So, it's always a good idea to have an idea of not only where you're going, but where



you are at any time, so that if you come across anything which needs attention – be it an emergency incident, an injured person or animal, or perhaps a hazard like a fallen tree – you can accurately direction First Responders to the location. There's bound to be several free apps for that...

Interested?

We're always looking for men and especially women to join our brigade, either as operational fire-fighters or in non-operational admin roles. You'll join a diverse, supportive and enthusiastic group of friendly people, learn more than you ever thought possible, and your employers will love the new skills you take to work, all at no cost to them!

You don't need to be super-strong or super-fit, just over 16 years of age – though we do have a Juniors Brigade too, for those over 11.

Keen? Drop by on any Sunday morning between 09.00 and noon and one of our volunteers will happily show you around.


Lt Steve Kealy, Kinglake West CFA



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Kinglake SES

There are various tasks that we as Kinglake SES members have the opportunity to be involved in. These range from being trained in road crash rescue, learning how to safely use chainsaws, how to safely assist where there is damage to buildings, and assisting the Police and Ambulance in searches or casualty handling, just to name just a few.

Generally these requests for assistance come from within our local community and our small band of volunteers are available to help 24 hours a day, seven days a week, 365 days a year.

In our community we have experienced the aftermath of a natural disaster and appreciated the help that came from around the state and country.

With that in mind, three of our members were deployed to the Mirboo North community in Gippsland following the storm event on Tuesday 8 February.

Mirboo North was hit by a mini tornado and, like us in 2009, all communication was lost so that there was a delay in informing the wider state of the extent of the damage (as seen in the attached photo's).

For two of our members this was the first time that they had been deployed to assist another community and we were in the first group of SES volunteers to arrive to give assistance. We arrived on Friday with the thought of 'where do we start?', as there were trees down all over the place, houses with damaged roofs or no roof at all.

Our first task was to travel along

the main road and clear debris to ensure the road was safe to use and that help could get in. As further help continued to arrive tasks were split up to better use the skills of all volunteers. As SES members we were tasked with roof repairs as our primary task. We combined with other SES crews to form teams to tackle these repairs, particularly as it looked like rain was not too far away.

Not only do we as individuals get a sense of satisfaction from helping a community in their hour of need but we also learn from the extensive list of tasks that we are involved in. As we combine with other SES units, it showcases the diversity of skills that are brought to bear when volunteers from around the state are focused on one outcome.

While our days were long, normally starting at 7.00am and finishing back at our accommodation around 8.00pm, the comradeship between all levels of volunteers and the community adds to the experience.

With the three members away Kinglake SES continued to provide support to the local community and attended a serious road accident and a number of trees on roads. Thanks to those who stayed behind.

If you would like to learn new skills and meet like minded people from within our community, we are always looking for new members. Extensive training and safety gear are provided. So if this is something that you think you may want to try, contact our unit controller Leanne Klammer 0428 110 773 or Deputy Controller Andrew Derwent 0419 581 520 or attend the unit as we train every Monday from 7.30pm to 9.30pm except public holidays.




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Kinglake Riders Club

Kinglake Riders rallies are held on the 4th Saturday each month at the club grounds at the Kinglake Trust Reserve, Kinglake.

PRESIDENT: SANDRA BINDER monsoonspice@yahoo.com PH 0499 653 098
VICE PRESIDENT: PAT EVERINGTON paevington@bigpond.com PH 0409 663 943
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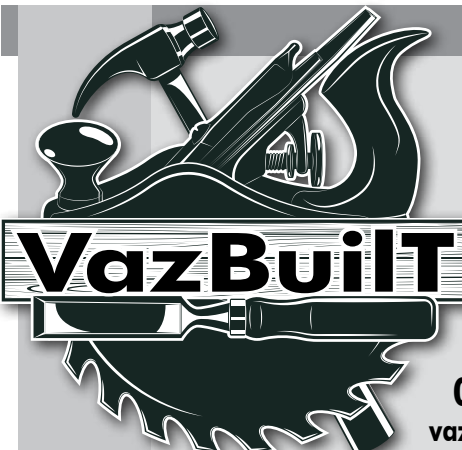
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E: accounts@kinglakeplumbing.com.au

W: www.kinglakeplumbing.com.au

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Kinglake 3763

p/f: 5786 1427

m: 0409 143 237

e: maccasmill@bigpond.com

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SEPTIC TANK SERVICES

SEPTIC SERVICES



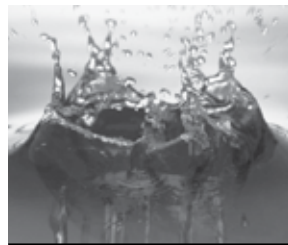
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Fax 5797 2641

