

FREE

# Mountain Monthly

JUNE 2026

Rural  
Councils  
Doing It  
TOUGH

Winter  
in the  
GARDEN



# Speeding? Expect a minimum fine of \$254.

If you speed, even a little over the limit, you can expect a minimum fine of \$254 and 1 demerit point. Police and speed cameras can be anywhere, so why take the risk? Chances are you will be caught.

**Anywhere. Anytime. Anyone.**

**TAC**

**VICTORIA**  
State  
Government



# Mountain Monthly

**PUBLISHED BY**

Mountain Monthly Co-operative Ltd,  
a not-for-profit community organisation

**POSTAL ADDRESS**

PO Box 213, Kinglake 3763

**WEBSITE**

www.mountainmonthly.com.au

**EMAIL**

mmkinglake@bigpond.com

**EDITOR**

Jane O'Connor  
0407 318 648 • mmkinglake@bigpond.com

**ADVERTISING**

Neesha Sinclair  
0493 740 926 • advertisingmm@bigpond.com

**PRODUCTION/GRAPHIC DESIGN**

Ann Friedel Publishing

**ACCOUNTS**

Nadia Chevriat  
0447 175 240 • mountainmonthlybilling@gmail.com

**DISTRIBUTION**

Sean O'Connor

**MM BOARD OF DIRECTORS**

Chair: Dr Angela Palmer  
Treasurer: Chris Boyer  
Board members: Rob Verhagen

**MM PRINTED BY**

Prominent Press Pty Ltd

**MM DISTRIBUTION**

1500 copies to Kinglake, Kinglake Central, Pheasant Creek, Kinglake West, Flowerdale, Glenburn, Castella, Toolangi, Smiths Gully, St. Andrews, Hurstbridge, Yarra Glen, Healesville, Yea, Alexandra and Whittlesea.

**ADVERTISING RATES PER ISSUE 2025**

**Black and White Rates Space Design**

1/16	(45mm w X 65mm h)	\$39.00	\$12.00
1/8	(90mm w X 60mm h)	\$67.00	\$17.00
1/4	(90mm w X 130mm h)	\$129.00	\$23.00
1/3	(188mm w X 85mm h)	\$145.00	\$26.00
1/2	(188mm w X 130mm h)	\$200.00	\$32.00
Full Page	(188mm w X 275mm h)	\$350.00	\$47.00

**Please supply completed artwork as CMYK high resolution PDF or jpg.**

**Full Colour Rates Space Design**

1/16	45mm w X 65mm h)	\$59.00	\$19.00
1/8	(90mm w X 60mm h)	\$99.00	\$24.00
1/4	(90mm w X 130mm h)	\$190.00	\$28.00
1/3	(188mm w X 85mm h)	\$237.00	\$33.00
1/2	188mm w X 130mm h)	\$278.00	\$38.00
Full Page	188mm w X 275mm h)	\$557.00	\$64.00
Half Page Inside Front or Back Cover		\$320.00	\$38.00
Inside Front or Back Cover		\$654.00	\$64.00
Back Cover		\$747.00	\$64.00

**Supplied artwork to be emailed at correct size and supplied as 300dpi CMYK High Resolution PDF, no crop marks.**

**Line Classified** – \$12.00 prepaid \$15.00 account

**Changes to existing ads** – \$15.00. (1-2 changes only)

**Position surcharge:** 30% for page 5 and 20% for page 7.

**Late fee past deadline:** 5% of total account.

**Advertising packages** available in 3, 6 or 12 month blocks.

**JULY 26 ISSUE DEADLINE**

**15 JUNE 2025**

FOR BOTH ADS AND ARTICLES

*Please no late copy*



FOLLOW US ON FACEBOOK



**DISCLAIMER:**

The views expressed in Letters to the Editor and news articles are not necessarily those of the Editor unless expressly indicated and signed. All advertising copy is the responsibility of the advertiser, not the Editor.

**PHOTOGRAPHY:**

All photographs submitted become the property of MM and their future usage is at the Editor's discretion.

Mountain Monthly Co-operative Ltd. All rights reserved. No reproduction, copy or transmission of this publication may be made without written permission. No paragraph or any artistic work of this publication may be reproduced, copied or transmitted without written permission, or in accordance with the provisions of the Copyright Act 1968 (Cth) (as amended). Any person who does any unauthorised act in relation to this publication may be liable to civil claims for damages or an account of profits, together with injunctive relief.

## MM SUBSCRIPTION

Are you finding it difficult to get your copy of MM before they have run out? You can become a subscriber and have your copy posted each month for only \$59 per year. Just fill in this subscription slip and send it with your cheque to

**Mountain Monthly, PO Box 213 Kinglake 3763**, or deposit directly into Mountain Monthly account

**BSB 633 000 Account Number 138 539 010** with your surname as the reference.

Name.....

Postal Address .....

..... Postcode .....

Phone.....

Email.....

Method of payment  
Please tick

Direct Deposit

Cheque



Banded Amegilla by Adli Wahid

# Saving Our Bees

**B**ees contribute an estimated \$4.2 billion to Australian Agriculture each year, yet the array of pollinators underpinning that system face threats on multiple fronts, including climate change, habitat loss, agricultural chemical use and the ongoing spread of pests and diseases.

Varroa mite, one of the world’s most destructive honey bee pests, has spread across the continent since its detection at the Port of Newcastle. Cost of managing the pest is expected to reach \$70 million a year.

To highlight their plight, the WhenBee Foundation took part in World Bee Day last month to demonstrate that our pollinators do more than just produce honey.

Chair of the World Bee Day Australia Steering Committee and Head Beekeeper for the Australian Parliament, Cormac Farrell, said World Bee Day highlighted a connection between bees and humans that most Australians have never considered.

“Bees go far beyond honey production - they play a vital role in

securing our food systems, supporting pollination services and maintaining the ecosystems that all life depends on”, Mr Farrell said.

“World Bee Day provides a clear call to action: grow more flowers, restore habitat and reduce pesticide use in home gardens.

“It encourages people to act locally while thinking globally”.

Environmental educator and science communicator, Clancy Lester, known to his 55,000 followers as The Bee Man, said young Australians had a particular stake in the future of bees.

“My generation has grown up knowing that the natural world is under threat, but bees are one of those issues where you can actually do something about it”, Mr Lester said. “The best time to act to protect our environment was 50 years ago. The second-best time is right now”.

Australia is home to more than 2,000 species of native bees that have been pollinating this continent for millions of years, and yet most Australians have never heard of them.

## IN THIS ISSUE

**COVER PHOTO:** *A beautiful display for winter. Irish strawberry tree.*  
Photo: Jane O'Connor

- |                                                     |                                                                        |                                                                             |                                           |
|-----------------------------------------------------|------------------------------------------------------------------------|-----------------------------------------------------------------------------|-------------------------------------------|
| 5. Urgent Reform to Rural Council Funding Needed    | 11. Kinglake CWA                                                       | 28. Rotary                                                                  | 34. Environment Matters                   |
| 6. What's on                                        | 12. Bendigo Bank - Continuing Our Commitment to the Kinglake Community | 29. Celebrating 100 Years of Community Legacy at the Kinglake Trust Reserve | 36. School Reports                        |
| 6. Meet KRNH's New Co-ordinator                     | 12. Property Report                                                    | 30. ANZAC Dawn Service Speech 2026                                          | 40. Sport                                 |
| 6. In-home Aged Care Support In Whittlesea          | 15. Our Heritage                                                       | 31. Kinglake Landcare                                                       | 45. Emergency Services                    |
| 7. Have Your Say on The Council Budget              | 21. Neighbourhood House                                                | 32. Gardening with Alex                                                     | 47. Business & Trades Guide               |
| 8. Fire Affected Properties Battling With Clean-ups | 22. Inner Wheel of Kinglake Ranges                                     | 33. Tap into valuable soil moisture data this season                        | 52. Local Business Directory              |
| 11. Finance Report                                  | 22. Lions Club of Kinglake                                             | 34. Support For Drought-affected Farmers                                    | 53. Community & Emergency Contact Numbers |
|                                                     | 23. Health & Wellbeing                                                 |                                                                             | 54. Murrindindi Shire West Map            |
|                                                     | 22. Whittlesea Community House                                         |                                                                             |                                           |

# Urgent Reform to Rural Council Funding Needed

**Small rural councils, like Murrindindi Shire, are doing it tough with a government funding system that is no longer fit for purpose.**

Mayor, Damian Gallagher, and Chief Executive Officer, Livia Bonazzi, have appeared before the Federal Government's inquiry into Local Government Funding and Fiscal Sustainability, to say that without urgent reform essential local services and long-term community resilience are at risk.

They told the Inquiry that existing funding models fail to reflect the real costs, risks and responsibilities faced by rural municipalities, while relying heavily on revenue sources outside local government control.

Cr Gallagher said councils like Murrindindi are being forced into increasingly difficult decisions.

"We're asking for a system that recognises what it actually costs to keep a place like Murrindindi running. We are talking about the basics - roads people can drive on and services communities rely on", Cr Gallagher said.

"Local options have been exhausted. What we are facing now are not efficiencies, they are heartbreaking compromises".

These pressures are already being reflected in difficult budget decisions, including reduced investment in services and infrastructure renewal programs despite existing constraints and growing community need.

Residents are increasingly feeling the impact through higher rates, lower levels of service, and the consequences of deferred renewal of critical infrastructure.

Ms Bonazzi said the challenges facing Murrindindi were not isolated, but the predictable outcome of longstanding structural issues in local government funding.

"This is not an anomaly. It is the inevitable result of a system that no longer matches the reality it is meant to fund," Ms Bonazzi said.

"Right now, rural councils are not just underfunded - they are structurally set up to fail".

They also highlighted the inequity of current disaster recovery funding arrangements, pointing to the January 2026 bushfires as clear evidence of systemic failure.

Murrindindi Shire experienced approximately 48 per cent of the state's structural losses during the fires yet received only around 8 per cent of municipal recovery funding.

"We were on the frontline of this disaster, but we have been at the back of the queue for support", Ms Bonazzi said.

"When a funding system cannot respond proportionately to disaster impact, it is not fit for purpose.

"The shortfall does not disappear - it falls directly onto councils and communities".

The Inquiry heard that existing funding mechanisms actively disadvantage small rural councils, including:

- Financial Assistance Grants declining in real terms and not being distributed according to need
- The Minimum Grant principle prioritising population over fiscal capacity, geographic scale and disaster

exposure

- Competitive grant programs requiring co-investment and resources many small councils simply do not have

Murrindindi Shire Council is calling on the Commonwealth Government to:

- Restore untied Financial Assistance Grants to one per cent of Commonwealth taxation revenue
- Reform funding distribution models to better reflect need, risk and cost
- Increase untied funding support for small rural councils
- Reform grant programs so funding follows need, not advocacy capacity or available cash reserves

Cr Gallagher said rural communities continue to step up and support one another but warned volunteer effort cannot continue to compensate for systemic underfunding.

"Across communities like Murrindindi, people are stepping up every day to support each other, often without funding.

"But resilience should not depend on volunteer effort filling systemic gaps left by government funding models".

Council warned that without meaningful reform, financial pressures on rural councils will continue to escalate, placing essential infrastructure, local services and long-term recovery at risk.

You can read Murrindindi Shire Council's 2026 submission to the Federal Inquiry into Local Government Funding and Fiscal Sustainability, including Council's 2024 submission, here: [Parliament of Australia – Submission 242](#)

---

## Could You Escape After a Car Accident?

**A troubling pattern has been emerging after serious road accidents and many of these cases involve modern, well-equipped cars.**

The NRMA says the elements that people assume will protect them in a crash will also help them escape in the event of one.

That same engineering can work against you once the collision is over.

Doors may buckle or jam. Electric windows can lose power. Central locking may fail.

But, it's the laminated windshields — designed to stay intact — that are nearly impossible to break from the inside without the right tool.

"If your car is sinking, flipped, or on fire, you only have seconds. Most people don't have a plan — and that's the problem", an

NRMA spokesman said.

Many drivers assume they'll improvise — smash a window with a headrest, kick out a door, find something sharp.

According to fire and rescue services, this assumption is extremely risky.

Modern safety glass is engineered to resist exactly that kind of force. Improvised efforts waste precious time — and in some situations, time is the one thing you don't have.

"Firefighters don't rely on improvisation. They carry purpose-built tools designed to cut seatbelts and shatter glass quickly and reliably. The right equipment makes rescue possible. Without it, even trained professionals face serious delays", the NRMA said in a statement.

Based on these realities, safety

professionals recommend keeping a purpose-built rescue tool within immediate reach inside your vehicle. One such tool was developed in collaboration with German emergency services and is now available to families across Australia.

It's called Breeker. A compact 2-in-1 rescue device that shatters safety glass with a precise, targeted impulse — and cuts through jammed seatbelts in seconds. Tested under real conditions. More than 40,000 drivers already rely on it, and many report how straightforward it is to use — even under extreme stress.

Safety experts recommend having one within reach at the front and another in the rear. Because in an emergency, speed of access matters more than anything else. The decision isn't made during the accident — it's made before.

# What's on Kinglake Ranges Events June 2026

<b>2</b> Trivia at The Pub	<b>15</b> Mountain Monthly deadline	<b>16</b> Trivia at The Pub	<b>21</b> MR PRES!!! The Memo, Healesville	<b>28</b> Kinglake Market	<b>29</b> Kinglake Cricket Club AGM	Check what's on at KRNH
----------------------------------	----------------------------------------------	-----------------------------------	-----------------------------------------------------	---------------------------------	-------------------------------------------	----------------------------



## Meet KRNH's New Co-ordinator

**C**orrienne Nichols brings more than 30 years of experience working alongside communities, with a genuine passion for helping people feel connected, supported, and valued.

In her previous role as Director of Communities at Nillumbik Shire Council, Corrienne worked closely with local residents, groups, and partners to nurture programs that support wellbeing, inclusion, the arts, and young people.

She believes the best outcomes come from listening deeply and working together, and she is committed to creating spaces where everyone feels welcome and has a voice.

Corrienne is known for her warm, collaborative approach and her ability to bring people together around a shared purpose.

She enjoys supporting teams and community members alike to grow, contribute, and make a positive difference in ways that are meaningful and lasting.

With a thoughtful and practical understanding of how community services operate, Corrienne balances big-picture thinking with care for the everyday details that matter to people.

Her experience in leadership, governance, and financial stewardship helps ensure community ideas are supported in ways that are sustainable and impactful.

She holds a Master of Business Leadership and is a graduate of the Australian Institute of Company Directors, and she continues to be inspired by the strength, creativity, and resilience of the communities she works with.



## What's on at Kinglake library

June 2026

**22 June | 4.00 - 5.00 pm**

### Page Turners

More than just a book club! Share your latest read, discover new releases, and explore fresh genres with fellow readers.

**29 June | 4.00 - 5.00 pm**

### Author Talk - Leearna Shaw

Rural romance author, Melbourne based

**30 June | 3.00 - 4.30 pm**

### School Holidays

Kids movie, popcorn provided

### Regular weekly programs

#### Mondays

Digital Literacy 11.00 am

#### Tuesdays

Storytime Baby 10.30 am  
Bounce

#### Wednesdays

Boomerang Bags 10.00 am  
2.00 pm

#### Fridays

Storytime 3-5 years 10.30 am  
Craft Adults 2.00 pm  
Craft School Aged 3.45 pm

Book now at  
[murrindindi.vic.gov.au/libraries](http://murrindindi.vic.gov.au/libraries)  
5772 0333





**Kinglake Cricket Club**  
**AGM**  
will be held at the  
Kinglake Memorial  
Grounds Rooms  
on **MONDAY**  
**29 June 2026**  
**at 7.30pm**  
[www.kinglakecc.vic.cricket.com.au](http://www.kinglakecc.vic.cricket.com.au)  
ABN: 79 244 741 647

*Mountain Monthly*  
**JULY 2026**  
**DEADLINE 15 JUNE**

# Have Your Say on The Council Budget

**Murrindindi Shire residents, businesses and community groups have been invited to have their say on the draft Annual Budget for 2026/27.**

Following its submission to the Federal Government's inquiry into local government funding (see the article in this edition) The draft Budget has been developed in the context of the January 2026 bushfires and ongoing recovery, alongside cost-of-living pressures affecting households and businesses across the community.

It sets out a measured, responsible and stabilising approach to maintaining essential services, supporting recovery and protecting Council's long-term financial sustainability.

Community members can provide feedback on the draft Budget until 5.00 pm on Tuesday 2 June 2026.

Council's draft Budget takes a cautious approach, focusing on holding Council's financial position steady while the full financial impacts of the January fires continue to emerge and funding arrangements from other levels of government become clearer.

The draft Budget focuses on:

- Maintaining current service levels, rather than investing in a range of new initiatives
- A \$15.6 million capital works program, focused primarily on renewing and upgrading existing infrastructure
- Continuing investment in community recovery and resilience initiatives.

The budget includes a proposed average rate increase of 2.75%, in line with the State Government rate cap.

Some properties affected by the January 2026 bushfires have reduced property

values and will pay rates based on those lower valuations. Council has formally requested State Government funding to offset this reduction in rate revenue, consistent with previous disasters, to ensure the impact is not passed on to other ratepayers.

With a combined operating and capital budget of \$62.7 million, the draft Budget forecasts a slight surplus of \$0.57 million; however, Council's underlying operating position remains in deficit, reflecting broader structural financial challenges facing many rural councils.

Mayor, Cr Damien Gallagher, said the draft budget reflects the reality of balancing recovery, service delivery and long term sustainability in a challenging environment.

"This is not an easy budget. It is a careful and deliberate draft developed to maintain essential services and ensure we are well placed to support our community as recovery continues".

"We look to the coming year with optimism as we progress some important long-term initiatives including completing the Eildon Key Worker Housing Project, upgrading the Kinglake Memorial Reserve Oval, delivering a new mobile library and customer service vehicle and implementing the Urban Tree Strategy.

"At the same time, we will continue to advocate strongly to other levels of government for funding that better reflects the scale of impact experienced in our community and supports delivery of core services and infrastructure".

Cr Gallagher encouraged the community to provide feedback on the draft budget and said community input is an important part of this process.

"We want to hear from our residents, businesses and community groups about

what matters most to them as we plan for the year ahead".

Chief Executive Officer, Livia Bonazzi, said the draft Budget reflected a deliberate and disciplined approach in a highly uncertain environment.

"This is a stabilising budget, designed to protect Council's financial sustainability, maintain essential services and ensure we retain the capacity to respond as recovery continues..

"We do not yet have full visibility of the long-term financial impacts of the bushfires, particularly in relation to our assets and future funding. This budget allows us to pause, take stock and recalibrate, rather than commit to decisions ahead of that clarity".

The draft Budget also acknowledges ongoing financial challenges, including rising costs such as fuel, constrained revenue under rate capping, and reliance on external funding to deliver key projects and recovery efforts.

Community members can provide feedback:

- Online via Council's website
- In writing by making a submission
- In person by registering to speak to their submission at the Council Meeting on Wednesday 3 June 2026 at the Alexandra Council Chamber

Submissions and registrations to speak to them close on Tuesday 2 June 2026.

All feedback received will be considered by Council before the final Budget is presented for adoption at the scheduled Council Meeting on Wednesday 17 June 2026.

To view the draft Budget and make a submission, visit [murrindindi.vic.gov.au/budget26-27](http://murrindindi.vic.gov.au/budget26-27)



**DEV3**

**Business Software and IT Solutions**



[dev3.com.au](http://dev3.com.au)

(03) 9123 4215 [hello@dev3.com.au](mailto:hello@dev3.com.au)



**SPARK IT UP  
FIREWOOD**

SPLIT REDGUM - DELIVERED LOCALLY

**CALL BRAD - 0408 239 631**

# Fire Affected Properties Battling With Clean-ups

**M**any existing residents in our shire and beyond remember the effort and stress required to have properties cleaned up following the Black Saturday bushfires.

Spare a thought then for our neighbours to the north battling to access a waste disposal program that followed the January 2026 fires – 40% of which occurred in the Shire of Murrindindi.

The Victorian Government's free bushfire waste disposal program at council-managed landfills was only available until mid-May.

Fire-affected councils had called for a further six months to be added to the program to ensure recovery continued to be properly supported for impacted households.

Following the fires, the State Government provided two programs for bushfire impacted property owners.

- 1) Free waste disposal at Council-managed landfills and Resource and Recovery Centres – available to all bushfire impacted property owners/ tenants until May 12.
- 2) On-site clean-up for eligible property owners – however, it must be a primary place of residence, under-insured or uninsured; with no deadline has been provided for the end of this program.
  - Over 275 Murrindindi property owners registered for the State

Government on-site clean-up program.

- Only 27 have been accepted with just 5 seeing any activity at their property.
- Strathbogie has seen 131 property owners registered with 14 accepted and 4 seeing any activity at their property.

The council says some people have reportedly now given up waiting for the State Government program and have withdrawn from the process while many others have been deemed ineligible.

Demand has been high for the Council operated, fee-free waste disposal services, with a years' worth of waste being registered in the first four months of the year at the Alexandra landfill site.

The free bushfire waste disposal at council facilities is currently providing a critical safety net for those with no other viable recovery pathway. With a high number of people still waiting for their assessments, closing this option now would unfairly shift pressure onto those least able to absorb it.

Of the many municipalities affected by the 2026 fires, these two shires were the most impacted, yet the scale of State-funded recovery support has not yet matched the level of damage experienced locally.

Reports are still coming that many residents are only now beginning the difficult process of clearing fire-damaged

properties as the need to secure temporary accommodation ahead of winter becomes increasingly urgent. The delays to clean up have also had a compounding impact on mental health and wellbeing with residents continuing to confront the extent of damage to their properties.

Mayor of Murrindindi, Cr Damien Gallagher, said for many people in the Shire, recovery hasn't even properly started yet. Some residents are only now gaining safe access to their properties, while others waited in good faith for State programs that are still moving slowly.

Mayor of Strathbogie Shire Council, Cr Scott Jeffery said we have seen many people take advantage of the free waste disposal at Council's sites over the past few months.

"Many residents in Strathbogie are not eligible for the on-site state-provided clean-up program - so this service simply provides essential support for people least able to absorb further pressure. Without accessible and affordable disposal options, there is also a heightened risk of environmental harm and illegal dumping, which could further impact already vulnerable landscapes and waterways".

"Behind every load of fire-damaged waste are families trying to put their life back together, businesses trying to reopen, and communities doing their best to move forward", Cr Jeffery said.

## In-home Aged Care Support In Whittlesea

**T**he Whittlesea Community House has launched a new service to provide in-home aged care supports.

'Staying in Place Whittlesea' offers community-based connections delivered by people who know the area.

The program will offer guidance on what at-home support is

available and flexible care to cater for each individual case, such as being able to choose their own workers.

For further information call the House on 9716 3361 or email [stayinginplace@whittleseach.com.au](mailto:stayinginplace@whittleseach.com.au).



Reach over 1,500 people each month. Advertise your business in the *Mountain Monthly* – a not-for-profit community-owned monthly magazine  
For advertising enquiries phone  
Neesha 0493 740 926



# Are your **young workers** equipped with the right skills to stay safe?

If you're an employer, their safety is your responsibility.  
Get the tools to support your young workers.  
Ask yourself: would *you* work for you?

 **WorkSafe Young Workers**

# 工作场所安全 是我们的 共同关切

了解您的权利和责任，  
这样您就能讨论工作场所安全事宜。

如要使用中文咨询，  
请致电131 450或访问

[worksafe.vic.gov.au/chinese-simplified](http://worksafe.vic.gov.au/chinese-simplified)

# Workplace safety is our common language

Understand your rights and  
responsibilities, so you can talk  
about safety at work.

To speak to WorkSafe with an  
interpreter call 131 450, or visit  
[worksafe.vic.gov.au/languages](http://worksafe.vic.gov.au/languages)



Scan for information in  
Simplified Chinese.