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WATER BORES BY

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email northwestdrilling@bigpond.com.au

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ACCOUNTANTS

ML Accounting Solutions	0438 778 303
Tax Equity	9716 1311

AIRCONDITIONING SERVICES

Vicchill Airconditioning & Refrigeration Technologies	0402 171 953
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AGED CARE

TLC Aged Care	0498 008 574
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AUTOMOTIVE (CAR / MOTORCYCLE)

Kinglake Exhaust Centre - Harry	0417 363 762
Kinglake Ranges Service & Repair	0418 515 506
Parkers Auto Plus	9716 2010

BANKS

Bendigo Bank - Kinglake	5786 1656
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BIN HIRE

Barbers Bin Hire	9714 8511 or 0409 677 687
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BUILDERS

Leonard Interiors	0418 335 475
Mattador Building & Construction	0400 357 408

CAFES, BAKERY, FOOD & RESTAURANTS/CATERING

Cappa Rossi's Cafe	5786 1783
Songbird Cafe & Larder	5786 1275

CARPENTRY

Vazbuilt	0414 085 247
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CONCRETE, STONE & BRICKLAYING SERVICES

Fleetwood Concreting	0418 534 973
Wheeler & Sons Construction	0421 435 766

EARTHWORKS

JR Earthworks	Damien 0418 506 130
Sprocket Earthmoving	0437 550 333

ELECTRICIANS & DATA SPECIALISTS

Gary Francis Electrical	0438 001 302
Kinglake Electrical Services	Jason 0448 810 715

ENGINEERING, DESIGN & WELDING

R & D Burns Engineering	0428 300 357
Ryno Fab	0438 586 009

FENCING

Maccas Rural Services	5786 1427 or 0409 143 237
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FINANCIAL SERVICES

NS Finance & Mortgages - Nicole	0412 169 035
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FIREWOOD

Action Firewood	0448 583 861
Oldfields Garden & Farm	5786 2171

FLORIST

Seed to Stem	0498 483 989
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FUNERAL HOMES

Halls Funeral Services	9438 5416
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GARDEN SERVICES & SUPPLIES

Morgan's Fuel Reduction	0419 895 464
Pheasant Creek Gas and Property Maintenance	0401 870 158

GAS SUPPLIES

Kinglake Gas	Barry 5786 2197
Pheasant Creek Gas and Property Maintenance	0401 870 158

GRAPHIC DESIGNER

Ann Friedel Publishing	0418 556 107
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HAIRDRESSER

L D Hair Studio	0404 092 927
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HARDWARE

Simply Timber & Roofing	03 5743 0000
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HEALTH & WELLBEING

Chinese Medicine - Dr Angela Palmer	5786 1889
Kinglake Massage and Day Spa	0428 550 384
Whittlesea Physiotherapy	9716 2250

LANDSCAPING

Wheeler & Sons Construction	0421 435 766
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LAWYERS / LEGAL SERVICES

TBA Law	03 5794 2334
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MARKETS (LOCAL)

Kinglake Produce & Artisan Market	0400 337 556
Whittlesea Monday Market	0428 821 644

MEDICAL SERVICES

Nexus Primary Health	1300 77 33 52
Whittlesea Medical Imaging	9716 0278

METAL FABRICATIONS

Outer Edge Creations - Custom Fabrications	0409 575 846
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NURSERY / GARDEN

Alowyn Gardens	9730 2400
Oldfields Garden & Farm	5786 2171

PAINTERS

Edge Master Painting	0437 847 821
John Kyme Painter & Decorator	0418 564 851
Misty Mountain Painting	0499 949 940

PEST CONTROL

Home Pest Services	0488 004 882
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PHARMACY

Kinglake Community Pharmacy	5786 1109
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PLASTERING

PDL Plastering	0417 558 727 or 5786 5591
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PLUMBING & PUMP SERVICES/SALES

Irelands Plumbing	0447 710 631
Kinglake Plumbing & Drainage	0408 176 342
Licensed to Plumb	0405 263 224
Mountain Range Plumbing	Damien 0418 506 130

POST OFFICE

Kinglake Post Office	5786 1209
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REAL ESTATE AGENTS

Integrity Real Estate	5786 2033
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SCRAP METAL

United Metal Recycling	9467 5505
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SEPTIC SERVICES

GC Septic Tank Cleaning	0418 303 761
Septic Services	0421 764 072
Septic Tank Specialists (Kinglake)	0408 176 344

STOCKFEED

Oldfields Garden & Farm	5786 2171
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SUPERMARKET

Kinglake FoodWorks	5763 6602
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TANK CLEANING

Accent On Tank Cleaning	0407 684 910
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TIMBER SUPPLIES

Simply Timber & Roofing	03 5743 0000
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TREE SERVICES

Morgan's Tree Services Pty Ltd	0419 895 464
Star Tree Service	5783 3170
Unlimbited Tree Services	0419 506 739

VALUATIONS

Yarra Valley Valuations	5961 9176
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VETERINARY SERVICES

Mountain Ranges Vet Clinic	5786 1777
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WATER BORES

Northwest Drilling	0409 362 289 or 9436 1982
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WATER SUPPLIERS

Mt Robertson Spring Water	0400 389 022 or 5786 1389
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WEDDING VENUE

Forest Weddings	5786 5230
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MURRINDINDI SHIRE COUNCIL

Customer Service & General Enquiries	(03) 5772 0333
Alexandra Library	(03) 5772 0382
Yea Library	(03) 5736 0036
Kinglake Library	(03) 5786 1522
Mobile Library	0429 412 521
Operations Emergencies* (eg collapsed bridge or trees over road)	0407 509 413
Community Safety Emergencies* (eg stock on roads or dog attacks)	0419 572 425

*These numbers must only be used in the case of an emergency. For further information on Council or opening hours of the Resource Recovery Centres please visit the website <https://www.murrindindi.vic.gov.au/Home>

MOUNTAIN MONTHLY THE RANGES NEWS
www.mountainmonthly.com.au

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COMMUNITY & EMERGENCY CONTACT NUMBERS

EMERGENCY SERVICES

Kinglake Police	5786 1333
CFA	000
Police	000
Ambulance	000
SES	13 25 00
Nexus Primary Health	1300 77 33 52
Kinglake Ranges Health Centre	
Whittlesea Medical Clinic	
Whittlesea	9716 2207
Dental 24 hr Emergency (Bundoora)	1800 233 684
Mountain Ranges Vet Clinic	5786 1777
Help for Wildlife	0477 555 611
Wildlife Victoria	1300 094 535
Local Laws	0419 572 425
AusNet Services - Power Failure	13 17 99

CRISIS NUMBERS

Berry Street	5770 2200
Kids Helpline	1800 551 800
Lifeline 24hr	13 11 14
Breastfeeding Helpline 24hrs	1800 686 268
24hr Maternal & Child Health line	13 22 29
Poisons Information	13 11 26

ALCOHOL AND DRUG SERVICES

Nexus Primary Health	1300 773 352
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MENTAL HEALTH SERVICES

Mental Health Advice Line	1300 280 737
Crisis Assessment & Treatment Team	1300 859 789
Aged Psychiatric Assessment and Treatment	1300 369 005
Adult Mental Health Mon-Fri BH	5735 0333
Afterhours/Weekends/24hrs	1300 369 005
Child And Adolescent Mental Health	
Monday to Friday 9-5	5735 0300
Afterhours	1300 369 005
Mental Illness Fellowship	5735 2000
Goulburn Valley Health Mental Health Services	
Seymour	1300 369 005
Epping	1300 874 243
Heidelberg	1300 859 862

HOUSING SERVICES

Office of Housing – (Seymour DHS)	5793 6400
Rural Housing Network	5735 2000
Pathways – homeless or at risk of becoming	5735 2055
Homeless	
– Outreach Connections Program BH	0409 812 159
The Bridge – for people up to 25yrs	5799 1298
Nexus Primary Health	1300 773 352
Consumer Affairs – Tenancy advice	1300 558 181

AGED AND DISABILITY SERVICES

Aged Care Assessment Service	5823 6000
Aged Psychiatric Assessment and Treatment	1300 369 005
National Dementia Helpline	1800 100 500
Carers' Respite and Information Service	1800 059 059
Community Interlink	1800 222 582
DHS – Disability Access and Response Team	1800 783 783
Regional Information and Advocacy Council	1800 221 944
Victorian Aids and Equipment Program	1300 747 937
Interchange	
– for children with disabilities	5735 4600
Nexus Primary Health	1300 773 352
– Rural Access Worker – Disability Case Management –	
Physiotherapy, OT, Speech, Dietetics, Continence Advice, Podiatry	
SCOPE	5799 0148
Deaf Access Victoria	1300 302 335
Vision Australia	5831 3555
Kinglake Carers' Support Group	5786 1232