Interpreter



## FINANCE REPORT

**T**here's no better feeling than living in a brand new home – it's fresh, clean and it's all yours. But financing a new-build works very differently from buying an established home. Here's what you need to know.

There's a lot to love about home ownership, and it's especially exciting when you're building a place of your own from scratch.

You have the freedom to select your preferred design, personalise the finishes, and then watch as your new home steadily comes to life from the ground up.

And it turns out, more homebuyers are choosing a newly built home.

The House Industry Association says that despite higher interest rates, home building activity picked up in the March 2026 quarter.

Amid the excitement of picking colours, carpets and appliances, however, it's worth knowing how to fund the construction of your new home.

Financing a building project works very differently from buying an established home.

Here's what's involved.

### **Construction loans – tailor-made for building projects**

When you borrow to buy an established

home, your mortgage lender provides a lump sum to cover the purchase price of the property.

However, when you choose to build a new home, your lender is likely to suggest a 'construction loan – a type of loan purpose-built for building projects.

Rather than receiving the full value of the loan in a single payment, a construction loan works by drip-feeding the funds to you (in reality, your builder) as various stages of construction are completed.

There are typically several payment stages – from laying the slab to final sign-off on completion, and they can differ slightly between lenders.

### **The cash flow benefits of a construction loan**

The common thread of construction loans is that you normally only pay interest on the funds drawn down.

This can help to minimise the cost of the loan – and loan payments – while construction is underway.

This can also be a plus for your cash flow, especially if you're renting or still paying off your current home while the new place is being built.

The other upside of a construction loan can be that your lender will usually check the work completed before signing off



on each phase of completion. This may give you extra reassurance that the workmanship is up to scratch.

Then, when construction is fully completed, and your new home is ready to move into, your construction loan will typically become a standard mortgage, and you start making principal plus interest payments on a regular basis.

### **Is a new build right for you?**

Along with the pleasure of living in a brand new home, there can be a cost saving to a newly built place.

Analysis by Compare the Market found it's normal for the cost to buy to be more expensive than building.

Other costs such as stamp duty can also increase the cost of an established home.

Bear in mind though, building takes time, and construction doesn't always go to schedule. It's not a bad idea to budget for a few unexpected costs such as possible delays due to weather.

*Nicole Sevenich, 0412 169 035  
NS Finance & Mortgages  
Credit Rep Number 479851*

## KINGLAKE CWA

**T**his time of year sees the wet misty mountain weather we are so used to. Rather than bore you with our activities, it's time to give you something nutritious to make that can become 'freezer surprise' to warm up all the family.

### **Roasted Pumpkin soup**

Ingredients

- 1.5kg butternut pumpkin, diced
- 3 cloves garlic (or 1 tsp garlic granules)
- 1 1/2 tbsp Olive oil
- 20g butter
- 1 medium leek, trimmed, halved, washed, sliced
- 2 medium potatoes (or sweet potatoes) peeled and chopped finely
- 1 litre chicken stock
- 500ml (2 cups) cold water
- 1 tbsp pure cream
- Herbs, salt and pepper to taste
- 1 tbsp chopped fresh chives

Preheat oven to 200°C /180°C fan-forced. Line 2 large baking trays with baking paper. Place pumpkin and garlic in a bowl. Add oil. Season with salt and pepper. Toss to coat. Arrange pumpkin mixture, in a single layer, on prepared tray. Bake for 40 minutes or until pumpkin is golden and tender.

While pumpkin is cooking in the oven - squeeze garlic cloves from skin. Discard skin. Melt butter in a large saucepan over medium-high heat. Add leek. Cook, stirring, for 3 minutes or until leek has softened. Add potato. Cook, stirring, for 5 minutes.

Add stock and water. Season with pepper and herbs to taste.

Cover. Bring to the boil. Reduce heat to medium-low. Simmer for 15 minutes or until potato is tender. Stir in roasted pumpkin and garlic. Cook for 5 minutes or until heated through. Set aside for 5 minutes to cool slightly.

Blend pumpkin mixture, in batches, until smooth. Return to pan over low heat. Cook, stirring, for 2 to 3 minutes or until heated through. Ladle into serving bowls. Drizzle with cream and sprinkle with chives.

Best served with toasted bread or fresh rolls.

Our CWA ladies will be involved at Kinglake Ranges Neighbourhood House this month with local wildlife carers commemorating World Environment Day on June 7. Check out krnh.org for full details.

The Kinglake CWA Team – find us on Facebook



# Bendigo Bank - Continuing Our Commitment to the Kinglake Community

**W**ith changing times comes a change in the way we deliver our services. Yet our core promise – to invest and stand alongside the Kinglake people – remains strong.

This is our commitment to continue supporting your community:

## Investing in Local Initiatives

We remain committed to funding local initiatives just as we always have. Community banking is about returning profits to the wider Kinglake community, and we are proud to have already provided financial support for Kinglake Landcare, Kinglake Ranges Neighbourhood House, Kinglake Junior Football Club, Kinglake CWA, Murrindindi Ranges Wildlife Shelter, Kinglake Cemetery Trust, Kinglake Pony Club, Kinglake Men's Shed and many more.

## Investing in Times of Need

25 Community Banks contributed \$430,000 to the 2026 Victorian Bushfire Appeal, which saw more than \$780,000 raised.

## Mobile Lending That Comes to You

For bigger financial decisions, we understand the importance of conversation. That is why our Mobile Lending team can come directly to you. Whether at your home, your business, or a local café, our experts are ready to meet you right here in Kinglake.

## Your Nearest Branches

Our dedicated teams at the Hurstbridge and Doreen branches are always ready to welcome and support you.

## Darren is still with us!

Many of you know Darren from the Kinglake branch as an important part of your community. We know he is a very familiar face around town! Darren will continue to work with the group across all our branches, and he would absolutely love for you to pop in and say hello.

We are incredibly proud to continue supporting the Kinglake area, working together so this community can continue to thrive.

## PROPERTY REPORT



## The Budget Has Changed the Rules. Here's What It Means for You

**T**he May 2026 federal budget has rewritten the rules of property investment in Australia, and the effects will ripple through every corner of the market.

If you own an investment property, are thinking of buying one, or are simply watching the market, pay close attention.

The headline change is the abolition of **negative gearing for established properties** purchased after budget night.

From **1 July 2027**, investors in existing homes will no longer be able to offset rental losses against their other income. Investors in newly built properties are exempt from the change, pushing capital toward new supply.

Existing investors are grandfathered and can continue claiming the concession until they sell. If you signed a contract before budget night but haven't yet settled, you're all good.

Alongside this, the **50% capital gains tax discount** has

been scrapped for assets sold from July 2027, replaced with an inflation indexation model. A new minimum **30% tax floor** applies to all capital gains. These 2 measures combined will reduce house price growth by around **2%** over the next couple of years and save a median buyer roughly **\$19,000** on their purchase price.

The flip side is a modest increase in rents, estimated at around \$2 per week, as investors exit the market.

The immediate question from our local clients is: what does this mean for values here?

The honest answer is that the direct impact on our market is likely to be limited in the short term. Our region is not driven by the kind of high-yield investor activity that characterises inner-city Melbourne.

The buyers we see in Healesville, Yarra Glen, Kinglake and surrounds are overwhelmingly owner-occupiers, people making a lifestyle decision, not a tax strategy.

The local numbers for the year to April 2026 reflect this. **Yarra Glen** recorded a median house price of **\$951,000**, up **2.3%**, with strong buyer interest and just **36 days** on market.

**Healesville** sits at **\$825,000**, up **0.6%**, with **1,884** active buyers and **48 days** on market.

The standout is **Kinglake West**, which recorded median growth of **24.2%** to reach **\$950,000**, driven by a thin but motivated buyer pool.

Kinglake itself sits at **\$762,500**, with the median reflecting a softer 12-month period due to cheap recreational land sales.

The broader market tells a more cautious story. Victoria's auction clearance rate for the week ending **10 May 2026** came in at **52%** from **1,155** scheduled auctions, with **353** properties passed in and **165** withdrawn.

That is a buyers' market and it reflects the weight of a **cash rate now sitting at 4.35%** following the RBA's decision to lift rates by another 25 basis points. Annual CPI is running



at **4.6%** well above target.

On the supply side, the government's **\$2 billion** commitment to infrastructure is designed to unlock **65,000 new homes** over the decade.

Construction costs remain elevated, with steel prices up as much as **25%** due to Middle East supply disruptions.

The budget's property measures are the most significant structural shift in Australian property tax in a generation. Everything will depend on market sentiment over the coming months. What is certain is that the market is entering a new chapter. A Labor government pushing for labour, not investment.

*Will Verhagen*

[www.integrityrealestate.com.au](http://www.integrityrealestate.com.au)

Big on community.

# Bigger for sharing profits with you.

Community Bank · Hurstbridge · (03) 9718 0431

 **Bendigo Bank**  
The better big bank

Bendigo & Adelaide Bank Limited ABN 11 068 049 178 AFSL / Australian Credit Licence 237879. (2057438-2153473) (12/25)



# Gokul's bigger for getting you moving.

Have a chat about your dream home, first home, or next investment.

 Gokul Manchukonda · 0418 819 584

Your local mobile lender - meeting you where you are

 **Bendigo Bank**  
The better big bank

Bendigo & Adelaide Bank Limited ABN 11 068 049 178 AFSL / Australian Credit Licence 237879. (2057438-2153473) (12/25)





# SONGBIRD CAFE & LARDER

*Local fresh cuisine for everyone*



**OPEN WEDNESDAY TO SUNDAY**

**10 WHITTLESEA - KINGLAKE ROAD, KINGLAKE  
(03) 5786 1275**

**WWW.SONGBIRDCAFEANDLARDER.COM**



# MR. PRES!!!!

**The FAKE Musical**

**Sunday 21st June, 2pm  
The Memo Healesville**

[yarraranges.vic.gov.au/culturetracks](http://yarraranges.vic.gov.au/culturetracks)  
telephone 1300 368 333

**"I've seen a lot of musicals.  
More than anybody else.  
This is the very best."  
- Mr. Pres**



## One step inside. A lifetime of care.

At TLC Aged Care Sunlight, we believe healthcare is better when it's connected.

**RESPIRE AND PERMANENT CARE AVAILABLE**

Located in the heart of beautiful Whittlesea, our innovative healthcare precinct model integrates high quality aged care with a co-located medical centre, ensuring support is always within reach.

Beyond the clinical excellence, you'll find a place designed for living well. From on-site allied health services and a roll on the bowling green, to a catch-up in our sports bar or a workout in the health club, our home and programs are designed to keep you active and engaged.

**Call our Resident Liaison on 0498 008 574 to discuss our innovative approach and experience our premium rooms and facilities.**



Aged Care

**Sunlight**



To book a tour visit  
[tlcsunlight.com.au](http://tlcsunlight.com.au)

43 Laurel Street, Whittlesea

# Our Heritage

## Celebration at the Heritage Centre

**A** day to remember, Saturday 17 May saw a crowd of 70 visitors and local residents gathered at the Kinglake Heritage Centre to celebrate the restoration of the 1914 Kinglake Post Office building.

Special guests included the Kinglake Lions Club who managed the restoration project, also the local tradesman who worked on the building; Damian Gallagher, Mayor of the Murrindindi Shire; and Barbara and Lance McMinn representing the Thomson family who had operated the Kinglake Post Office for 70 years.

Despite a drizzly Kinglake day, everyone enjoyed seeing the 'new look' building and the collection of historic items displayed inside it, including the manual telephone exchange, examples of early telephones, and a set of mail pigeonholes.

The poster display told of the various events in the life of the Post Office, including narrow escapes from fire in 1926, 1992 and 2009, and its appearance in the 4-part TV series 'Marion' in 1974. Photos of the Centenary celebration in 1983, with the Post Office draped in red, white and blue bunting, were also on display together with a list of signatures of those who attended on that day.

Afternoon tea was served in the Kinglake West Mechanics Institute hall and the story of the post office and the restoration process was



*Top: Barbara Miller WHS, MSC Mayor Damien Gallagher and Deidre Hawkins KHS.*

*Above: Afternoon tea in the hall  
Left: Handover of PO keys*

told. The Kinglake Lions Club was thanked for their excellent work and President, Ken Aitken, officially handed the keys of the Post Office to Kinglake Historical Society President, Deidre Hawkins.