CHILD AND FAMILY SERVICES

DHS Child Protection	1800 650 227
	After Hours 13 12 78
Foster Care – Berry Street Victoria	5799 0039
Family Day Care – Murrindindi Shire	1800 633 792
Permanent Care & Adoption – DHS	5832 1500
Specialist Children's Services – DHS	1800 783 783
Familycare	1800 663 107 or 5735 4600
Telephone Parenting Program	1800 880 660
Access & Support Worker	5774 2404

FAMILY VIOLENCE

Nexus Primary Health	1300 773 352
Womens Domestic Violence Crisis Service	9322 3555 or 1800 015 188
Whittlesea Family Violence Unit, Mill Park Police	9407 3333

COUNSELLING SERVICES

ATAPS (Access to allied and psychiatric services)	5734 8400
General Counselling	
– Yea Community Health	5736 0400
Familycare	1800 663 107
Nexus Primary Health	1300 773 352
– Women in Relationships, Financial Counselling, Gambling	
Counselling, trauma, family therapy, play therapy	
G.V Centre Against Sexual Assault	5831 2343
Men & Relationships Program	1800 663 107
Relationships Australia	1300 364 277
Catholic Care	5786 1016
Victims Support Agency	1300 362 739
Victims of Crime Helpline	1800 819 817
ACGB Australian Centre for Grief and Bereavement	9265 2111

HEALTH SERVICES

Hurstbridge Medical Centre	9718 2611
FamilyCare	5735 6400
Yea Medical Centre	5736 0444
Yea & District Memorial Hospital	5736 0400
– Acute care, District nursing, Ultrasound, Pathology, Physiotherapy, Visiting specialists	
Nexus Primary Health (Kinglake Ranges Health Centre)	1300 77 33 52
– Dietitian, OT, Diabetes educator, Asthma educator, Counsellor, Support Worker, general practitioner, practice nurse	
Maternal and Child Health	5786 1337
Lower Hume Palliative Care	5735 8070

COMMUNITY SUPPORT RESOURCES

Kinglake Neighbourhood House	5786 1301
Kinglake Ranges Men's Shed	0402 523 488
5 Oldfield Road, Kinglake West 5757	
email: kinglake-shed@outlook.com	
KRBN	5786 1976

SCHOOLS

Kinglake PS	5786 1284
Middle Kinglake PS	5786 1295
Kinglake West PS	5786 5262
Flowerdale PS	5780 1264
Toolangi PS	5962 9255
Strathewen PS	9714 8278
Yea High	5797 2207
Whittlesea SC	9719 1200
Diamond Valley	9438 1411

KINDERGARTENS/PLAYGROUPS

Kinglake Ranges Childrens Centre	5786 1352
Kinglake Playgroup	5786 1301
Flowerdale Kinder	5780 2816

PUBLIC PLACES

Bollygum Park	5786 1426
Community Centre Bookings	5786 1522
Kinglake Library	5786 1522
Lions Tool Library	0414 555 544
Sports Stadium Bookings	5786 1522
Kinglake West Mechanics Institute	0435 414 110
PO Box 108, Pheasant Creek	3757
Football Clubrooms	5786 1580
National Park	13 19 63 www.parks.vic.gov.au
Flowerdale Community Hall	5780 2027
Flowerdale Community House	5780 2664

PATIENT TRANSPORT

Red Cross Patient Transport Service	0419 872 230
Lower Hume Community Transport Scheme	5799 2965

JUSTICES OF THE PEACE

Elizabeth Reid (JP)	0409 948 512
K Stewart (Kinglake)	0419 347 581

RESOURCE RECOVERY CENTRE

TRANSFER STATION (KINGLAKE)
CHARGES FOR MURRINDINDI RATEPAYERS

We recommend you check the website www.murrindindindi.vic.gov.au for current charges

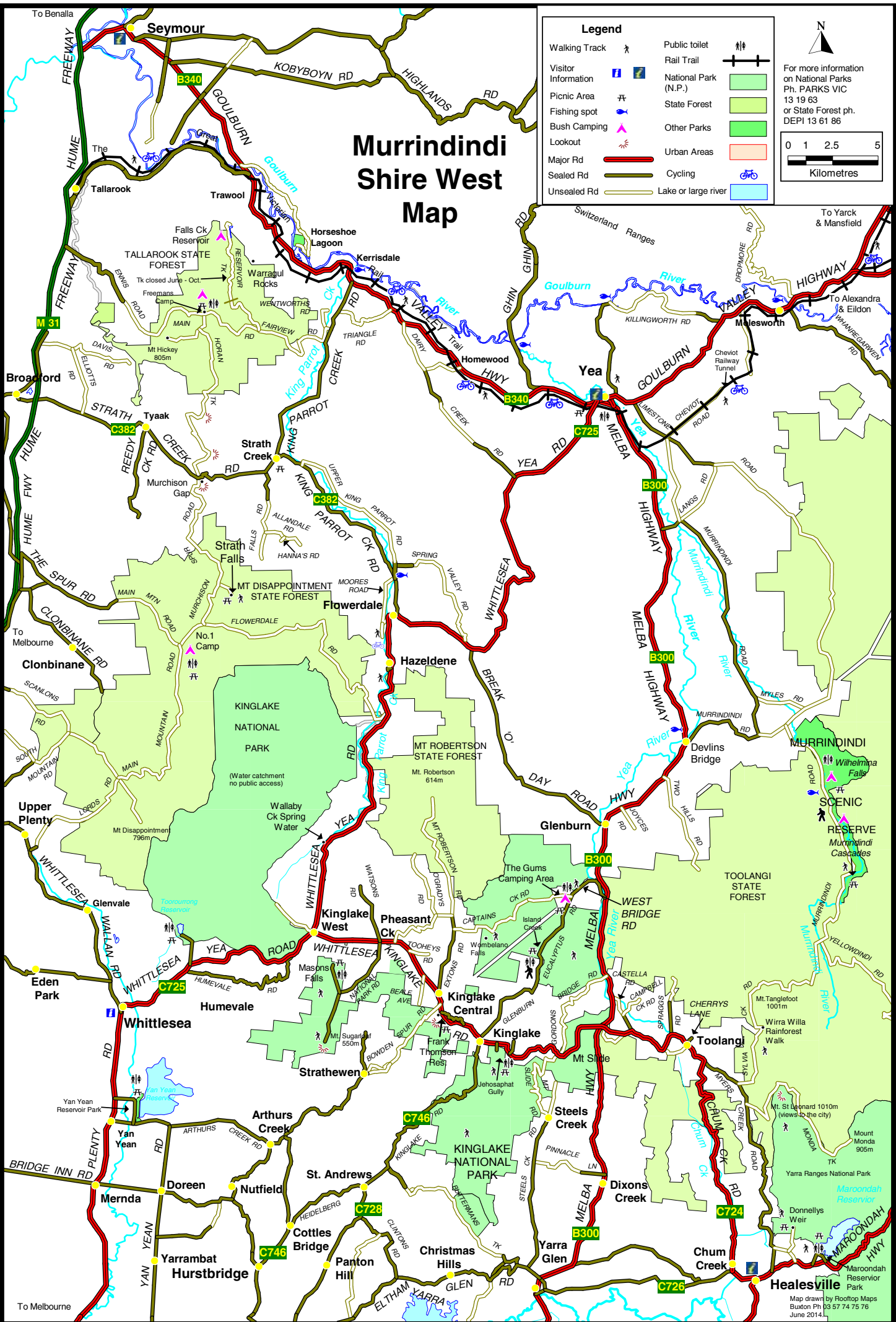
Murrindindi Shire West Map

Legend

Walking Track	Public toilet	
Visitor Information	Rail Trail	
Picnic Area	National Park (N.P.)	
Fishing spot	State Forest	
Bush Camping	Other Parks	
Lookout	Urban Areas	
Major Rd	Cycling	
Sealed Rd	Lake or large river	
Unsealed Rd		

For more information on National Parks Ph. PARKS VIC 13 19 63 or State Forest ph. DEPI 13 61 86

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Kilometres



Map drawn by Rooftop Maps
Buxton Ph 03 57 74 75 76
June 2014

DIGITAL LITERACY FOR SENIORS

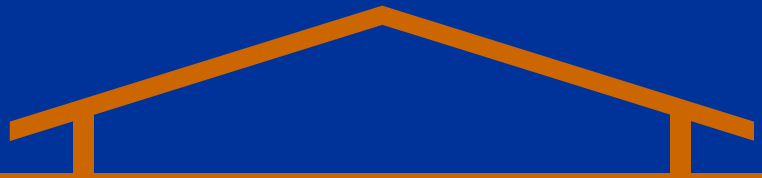
Every Monday, from 12 noon to 1.00 pm our wonderful team at the Kinglake Library and Customer Service Centre (19 Whittlesea-Kinglake Road) are hosting a one-hour workshop designed to help you learn basic technology and computer skills.

You can either bring your own device (laptop, tablet, or smartphone) or call ahead and book one of ours.

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FOR SALE

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SOLD

4 2 6 8 Acres

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SOLD

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