A hamper donated by Helen Haines, Federal Member for Indi, was first prize in the lucky ticket draw and it was altogether a very happy occasion.

*Deidre Hawkins, Kinglake Historical Society  
kinglakehistoricalsociety@gmail.com*

## Kinglake Heritage Centre

**Kinglake West Reserve ~ Open Sundays 12 noon – 3pm  
\$2 donation appreciated ~ 150 Years of Kinglake Stories  
Groups weekdays by appointment – phone 0414 255 893**



Live bands most weekends  
 Sunday Solo most Sunday  
 Open Mic on the First Sunday of each Month



**FOOD AT THE FLOWERDALE HOTEL**

<b>MONDAY</b> parma \$25	<b>WEDNESDAY</b> pasta \$20
<b>THURSDAY</b> burger \$25	<b>FRIDAY</b> steak \$30



- MONDAY**
  - Homework Club (kids can come from 5pm and get help with their learning)
  - Trivia from 7pm
- WEDNESDAY**
  - Darts and Meat Raffle
- THURSDAY**
  - Classic Movie night (every second week) from 7.30pm
- FRIDAY**
  - Joker Poker
- EVERYDAY**
  - Happy Hour every weekday from 5-7pm

Follow on Facebook for up-to-date information P: 0357 801 230 A: 3325 Whittlesea-Yea Rd, Flowerdale W: [www.flowerdalehotel.com.au](http://www.flowerdalehotel.com.au)

**TRADING HOURS:**  
 Closed Monday & Tuesday.  
 Wednesday - Friday 5pm to late  
 Saturday & Sunday 4pm to late

**Special Diets**  
 We cater for special dietary requirements

**Pizza, Pasta, Focaccia**  
 ✓ Ribs, Parmas  
 ✓ Risottos & more

DINE-IN, TAKEAWAY,  
 FUNCTIONS  
 & CATERING

Try our **SQUARE pizzas!**

# Little Italy

**Family Restaurant & Pizzeria**  
*A slice of Italy in the hills*

**1274 Whittlesea-Yea Road, Kinglake West**

**FULLY LICENSED**



**MONDAY NIGHT \$18 PARMA DEAL**  
 COMES WITH CHIPS, SALAD & CAN OF DRINK.  
 CHOICE OF: PLAIN, MEXICAN, HAWAIIAN



**CALL TO ORDER**  
**(03)5786 1828**

**OPENING HOURS**

MON 11:30AM - 7:30PM  
 TUE / WED CLOSED  
 THU 11:30AM - 7:30PM  
 FRI 11:30AM - 8:30PM  
 SAT 11:30AM - 8:30PM  
 SUN 11:30AM - 7:30PM

HOLIDAY HOURS MAY DIFFER

2/31 WHITTLESEA-KINGLAKE RD,  
 KINGLAKE

\*PRICES SUBJECT TO CHANGE WITHOUT NOTICE



EST. | 1906  
 28 Whittlesea-Kinglake Rd, Kinglake VIC 3763



*Come and discover why  
 the Kinglake Pub has  
 been welcoming locals  
 and travellers alike for  
 over a century - good  
 food, good company, and  
 good times await.*

(03) 5786 1230  
 WWW.KINGLAKEPUB.COM

BAR | BISTRO | FUNCTIONS | ACCOMMODATION

# Income Support Too Low to Live On

**A**s cost of living pressures ramp up, new research shows that the vast majority of people receiving income support payments agreeing it is not enough to live on.

The Australian Council of Social Services (ACOSS) said 9 in 10 people surveyed said that unemployment payments should be enough so people don't have to skip meals.

The research found that three in four (74%) people reject the idea that people on JobSeeker deserve to live in poverty, up from 59% in 2023.

Less than a quarter (23%) said they could live on JobSeeker, currently \$409 a week

Almost nine in ten (87%) agree unemployment payments should be enough that people don't have to skip meals

Three quarters (76%) of people agree the gap between the wealthy and people experiencing poverty is too great, and 68% agree incomes at the top are too high

Support for action crosses party lines, with 86% of Greens voters, and 68% of Labor and Liberal/National voters agreeing that people who receive unemployment payments do not deserve to live in poverty

"More people than ever are acutely aware of the level of financial distress in our communities. They are watching their neighbours, family members and friends being pushed to the brink by rising costs and support payments that are too low to live on", ACOSS CEO, Dr Cassandra Goldie said.

A majority of people surveyed believe poverty is driven by policy, not individual

choice. Three in five (60%) agreed that government policies have caused people in Australia to experience poverty, while almost four in five (79%) agree people experience poverty due to circumstances beyond their control.

While most providers of emergency relief are seeing an increase in demand, Mission Australia CEO, Sharon Callister, said that service was seeing the real impact of income support that falls short, with people skipping meals, medication, falling behind on rent and being pushed closer to homelessness.

The Smith Family CEO, Doug Taylor, said the families they support are certainly grappling with cost of living, with almost 90% saying rising petrol prices are forcing them to spend less on other things, like school essentials for their children.

## Check If You Are Owed a Refund On Your Insurance

**M**ore than 4.7 million Australians could be missing out on unclaimed junk insurance bonds worth thousands of dollars and don't realise they are able to make a claim.

The refunds date back to 2010 and follow the findings of the Royal Commission into Misconduct in the Banking, Superannuation and Financial Services Industry.

Complaints to the Australian Financial Complaints Authority have surged more than 1400% in recent years, yet only a fraction of the estimated 4.7 million Australians affected have come forward.

Insurance complaints rose by 1457% with 7,880 lodged with the Australian Financial Complaints Authority

One Victorian consumer recovered \$3,932 after discovering consumer credit insurance was attached to his personal loan

Consumers who have held loans or credit products in the past 16 years are encouraged to check their eligibility for refund.

The issue has already gained national attention, with some news outlets reporting cases where refunds reached into the tens — and in some instances hundreds — of thousands of dollars.

Data from the Australian Financial Complaints Authority shows awareness is increasing, with 7,880 complaints lodged in the last financial year — a 1457% increase since FY2021.

Claimo estimates around 4.7 million Australians were sold policies since 2010, but only a small fraction have come forward to claim refunds.

Companies like Claimo investigate historical loans and credit products on behalf of customers to identify potential refunds. The process typically operates on a no win, no fee basis, with fees applied only if a claim is successful.

Claimo Director, Nathan Mortlock, said many Australians are surprised by what they may be owed.

"With cost-of-living pressures continuing to mount, these unexpected refunds can act as a meaningful buffer - helping households cover rising expenses without taking on additional debt, Mr Mortlock said.

"Even if nothing is found, checking can give people peace of mind — but many are surprised by what they're owed".

Australians who have held loans or credit products in the past 16 years are encouraged to review whether they may have been affected.



Reach over 1,500 people each month. Advertise your business in the *Mountain Monthly* – a not-for-profit community-owned monthly magazine  
For advertising enquiries phone  
Neesha 0493 740 926



# Real help. Right now.

Many Victorians are feeling the cost of living.

That's why the Victorian Government is delivering real help, right now by **helping you save on fuel.**

Service stations must now lock in their maximum fuel prices for the next day, so you can compare before you fill up.

**Find your shortcut to cheaper fuel with Servo Saver on the Service Victoria App.**





# Opening up the housing market with more affordable homes

We're opening doors with more homes planned  
in the places you want to live, close to trains,  
trams and services.

Find out about reduced stamp duty on  
off-the-plan apartments and townhouses and the  
\$10,000 First Home Owner Grant for home buyers  
who are buying or building a new home.

Visit [vic.gov.au/openingdoors](https://vic.gov.au/openingdoors)

**Opening  
Doors**

Authorised by the Victorian Government, 1 Treasury Place, Melbourne

**VICTORIA**  
State  
Government

## On-going Sessions

### CLAY CLUB

Tuesdays 6.30 to 8.30pm  
casual attendance available, please book

### FIBRE FRIENDS

2<sup>nd</sup> & 4<sup>th</sup> Tuesdays 10am to 1.00pm

### LEADLIGHTING

Mondays 9.00 to 11.00am & 7.00 to 9.00pm  
current term is fully booked

### FOODSHARE

Wednesdays 1.00 to 3.00pm

### HEALTH ABILITY

Wednesday 17 June 12.00 to 4.00pm

### WEEKLY WALKING GROUP

Fridays 10.00am to 12.00pm

### TAI CHI

Thursdays 10.30 to 11.30am  
current term is fully booked

### NEW PARENTS

Mondays 2.00 to 4.00pm - MSC

### PEEP

Wednesdays 10.00 to 11.00am - all  
welcome

### PLAYGROUP

Thursdays 9.30 to 10.30am - all welcome

Check out our website and Facebook  
Page for regular updates on pop-up  
sessions and special events.

*Pop in and chat to our friendly  
staff. We'd love to have your  
feedback and ideas to better  
assist our community.*

Mon to Thurs, 9.00am to 4.00pm



Contact us for more information:  
03 5786 1301 | 0482 847 764



Enrol on-line at:  
[www.KRNH.org](http://www.KRNH.org)

## Kinglake Ranges Neighbourhood House

6 McMahons Road Kinglake



## Currently @ the House in June

### GET TO KNOW YOUR SMART PHONE, IPAD, TABLET OR COMPUTER

with Kristy

Saturdays 6, 13, 20 & 27 June, 2 to 5.00pm  
FREE & includes afternoon tea

### BASIC SEWING with Chrissy

31 May & 7 June, 9.30am to 12.30pm  
\$10 per session & includes refreshments

### CLAY ANIMALS with Julie

Sunday 7 June, 10.00am to 3.00pm  
\$10 (subsidised) includes clay & firing. BYO lunch

### WILDLIFE INFORMATION SESSION with Kim

Sunday 7 June, 1.00 to 2.30pm  
\$5.00 donation towards helping wildlife care

### MENS HEALTH with Allan

Wednesday 10 June, 7.30 to 9.00pm  
FREE & includes refreshments

### ECO PRINTING with Gay

Saturday 13 June, 9.30am to 12.30pm  
\$65.00 includes materials for a silk scarf

### MOSAICS with Julie

Saturday & Sunday 13 & 14 June, 1.00 to 4.00pm  
\$10 (subsidised) includes some materials

### PREPARING FOR FUNERALS AND CREMATIONS

with Michael from Michael Hall Funerals  
FREE, please register your interest

### CUSTOM HAT BURNING WORKSHOP

with Stack of Art

Saturday 20 June, 10am-12pm  
\$150.00 Includes hat and other materials

### OPEN ART SESSION with Kinglake Regional Arts

Sunday 21 June, 1.00 to 4.00pm  
FREE with optional Introduction to wet felting

### CROCHET FOR BEGINNERS with Chrissy

Sunday 28 June, 9.30am to 12.30pm  
\$10 & includes refreshments and instructions



# Inner Wheel of Kinglake Ranges

**The cold breath of winter is breathing though our tall trees. Clouds are resting on the mountain and valleys, surrounding, comforting us in our dreams.**

Home fires are now starting to glow red with warmth, comfort and a sense of closeness for the family to enjoy. Winter is settling in.

Inner Wheel Club of Kinglake Ranges was proud to host a Friendship Day lunch in honour of A61 District Chairman, Carol Harvey, a charter member for Kinglake Ranges Club.

Club Members from Bundoora, Boronia, Wandin and our club members enjoyed a time of catching up on friendships, a fun time of movie charades and sharing a tasty meal provided by the Kinglake Pub.

Our club members proudly helped out at the last Kinglake ANZAC dawn service. Our ladies served tea and coffee. On request a tippie

of rum was added. A very moving event was held at St Peter's Church. This year it was a clear night sky with the stars watching in acknowledgement.

Our New club flag, generously made possible from a Inner Wheel Australia grant, has now had a few debuts. It will be on show at every Kinglake Rotary Market, highly visible, showing where our club members will be cooking up a storm (BBQ). Please drop by for a chat and tasty Sausage. Kinglake Rotary Market is held on the 4th Sunday of the month.

Our club Members are a group of women volunteers who are passionate about serving our community and enjoy a bonus friendship.

Meetings are held on the first Tuesday of the month. Always a chair available for new members. For more inquiries Please contact us: Either by the Inner Wheel Australia website or Email us : [iiw.au.kinglakeranges@gmail.com](mailto:iiw.au.kinglakeranges@gmail.com)



# Lions Club of Kinglake



We had a beautiful day for our annual ANZAC Day commemoration service. We would like to thank all those who helped, attended and participated. Thank you to Karen for the music and songs, Kinglake Historical Society for the address, Scouts for the flag duties, Yea High School students for the readings, and Kinglake West Primary for the book donation. Wreaths were laid by many groups including government and schools and individuals.

*Ken Aitken*

## Vale James (Jim) Sidwell

A long-time member of the Kinglake community James built his house on Glenburn Road by felling the trees and Adzing all the main timbers of his mud brick house. James loved the simple life and had a fantastic manicured garden of which he was very proud. James joined the Lions Club in 1995 after attending Bingo with his wife, Lorraine, for a few years. James died in early May after a short illness aged 89.



## Karisa Support Services provides

Karisa currently has the capacity to welcome new clients



### 24hr Clinical Support

Karisa Supports provides 24-hour backup nursing assistance, showcasing our dedication to a safe and nurturing environment.

### Team Care Approach

We are committed to being a key team member, collaborating with allied health to ensure recommendations are followed and a comprehensive approach is achieved.

### Supports we Provide

Karisa supports provides complex care, personal care, community access, Nursing, domestic assistance

### Your Goals Your Life Your Way

At Karisa, we collaborate with you to achieve your goals, empowering you to live your best life.

## WE CARE ABOUT YOUR JOURNEY

We believe that the clients journey is essential to the support we offer; having an outstanding experience leads to the best possible outcomes.

admin@karisasupportservices.com.au 0493 254 930

## RADSKILL IMAGING GROUP



## NOW AT 2 LOCATIONS FOR YOUR CONVENIENCE KILMORE & WHITTLESEA

*The well-being of our clients is our priority*

Radiologist on site • All referrals accepted • Walk ins welcomed

### Our services include: **MRI coming soon to Kilmore**

- All general, dental and chiropractic X-rays.
- All general ultrasounds, pregnancy ultrasound, MSK (musculoskeletal ultrasound) and doppler ultrasound (leg arteries).
- CT scans both contrast and non contrast of any body part.
- CT angiogram with guarantee report within hours.
- Bone densitometry for osteoporosis screening.
- Cortisone joint injections.



www.radskillimaging.com.au | E: info@radskillimaging.com.au

**KILMORE MEDICAL IMAGING**  
Phone 5781 0033 | Fax 5781 0044  
107 Powlett Street, Kilmore  
Open Monday – Friday 9am – 5pm

**WHITTLESEA MEDICAL IMAGING**  
Phone 9716 0278 | Fax 9716 0273  
2-3/81 Church Street, Whittlesea  
Open Monday – Friday 9am – 6pm  
Saturday 10am – 4pm



## KINGLAKE CHINESE MEDICINE

### & NATURAL HEALTH CENTRE

You will find us just behind the United Service Station  
1 Robertson Rd Kinglake

Introducing Elle Green  
Reflexology, Flower  
Essences, Reiki  
& Ally Payne Energy Healing  
and regular Women's  
Recalibration Circles

**Dr Angela Palmer** TCM B.ApSc B.TCM AHPRA reg.

5786 1889 [www.kinglakechinesemedicine.com.au](http://www.kinglakechinesemedicine.com.au)

• Work cover Approved/Private Health Fund Approved



## KINGLAKE PHARMACY

3/1 VICTORIA RD, KINGLAKE  
P 5786 1109  
F 5786 1049



MONDAY - FRIDAY 9AM - 5:30PM  
SATURDAY 9AM - 12:30PM

# What is plantar heel pain?

## Why it happens and what to do next

By Sam Heyfron

**If your heel is sore first thing in the morning, or it bites when you stand up after sitting, you're not alone. Plantar heel pain (often labelled 'plantar fasciitis') is one of the most common foot complaints we see, and it can be stubborn when you're not sure what to change.**

The good news: for many people, symptoms improve with the right mix of load management, strengthening, and a clear plan. Below is an evidence-informed overview of what causes plantar heel pain, how it's diagnosed, and the treatment options that tend to help most.

### What is plantar heel pain?

Plantar heel pain usually refers to pain on the underside of the heel, often closer to the inside edge. It's commonly linked with irritation of the plantar fascia (a strong band of tissue that supports the arch) and/or the nearby tissues that help manage load through the foot.

A common myth is that a 'heel spur' is the problem. Spurs can show up on scans in people with and without pain, so they don't automatically explain symptoms.

### What causes it?

Plantar heel pain is usually a 'too much, too soon' story.

It often flares when the tissues under the heel are asked to handle more load than they're currently conditioned for, such as:

- A sudden increase in walking, running, or standing time
- A change in footwear (less support or a big change in heel height)
- Returning to activity after a break
- More time on hard surfaces
- Reduced calf/ankle flexibility or strength
- Higher overall training load, stress, or poor recovery

It's rarely one single cause. Most people have a few contributing factors that add up.

### How is heel pain diagnosed?

You don't need an imaging to get started.

A physiotherapist or podiatrist can usually diagnose plantar heel pain based on:

- Your story (when it hurts, what makes it worse or better)
- The exact location of pain
- A physical assessment of foot/ankle mobility, calf strength, walking mechanics, and load tolerance

### When imaging might be useful

Imaging is sometimes used if symptoms aren't improving as expected, or if your presentation suggests another cause of pain.

### Important: not all heel pain is the same

Heel pain can also come from other structures (including nerve irritation or different tissue sources). That's why an assessment matters, especially if your symptoms don't match the "classic" pattern.

### Active treatments (what tends to help most)

You need a clear plan to reduce pain and rebuild capacity so you can get back to walking, work, sport, and life with confidence.

Active treatments focus on helping the tissue tolerate load again. Common building blocks include:

- **Load management:** adjusting walking/running/standing so you're not constantly re-irritating the area
- **Strengthening:** building foot and calf strength to improve how load is shared – this will be dependent on your assessment

- **Progressive return to activity:** a step-by-step increase in what your heel can handle

- **Footwear changes:** choosing shoes that reduce irritation while you rebuild capacity

- **Stretching (as needed):** often plantar fascia-specific and calf stretches – this will be dependent on your ass

The key is progression. Doing 'a few stretches' without a plan can be frustrating. Doing too much too soon can keep it flared.

### Passive treatments (what can support the plan)

Passive options can be helpful for symptom relief, especially early on, but they usually work best when paired with active rehab.

Depending on your presentation, these may include:

- **Taping** (short-term support and pain reduction)
- **Orthoses/insoles** (to reduce strain while you build strength) – this will be based on your assessment
- **Shockwave therapy (ESWT)** (commonly used for persistent plantar heel pain)
- **Dry needling** (in selected cases, based

on your assessment)

- **Injections or surgery** (typically later options, and only when appropriate)

A good plan is individualised. What's right for a runner isn't always right for someone who stands all day at work.

If your symptoms are mild to moderate, these steps are often a sensible starting point:

1. **Reduce the biggest aggravator** for now (usually long walks, running, or lots of standing on hard floors).
2. **Wear supportive footwear** at home and out (avoid barefoot on hard surfaces if it's clearly worse).
3. **Start gentle stretching** for the feet (your physio can match this to your pain level and stage) and maybe calf – dependent on your assessment
4. **Track your response** the next morning. Morning pain is a useful guide for whether you did too much the day before.

If you've had symptoms for a while, or you've tried these steps without progress, it's worth getting assessed so you're not guessing.

### When to seek professional help

It's time to book in if:

- Pain is not improving after a couple of weeks of sensible changes
- You're limping, avoiding activity, or it's affecting work/sleep
- Symptoms keep flaring as soon as you increase activity
- You're unsure whether it's plantar heel pain or something else

At Whittlesea Physiotherapy & Clinical Pilates, we'll look at the full picture (foot, calf, strength, mobility, walking/running loads, and footwear) and build a step-by-step plan that fits your body and your life.

If you're struggling with persistent heel pain, then a physiotherapy assessment and tailored rehab plan is the right next step. Book online or call our team on 03 9716 2250.

If someone you care about is dealing with heel pain, feel free to pass this on—getting the right guidance early can make the next steps much clearer.

Helpful resource: MY HEEL PAIN - Home



## Finding Your Feet in a Fast-Moving World

**A**t the end of a long day, many people feel it in their feet first - the quiet ache of standing, walking and carrying the weight of everything the day has asked of them.

Our feet take thousands of steps every day through work, responsibilities and constant movement, yet they are often the most overlooked part of the body. Reflexology offers a chance to pause and give something back to them and in doing so, to the whole of you.

This ancient therapy is based on the idea that the feet contain a map of the entire body. By applying focused pressure to specific reflex points, practitioners stimulate nerve pathways that correspond to organs and systems throughout the body, encouraging a deep sense of relaxation and balance.

### What Happens During a Reflexology Session?

During a session, gentle but deliberate pressure is applied to reflex points on the feet that correspond with different areas of the body. As the practitioner works through these points, the body often shifts from the sympathetic 'fight-or-flight' response into the parasympathetic nervous system - sometimes referred to as the body's rest-and-repair mode.

#### This shift can help:

- Reduce stress hormones such as cortisol
- Activate the vagus nerve, supporting relaxation
- Improve circulation and lymphatic flow
- Release muscular tension
- Encourage slower breathing and calm

Many people describe the experience as deeply grounding - as though the body has finally been given permission to slow down.

#### Why People Return to Reflexology

Modern life places constant pressure



on the nervous system. Over time, prolonged stress can contribute to fatigue, headaches, poor sleep and digestive discomfort. Reflexology offers a gentle way to interrupt that cycle and support the body's natural ability to restore balance.

Clients commonly report that they feel less stress and anxiety, relief from tension headaches and migraines, improved sleep quality, less general muscle tension and improved digestion. Many also feel a greater sense of calm and clarity with reflexology becoming a regular ritual - a dedicated space to step out of the momentum of everyday life and reconnect with the body.

#### An Ancient Practice

Reflexology has roots stretching back thousands of years. A wall painting in the Tomb of Ankhmahor in Egypt (2330 BC) shows practitioners applying pressure to the hands and feet of seated individuals.

Similar ideas later appeared in Traditional

Chinese Medicine, where physicians understood that vital energy, known as qi, flows through pathways in the body and can be influenced through points on the feet.

Today, reflexology bridges these ancient traditions with modern understanding of the nervous system.

#### A Holistic Approach

Reflexology is one of several gentle therapies I offer alongside Reiki and Australian Bush Flower Essences, each supporting the body's natural ability to return to balance.

If you feel drawn to experience reflexology for yourself, my name is Elle Green and am excited to commence practicing at Kinglake Chinese Medicine so please call and book now. To learn more, visit [omniessence.com.au](http://omniessence.com.au).

Until Next time, Stay well

*Elle Green – Owner of Omni Essence for Kinglake Chinese Medicine*

**GOT PAIN? BOOK AN APPOINTMENT TODAY**

**0458 112 608**

[www.innovaosteopathy.com.au](http://www.innovaosteopathy.com.au)

LOCATED WITHIN HILLTOP FITNESS  
LEVEL 1, 33 JORGENSEN  
PDE, KINGLAKE WEST



**Innova Osteopathy**

Dr Nikola White BHSce / BAppSc (Osteopathy)

Samantha Heyfron B Physio, APAM  
Adam White B Physio, APAM  
Tanvi Tiwari B Physio, MSc MSK Rehab  
Luke McMurray B Physio, B Appsc, APAM  
Maighan Cann B Appsc, M Physio Prac  
Claire Barboosa B Physio  
Kosta Gessas BExSc, MPT  
Ruby Marques B Physio, APAM

**COMPLETE CONCUSSIONS**

**Whittlesea  
PHYSIOTHERAPY  
and Clinical Pilates**

73 Church Street, Whittlesea Victoria 3757  
☎ 03 9716 2250 Fax: 03 9716 2275  
[info@whittleseaphysiotherapy.com.au](mailto:info@whittleseaphysiotherapy.com.au)



**CARE FOR LIVING**  
Pty.Ltd.

We support the  
**ndis**

**We offer NDIS supports and services**

Our managers are available to assist with any queries at:

Adrian: 0402 095 585  
Sarah: 0419 116 217

admin@careforliving.com.au  
www.careforliving.com.au



**LOD**  
**Hair Studio**

Phone for appointment  
**Ph. 0404 092 927**

**52 Watsons Road, Pheasant Creek.**



**Impartial, independent advisors & analysts since 1964**

**Yarra Valley Valuations**  
Incorporating Geoffrey Pope & Associates

**Valuations for:**

- Family Settlements
- Before you Buy/Sell
- Mortgage and Refinancing
- House Insurance Valuations
- Rating and Taxation Dispute
- Capital Gains Tax / Stamp Duty
- Depreciation Schedules
- Probate and Estate Valuations

**Your post-fire property experts, Experience and knowledge!**

P.O. Box 121  
Seville 3139  
**Ph: 5961 9176**  
admin@yvv.com.au  
www.yvv.com.au



*Contact*  
**NEESH MARKETING SOLUTIONS**

Small business specialist in websites and social media

NEESHA SINCLAIR

www.neeshmarketingsolutions.com.au  
neeshmarketingsolutions@gmail.com

FOLLOW ME



**Staying in Place Whittlesea**

# Staying in Place Whittlesea

**Aged Care support designed around you in the place you call home**

**What We Offer**

- Guidance on Support at Home funding
- Personalised care planning and budgeting
- Access to local community-based support
- Focus on wellbeing, independence, and connection

**Why Choose Us?**

- Local support from people who know Whittlesea
- Flexible care built around you
- Strong community connections

**Your Support Options**

- HomeMade Community Partnerships– Local coordination
- Mable– Choose your workers
- Home & community supports

**Stay at home, your way**  
A Program of the Whittlesea Community House  
03 9716 3361 | stayinginplace@whittleseach.com.au





# ~~Driving hours for care~~ Care close to home

## Let's get better

Get the care you deserve with our **free women's health services** across the state. We're getting better, so you can too.  
**Learn more at [womenshealth.vic.gov.au](https://womenshealth.vic.gov.au)**



**Women's Health and  
Wellbeing Program**



UNITE FOR GOOD



June 3 Club Assembly

June 10 Youth Showcase Night

June 17 Guest Speaker Night

May 24 International Fairy Bread Day



YOUTH SHOWCASE NIGHT

STALLS & DISPLAYS

JUNE 10TH

BBQ TO START

6:15PM @ ELLIMATTA

- Hear about Rotary Opportunities including science experiences, leadership development, international exchange programs, sailing challenges, defensive driving & more.

- Launch of the **NEW Rotary Youth Community Challenge** for Grade 6 Students

- Learn more about the Player Development & Wellbeing Program from Kinglake Junior Football Club

- Get the scoop on upcoming youth opportunities & programs from Murrindindi Shire Council

BOOK YOUR FREE TICKETS >



### Vocational Visit - May

Our Club enjoyed a fantastic vocational visit to Kindred Hearth Bakehouse, followed by dinner at A Boy Named Sue - and what a night it was. Clare and Luke have taken on the original St Andrews Bakehouse and brought it to life with real care and dedication. From perfecting inherited recipes to working with the old oven, their passion for community and connection really shines through.

Then on to A Boy Named Sue, where Vicky and Dan are serving incredible food made from fresh, local ingredients — nothing frozen. From hand-cut chips to a curated wine list showcasing the Yarra Valley, Nillumbik and Kinglake regions, you can truly taste the difference. We paired dinner with a game of 'Herd Mentality', thanks to Tamara, and shared plenty of laughs along the way - Rotarians included! As Julie summed it up perfectly: the night was about great food, community pride, and discovering local gems we'll definitely be back to support Thank you for having us!



### ANZAC Day

An early start, but one that means so much. This ANZAC Day, we had the honour of serving the traditional gunfire breakfast BBQ following the Dawn Service at St Peter's in Kinglake Central. As the sun rose, we paused to reflect on the courage, sacrifice and legacy of our ANZACs. Then the BBQ fired up, and the smell of snags, bacon and eggs filled the air. It was a great morning of connection - chatting with you, our fellow locals, sharing stories, and enjoying that real sense of community that days like this bring. We were also lucky to be joined by some new members and to welcome back a few familiar faces we haven't seen in a while, which made it even more special. We were proud to set down two new metal soldiers alongside the memorial, to stand at their posts and watch over. **Thank you to Kinglake Men's Shed for mounting them for us!** A meaningful morning, a great team effort, and a reminder of why we do what we do. Lest we forget.



KINGLAKE MARKET  
EST. 2011

10AM - 2PM

BOOK A STALL!



### DATES FOR 2026

FEB 22 MAR 22 APR 26 MAY 24 JUN 28

JUL 26 AUG 23 SEP 27 OCT 25 NOV 22

DEC 20

WE'RE LOOKING FOR BUSKERS & VOLUNTEERS FOR PARKING FOR 2026

kinglakemarket@gmail.com

0457 481 980

Kinglake Community Centre - 1 Extons Rd. Kinglake Central

OUR JUNE GATES WILL BE GOING TOWARDS

GNARLY NEIGHBOURS

# Celebrating 100 Years of Community Legacy at the Kinglake Trust Reserve

**This year marks the centennial anniversary of Frank Thomson's generous gift of the Kinglake Trust Reserve land to the Kinglake community — a legacy that continues to support and strengthen community life today.**

Following the February 2009 bushfires, the Ellimatta Centre was constructed on the Kinglake Trust Reserve as part of the community's recovery and rebuilding journey. Rotary International, together with Rotary Districts across Victoria and Tasmania, funded the construction of the Centre, while the Kinglake community proudly contributed to the fit-out of the amenities.

From its opening in March 2011 until July 2019, the Ellimatta Centre became an important hub for youth recovery and development across the Kinglake Ranges. The Centre hosted a wide range of activities including concerts, art exhibitions, cooking programs, STEM (Science, Technology, Engineering and Mathematics) education, youth leadership programs, and school holiday activities. These programs played a valuable role in supporting young people, families, and the wider community during the bushfire recovery period.

Since the conclusion of the youth recovery programs, the Ellimatta Centre has continued to serve the community in many ways. The facility has supported:

- Temporary medical services during the renovation of the Kinglake Medical Centre
- Local church and faith-based gatherings
- Music rehearsals and performances
- Community art exhibitions and book launches
- Murrindindi Shire community networking events
- Family celebrations and special occasions

Today, the Kinglake Trust Reserve Committee continues to build on Frank Thomson's enduring vision by strengthening community participation and encouraging greater utilisation of the Reserve's valued facilities. In partnership with the Kinglake Pony Club and Kinglake Riders Club, the equestrian grounds provide an important hub for recreation, events, and community engagement, while the Ellimatta Centre offers a welcoming space for meetings, celebrations, training programs, and local activities. Through collaboration, inclusive community initiatives, and new



partnerships, the Committee is committed to creating vibrant opportunities for local groups, families, businesses, and volunteers to connect, celebrate community spirit, and contribute to the ongoing growth and sustainability of the Kinglake community.

## Our Commitment to the Community

The Kinglake Trust Reserve Committee is committed to:

- Honouring and upholding the spirit and vision of the Founding Trustees
- Encouraging community ownership, participation, and utilisation of the Reserve
- Supporting the interests of residents, families, community groups, and local businesses
- Seeking funding opportunities to maintain, improve, and enhance the Reserve and its facilities
- Promoting and strengthening volunteer involvement for future generations



## Creating New Opportunities for Community Use

The Committee recognises that the facilities at the Kinglake Trust Reserve, including the Ellimatta Centre, are currently underutilised and have significant potential to support greater community connection and activity.

The Committee is actively seeking to work with local organisations, businesses, schools, artists, performers, volunteers, and residents to develop new programs, events, and activities that will make the Reserve a vibrant and welcoming community hub.

The Ellimatta Centre is available to support a wide variety of activities, including:

- Fundraising and charity events
- Art exhibitions and creative workshops
- Musical performances and concerts
- Theatre productions and community performances
- Youth support and engagement programs
- Cooking and hospitality classes
- Dance and fitness classes
- Community meetings and networking events
- Educational workshops and training sessions
- Family celebrations and cultural events

To support these opportunities, the Kinglake Trust Reserve Committee has appointed Volunteer Events Coordinator, Ms Sharmila Saboo, to assist community members and organisations with planning and organising events at the Ellimatta Centre.

Interested in Hosting an Event or Activity?

Community members, local groups, businesses, and organisations are encouraged to contact Sharmila to discuss ideas and opportunities for using the Ellimatta Centre and the Kinglake Trust Reserve facilities.

Contact Details:

Sharmila Saboo – Volunteer Events Coordinator

Mobile: 0493 720 595

Email: [kinglaketrustreserveinc@gmail.com](mailto:kinglaketrustreserveinc@gmail.com)

Follow the Kinglake Trust Reserve Facebook page for upcoming events, community opportunities, and updates.

Together, we can continue Frank Thomson's legacy by ensuring the Kinglake Trust Reserve remains a thriving, inclusive, and valued community space for future generations.

# ANZAC Dawn Service Speech 2026



**Peter Thomas Joseph Crook**

**Presented by Middle Kinglake Primary School**

Today, we are honored to share the story of Peter Thomas Joseph Crook, a local resident of Kinglake who has organised the Kinglake Dawn Service for the past 18 years.

Peter is here with us this morning, and we are proud to share his experience during his time in the Navy. We would also like to thank former student, Curtis, who interviewed Peter last year and helped make this presentation possible.

Peter Thomas Joseph Crook was born in Kalorama, Victoria in 1941, and grew up during WW2 and post-war Australia. Peter describes chores as a child including picking up the rationing stamps for his mum, chopping wood for the stove and hand pumping water to the house tank.

In 1956, aged 15 and half, Peter boarded a steam train, at what is now Southern Cross Station, to start his

apprenticeship in the Navy. He and 49 other young men his age were the first group of Australian Navy apprentices. They spent the next four years training in NSW before starting their career at sea.

Peter was in the Royal Australian Navy (RAN) for 12 years, spending most of that time at sea or being ready to sail out. He was an Engine Room Artificer, which meant his job was to keep the ship and all its systems working. If the ship needed to move, it was Peter's job to make sure it could.

One thing that Peter said was really special about being in the navy was the connection a sailor has to their vessel. Peter's first ship, HMAS Quickmatch was a frigate and commissioned in 1942 during WW2 in the UK.

Peter is proud to know sailors who were there when it was commissioned, as well as those who were there when she was decommissioned in 1963. This ship, and all sailors who worked on her, had the honour of serving in many wartime engagements and contributed to the protection of Australia and the Commonwealth.

Over his career, Peter served on six vessels and was serving on a ship off Vietnam in the lead up to the Vietnam War. Peter also served on HMAS Melbourne, an aircraft carrier that was in use until 1982.

The biggest trouble Peter



found himself in during his time in the Navy was when he went AWOL to get married. Although he wasn't given permission, he chose to follow his heart. He often reflected that the life he built with his beloved wife, Wendy - who sadly passed away last year - was more than worth the trouble he faced.

Peter kept in touch with his family through letters and a small tape recorder. He would read children's books aloud and record parts of the stories for his children on half of the tape and then use the other half to record a personal message to Wendy.

Peter was promoted to the rank of Chief Petty Officer in 1965 and left the Navy in 1968.

Peter says that some of his strongest memories from his time in the Navy are the friendships he formed. He and the other men, who first met as young apprentices in 1956, are still in contact today and continue to hold regular reunions across Australia.

Peter was awarded the Order of Australia Medal in 2019 for his contribution to

the community, including recovery following Cyclone Tracy and the Black Saturday bushfires here in Kinglake.

We are honored to have Peter with us today, and we sincerely thank him for his service in the Navy, as well as for the many years he has dedicated to organising and leading our Kinglake Dawn Services.

*Thank you!*

**We'd like to thank Peter for his efforts in resurrecting the ANZAC Day Service and running it, pretty much single handedly, for the past 17 years.**

**Peter did everything from organising community groups, running around setting up lighting, using his own lights and power leads, and MCing the event. Peter is now in his 80s and there is a whole new team taking over from him. We don't know how he did it for so long, but being a Navy man I'm sure he'll still be around to recite the Naval hymn come the next ANZAC Day.**

*ANZAC Day Committee*



**Kinglake Riders Club**

Kinglake Riders rallies are held on the 4th Saturday each month at the club grounds at the Kinglake Trust Reserve, Kinglake.

**PRESIDENT:** LINDA DICKSON [lindadickson@live.com.au](mailto:lindadickson@live.com.au) 0419 620 231

**VICE PRESIDENT:** PAT EVERINGTON [paeverington@bigpond.com](mailto:paeverington@bigpond.com) PH 0409 663 943

**SECRETARY:** KRISTY DEMBY [ccdemy@hotmail.com](mailto:ccdemy@hotmail.com) 0409 768 900



**MOUNTAIN RANGES  
VET CLINIC**

HOURS	
Sunday	Closed
Mon, Tues & Wed	9am-6pm
Thursday	9am-7pm
Friday	9am-6pm
Saturday	9am-12pm

**Dr Kate Murray BVSc**  
**5786 1777**

Shop 1/31 Whittlesea-Kinglake Road, Kinglake 3763



# Kinglake LANDCARE

## WINTER

Kinglake district is the traditional land of the Taungurung and Wurundjeri people of the Kulin Nation which is in Waring or Wombat season until July. Shorter days, longer nights, misty mornings, and cooler.

One of the joys this time of year is the Common Heath *Epacris impressa* which adds splashes of colour to the roadsides in Autumn and especially Winter (see photo). It would be appreciated that when managing roadsides that authorities and landowners try to protect these beautiful indigenous specimens of the State Floral Emblem.

## COMING UP

National Tree Day in July. Other activities will be advised by email or on our website.

## ACTIVITIES JUST GONE OR CONTINUING

As reported in detail recently, Kinglake Landcare Group (KLG) is an integral part of Upper Goulburn Landcare Network's Fencers Without Boundaries which is working with affected landcarers on rehabilitation of natural assets in the fire affected area of Upper Goulburn. Tasks include restoration of fencing for control of stock and protection of crops and the regeneration of their local trees, shrubs, grasses, and ground flora essential for fodder, habitat, shade, windbreaks, stopping soil erosion etc.

Photo shown is from the celebration held at Strath Creek in late April to mark the formal handover from Benalla Uniting Church Emergency Fencing Team to UGLN of their extensive fencing equipment and vehicles. UGLN is also currently working with others to provide assistance with updated post fire landscape restoration information.

UGLN is still actively seeking volunteers and donations to assist landowners impacted by the 2026 Longwood Fires in the Murrindindi and surrounding shires and is calling out for skilled and unskilled



volunteers to assist. For more information contact Chris Cobern on 0413 855 490 or by email [ugln.projects@ugln.net](mailto:ugln.projects@ugln.net)

As well as KLG assistance to Kinglake's three primary schools for National Tree Day, other school visits to Kinglake also continue through the Kinglake Historical Society particularly for high school students seeking information on bushfire emergency recovery. Landcare members assist with their ecological knowledge of the district and as primary source bushfire survivors.

## GET OUR FREE BOOKLET

'Caring for Your Patch' covering backyard garden design, food growing, plant selection, weed and pest animal management and more available locally.

## MEMBERSHIP BENEFITS

Interested? You can contact our website [kinglakelandcare.org](http://kinglakelandcare.org) for membership details or be added to our free 'friends' mailing list for notification of events.

*Roger Cook, President  
Kinglake Landcare Group*

## Next meeting

7.30pm Monday 21 September upstairs at Kinglake Memorial Reserve Hall. A spring welcome to all after the winter break.

## Next event

Sunday 26 July National Tree Day.

*Above: Uniting Church Emergency Fencing Team Alan Stafford to UGLN Vice President Richard Evans*

*Below: State floral emblem Epacris impressa (Common Heath)*





**W**ith the weather cooling down now for a while, the next couple of months gives us some reprieve after the business of the warmer weather.

The late summer harvests have finished and autumn crops are nearing their time. Winter is a good time to prepare the vegie beds for spring and summer. Good preparation is invaluable. The winter weeds will be growing and good weed management is essential to limit a seed bank for the future.

The old saying "One year's weeds, seven years weeding" is very significant. Removing weeds also restricts insects as many thrive on weeds. Aphids are a good example, feeding off the broadleaf types.

If, by now, you haven't been able to prune your stone fruits, leave them be as it is too late to do so now. Stone fruits will be budding and blossoms will be appearing this month into the next. Leaving them be will help reduce infections from open cuts. Take care to prune them next year after fruiting, which will be late summer into autumn.

### Composting

There are various methods of composting and my preferred method, which suits me, is using the bin method. It helps reduce the impact of rodents and being sealed, allows the heat to build up to break down the material. The worms will find their way easily and help break down the mix. This is still cold composting and I allow 9 months for the material to break down.

The other methods that may suit you are

- Tumbler method. This is a large barrel that needs turning everyday. You put in your kitchen waste and green garden waste plus dry waste like shredded newspaper or dry leaves. The downside is that you have to turn it every day, it is difficult to have worms in this mix unless you put some in and even then they may not be happy if they are being treated like they are in a washing machine! Consequently the microbial content will be limited and the nutrient level not as rich.

- Open compost method. This has been used effectively. The worms can get easy access and break down the material.

The downside is that it will need to be covered and hessian is effective but when it rains heavily here, then added layers are needed to keep the mixture from becoming soggy and nutrients being washed out.

- The bin method. This is another method but there are styles of bins which have vents at the base for easy access rather than going through the top. I have found



that the vents can be problematic as liquids will escape through these vents and the matter can be prone to drying out too much. The sealed bins prevent this.

### Aerating the compost

This is very important because the last thing you want is anaerobic compost, which is a toxic mess. To avoid this, you need to turn the compost over regularly. If you opt for the tumbler style then you are turning the material with each tumble. If you opt for the open style then you will need to turn the material over as it could well become compacted and anaerobic.

This is usually done with a fork and getting down to the lower layers can be a problem. With the bin method, using a fork is not very practical, however it is



possible to bring oxygen down to the base with a simple method using a pipe.

The pipe is the length of the height of the bin from ground to just under the lid. Several holes need to be drilled around up the pipe from its base. You can then layer the wet and dry material around the pipe and keep on until the bin is full. Then the compost can be left to break down and the worms will travel around breaking everything down. These holes will bring air down to the base and help aerate the compost without the need to fork over the mix.

Composting this way is different from worm farming. The worms for a worm farm need to be introduced whereas for composts placed on the ground, the worms will find their way into the compost.

Compost worms are earth worms and worm farm worms are known generally as fishing bait, that are small, red and very wriggly. Worm farming uses kitchen waste but as the farm is smaller than the usual compost methods, smaller amounts of waste need to be measured. With earth worm composting, I use whatever was once alive and have had no problems



even using used oil from the frying pan. With worm farming I would use vegetable scraps, minimal citrus and onion, fruit scraps and nothing else.

Worm farms produce excellent juice for watering in dilute form onto any garden bed. Earthworm compost produces nutrient rich soils that can be incorporated onto all types of garden beds.

**Useful tip:** using your compost matter will make a very good tea for plants. If you have a slightly open weave bag, pantihose or some small netting material, fill with compost from your heap including some of the worm castings and suspend this into a plastic garbage bin. Fill with water and wait for a couple of weeks before using. This can be watered onto plants and soils to build up microbes and nutrients. ➤

## Jobs to do this month:

- Many perennials will have finished their flowering. They will benefit with a good trim and if the clumps are getting too much, divide and replant or give away so others can enjoy them too.
- Apples and pears will need to be pruned early this month as it will be too late after this time. If you aren't able to do so then leave them be for next year's pruning.
- Roses can be cut back and given a good dose of manure. This is also a good time to plant bare rooted roses.
- Another fruit that needs a late pruning done this month are the autumn fruiting raspberries. They can be cut down to the lowest node. Unlike the summer fruiting types which need only the fruiting canes cut down, leaving the non-fruiting ones available for next season's fruit.
- Blueberries need a trim to thin out the

centre and prune to tidy up.

- Tidy up the vegie garden beds. Lightly fork over the soil and add a handful of garden lime to each. It is a good time to plant out seedlings of cabbage and broccoli as they should be ready before the white cabbage butterfly appears late October.
- Set aside some vegie beds to grow a green manure crop over this season. Most green manures will grow enough to be dug in before they set seed and be ready for spring planting. This helps to enrich the soil for the next lot of vegies. If you are intending to grow leafy vegies such as lettuces, silverbeet and Asian greens, plant a crop of broad beans now. The beans will take some time to form but the plant will lock in nitrogen which leafy veggies need. Simply dig in the plants when they are a metre high leaving the roots, which have white nodules that hold nitrogen for

availability.

- If you have ordered bare root fruit trees or other types, prepare the area they will be planted in ready for their arrival next month.
- The cold wet weather gives us a good opportunity to clean our garden tools. They need to be oiled and sharpened. The wooden handles of tools can be oiled with linseed which keeps them in good condition.

A word about mulching and fertilising...

Even though the weather is wet, mulching around plants helps to insulate their roots and gives protection from the cold. Plants also benefit with fertilizer. During these colder months it is best to dilute by half rather than give full strength. As growth will be slower now, plant intake is reduced.

Enjoy your time in the garden this month  
*Alex*

## Tap into valuable soil moisture data this season

**Being able to tap into real-time soil water data in the region is invaluable for farmers and subscribing to Agriculture Victoria's Soil Moisture Monitoring Cropping Report e-newsletter can be a valuable tool.**

The report summarises data from underground probes at 20 monitoring sites across the state's cropping regions as part of Agriculture Victoria's Soil Moisture Monitoring (SMM) project.

Agriculture Victoria Seasonal Risk Agronomist, Dale Boyd, says the newsletter aims to be both informative and educational about seasonal rain events and how far they have soaked down into the soil profile.

The newsletter describes what is happening at each reference point and provides resources to learn more about understanding the deep soil moisture probe graphs.

"For example, after the large volume of rain in March, you could ask 'what was the deepest sensor to react to the rain?', Mr Boyd said

Where feasible Mr Boyd validates the sensor findings in the paddock with coring tubes and says it's promising to see moisture still evident in the profile.

The sites record soil water content at one source point from 30 centimetres (cm) down to 1 metre as a reference point for a paddock.

Some key findings noted in the current report include:

- Summer weed control remains critical to conserving soil moisture
- Cropping regions north of the divide are showing improvement due to March rainfall increasing stored soil water.
- Several grain growing areas still have

deep soil moisture deficits following a dry summer.

- Regions with decile 9 March rainfall are showing strong recovery and soil profiles that are at least half full receiving more than 100mm of rain during March.
- Districts that received rainfall greater than 150mm (decile 10 or highest on record) are more than 75% full and many have deep moisture that is 100%

Read the latest copy of the Soil Moisture Monitor e-newsletter on the Agriculture Victoria website at <https://agriculture.vic.gov.au/support-and-resources/newsletters/soil-moisture-monitoring-in-cropping-regions>

For drought support, including grants, technical advice and mental health services, visit [www.agriculture.vic.gov.au/drought](http://www.agriculture.vic.gov.au/drought) or call 136 186.

*Alowyn Gardens*  
OPEN 10AM-5PM EVERY DAY



Call & collect for a great range of nursery plants ~ 9730 2400

Explore 7 acres of gardens

Enjoy the Maple courtyard for great coffee

Browse through our extensive nursery

1210 Melba Highway, Yarra Glen  
[www.alowyngardens.com.au](http://www.alowyngardens.com.au)



KITCHENS BY  
**LEONARD**  
INTERIORS  
Leaders in Quality design and construction

Steve Leonard 0418 335 475  
[info@leonardinteriors.com.au](mailto:info@leonardinteriors.com.au)

**DIRECT TO THE TRADE**  
CUSTOM BUILT KITCHENS, VANITIES, LAUNDRIES & ROBES  
FULL SERVICE or FLATPACK  
**BUILDERS DISCOUNTS**  
[www.leonardinteriors.com.au](http://www.leonardinteriors.com.au)

# Support For Drought-affected Farmers

**Farmers are being encouraged to access free one-on-one consultations to help take stock and develop a tailored drought management plan for their farm business.**

Delivered by a panel of technical specialists, this Agriculture Victoria program builds farmers' capacity to manage drought conditions now and into the future.

Over 1000 farmers from across Victoria have accessed the service since it started in 2025, with over 200 consultations carried out.

Director Agriculture Services, Kate Linden, says farmers can choose the focus of the consultation session and nominate their preferred consultant from a list of specialists from across the state.

"All farm businesses are different and require personalised and tailored support, which is why we have made sure that our technical experts cover a wide range of drought management topics", she said.

"Specialists include farm business and financial advisers, livestock nutritionists, soil, water and pasture specialists and veterinarians".

Any farm business, anywhere in the state, can access 2 consultations, up to 3 hours each (face- to-face or online), followed by a check-in phone call.

Consultant, Paige Cross, from Cross Country Management has supported a range of farm businesses from across the state through the service, with a focus on business and financial planning.

"In our consultations we work alongside

farmers to map out potential scenarios, helping them to make confident, data-informed decisions for whatever might come next.

"It's about helping farmers feel supported, reduce decision fatigue, and make choices that set them up for a sustainable path forward," Ms Cross said.

This program is part of the Victorian Government's \$146.5 million drought support package.

Find out more about the Farm Advisory Service and register on the Agriculture Victoria website or by emailing drought.support@agriculture.vic.gov.au.

Find more information about available drought support visit [www.agriculture.vic.gov.au/drought](http://www.agriculture.vic.gov.au/drought) or call 136 186.

## ENVIRONMENT MATTERS

### Seagrasses

**A long shallow coastlines, with their lengthy or oval-shaped intense green leaves drifting back and forth in the water, lie meadows of marine angiosperms (flowering plants) known as seagrasses.**

Descendants of terrestrial grasses and strongly linked to the surface-dwelling lily and ginger plants, they possess the means to bloom, create pollen, develop fruits and seeds and undergo photosynthesis.

Seagrasses are sometimes mistaken as being seaweed however they differ due to the fact that they are composed of rhizomes (horizontal stems below the surface), shoots, connective tissues and leaves. Rhizomes are an integral part of seagrasses as they affix these plants and in turn, create a dense mat, absorb nourishment from liquid-form residue such as mud, silt or sand and stock pile carbohydrates. As a result of their vein structure, seagrasses have the capacity to move nutrients nearby to the plant that in turn enables this nourishing source to be absorbed from sediments that have better strengths than those in the adjacent water.

With their meadows full of vitality, seagrasses operate well as ecosystems and assist in a range of settings associated with marine life.

Many sea creatures depend upon these meadows for locale, diet and nursery areas, whether that be for small fish or crabs or larger aquatic species such as sea turtles. The detailed root structures of the seagrasses are often a source of retreat for young fish and other sea entities, providing a haven from harmful creatures and robust tides.

In terms of biodiversity, seagrasses allow for a number of fish, invertebrates and algae to be a part of their habitat. Within their meadows, they are able to offer shelter and diet to such creatures, providing much to the amount of wealth and intricacy of shore ecosystems in general.

Seagrasses are responsive to water quality and therefore are able



*Posidonia oceanica*. Image courtesy of Frédéric Ducarme, CC BY-SA 4.0 <<https://creativecommons.org/licenses/by-sa/4.0/>>, via Wikimedia Commons

to be used to determine the broad health of shore ecosystems. When undertaking photosynthesis, they work more beneficially when the water is transparent enough to permit sunlit light to enter. In addition, they are also classified as being natural filters due to their ability to capture sediments and take in nutrients from vertical sections of water. This process also leads to clearer water that therefore delivers a resource for marine vegetation such as corals and oyster beds to evolve.

In regard to climate change, seagrasses act similarly to terrestrial grasses. Through their action of photosynthesis, they are capable of obtaining and collecting atmospheric carbon dioxide. It is stored as organic matter, counteracting the amount of greenhouse gases that would otherwise be released into the air. Also, when sea levels are high, seagrasses have the capacity to grasp onto the shore's deposits and as a result, cause less erosion from happening.

As a consequence, for seagrasses to thrive, we must ensure that stability is key so that they can continue to perform their role with marine life and coastal populations.

Priya Mohandoss



SCIENCEWORKS



# Colour

See the world in a new light

Step into a vibrant, hands-on world of colour, illusion and perception with 21 playful exhibits that explore how colour is created, changed and understood.

New exhibition  
Scienceworks  
Now open



# Kinglake West Primary School



## 5/6 City Camp

In the first week back of term 2 the Year 5/6 students had an unforgettable experience at Melbourne City Camp.

Our adventure began with catching the train from Wallan to Southern Cross Station. Students explored the rich history of Australia's servicemen and women at the Shrine of Remembrance, where they learned about the ANZACs and reflected on their sacrifices.

We certainly kept busy, walking more than 18,000 steps throughout the trip. A major highlight was visiting ACMI, where students learned about the evolution of the moving image, from early film technology to today's incredible special effects, animation, and gaming.

Another highlight was attending a performance of State Theatre to watch The Bookbinder.

Our visit to the SEA LIFE Melbourne Aquarium was fascinating, as students observed many magnificent creatures including sharks, jellyfish, and even a crocodile.

One of the favourites was the immersive 4D Happy Feet movie experience. The final highlight was the tour of the Melbourne Cricket Ground. Students were fascinated by the behind-the-scenes experience, especially the opportunity to walk out onto the field just like professional players do.

## Mother's Day Breakfast

We would be nothing without the wonderful mother's and women at West. They help out in our classrooms, run canteen, stalls and special events, volunteer for camps and excursions, complete home reading and pack lunches, among many (MANY) other things! To show appreciation, KWPS had a special morning for Mums and special women in our lives.

There were beautiful flowers, braiding, pancakes, manicures and massages. Thank you to everyone who helped out on and in the lead up to all of our Mother's Day events. Mostly, thank you to our wonderful women at West – students and staff are all grateful to you for the central role you play in our lives and our school!



If you are interested in joining the Kinglake West PS school community, tours are available by appointment. Please contact our school office for more information.





**KINGLAKE WEST PRIMARY SCHOOL**

## FOUNDATION 2027 ENROLMENT



**Enrolment for Foundation (Prep 2027) is to be completed via a secure online department portal.**

<https://students.educationapps.vic.gov.au/s/>



For more information, or a paper enrolment form, please contact the office  **5786 5262**



# Strathewen Primary School



**Term 1 ended with a bang (literally!) with our annual school egg drop event, which was attended by all families.**

The Easter bonnets were nothing short of spectacular! There was lots of games, activities and competitions that were enjoyed by our students and their families, ending with the engineering feat that was the dropping of raw eggs from a balcony. There were so many clever contraptions that protected the eggs and saw them land in one piece, and also some egg-sellent efforts that didn't quite pay off. We had lots of laughs and it was a fitting finale to the term.

We've had a busy start to Term 2, with special ANZAC Day commemorations and a Year 3-6 Sports Gala Day, all among the daily teaching and learning programs that contribute to the growth and development of our wonderful students.

Our school has enjoyed a relationship with Villers-Bretonneux, France, since 2009 after they contacted the Victorian Government to offer help in the aftermath of Black Saturday. A donation of a life-sized large chess set was gratefully received and installed in a courtyard at the school, where it continues to take pride of place.

In the years that have followed, our Year 6 students have attended an annual special ceremony at the Shrine of Remembrance the day before ANZAC Day, to show our respect for the men and women who served. This year, the children were

accompanied by School Principal, Ms Jane Hayward, and teacher Mrs Maree Galvin. The day began with a wreath-laying moment at the Hurstbridge Memorial, before heading off to the city via the train.

We had a tour of the Shrine, followed by attendance at a solemn service to commemorate the battle of Villers-Bretonneux. This included speeches and a reading, as well as wreath-laying, when we produced our own offering. A very special and moving day was had by all and the children returned home with a deepened appreciation and respect.

Back at school, we held our own ANZAC Day ceremony, led by our Year 5 and 6 students, supported by our Year 4 student who was in charge of raising

the Australian flag at the appropriate moment. All students and staff attended the ceremony as well as some parents and grandparents. Emotions were high as we talked of the sacrifices made and what this has meant for the Australian generations that have followed.

Just as our Interschool Sport Program is about to commence for our senior students, the Year 3-6 Sports Gala event was held at St Andrews Primary School and attended by students from Kinglake and Arthurs Creek Primary Schools, as well as ourselves.

Games of basketball, rounders and Capture the Flag were coordinated and run by students from Diamond Valley College, who did a stellar job of engaging the students and teaching them some new skills. The light rain did not dampen our enthusiasm! Several of our students were given special awards based on their sportsmanship and their willingness to get out of their comfort zone. I was extremely proud of the manner in which they conducted themselves. Thank you to the St Andrews crew for the yummy sausage sizzle that ended the morning before we headed back to school.

Finally, planning was underway for Strathewen Primary School's Open Morning in May.

If you didn't make it on that date, we are happy to organise an alternative day and/or time to take prospective families on a personalised tour. Please call the school on 9714 8278 or email us at [Strathewen.ps@education.vic.gov.au](mailto:ps@education.vic.gov.au) to register your attendance at the Open Morning or to arrange another day/time. We would love to meet you!

*Jane McLeod, Acting Principal*



## Middle Kinglake Primary School



ANZAC Day



District Cross Country team

**T**erm 2 has started smoothly and is jam packed with exciting events and opportunities. Our annual ANZAC Day service was another huge success with students researching and presenting the moving service.

Everyone commented on the respect and responsiveness that all MKPS students show for this significant historical event. Congratulations also to Ben and Olivia who represented MKPS at the Dawn Service and to Maddisyn and Eliza who sang at the Lions Club service.

Our Grade 5/6 students are currently involved in a project with the Arts Centre. The program involves a number of Playwrights visiting the students here at school over four 2 hour visits.

The students form groups and each are directed and assisted through fabulous workshops, to craft their own Radio Plays. The fourth visit involves some recording experts from the

Arts Centre, attending school and recording each group.

The students help add sound effects for each scene. Then back at the Arts Centre, musicians add music to create an atmosphere to suit each recording. The recordings are then uploaded onto a platform for us to listen to. After that there is a special set up at the Arts Centre during the winter holidays, where the public can press a button and hear the plays.

We participated in this program a number of years ago and the feedback was that it was one of the most worthwhile programs we've been involved in. We are very lucky to have been offered the workshops again.

It is always great to celebrate our mums, grandmas, aunts and special friends for Mother's Day. It was great to have a huge crowd enjoying classroom activities and a High Tea in honour of their special day.

At MKPS we have an



Education Support staff



Mother's Day

outstanding team of Education Support staff. They work in classrooms, provide additional assistance and supervision, come up with great ideas, run our Outside School Care Program, help out around the grounds, fix leaking taps, organise our bike program, answer the phone, pay the bills, do firstaid.... and much much more! We'd be lost without them! ES Day gave us a chance to celebrate them and give thanks for their amazing work. Thank you Michael, Felicity, Remi, Steph, Bec and Jasmine!

Colder weather is Cross Country weather. We held our House Cross Country with a focus on participation and fun. Students ran well, demonstrating persistence and encouragement for others. A team of 10 represented MKPS at the District Cross Country.

Enrolments for 2027 are

now open. We encourage new families to come and check out what MKPS has to offer. Our staff work hard to provide an engaging and individualised Literacy and Numeracy curriculum plus many specialist curriculum subjects including Art, Music, Library, Social & Emotional Learning, Auslan, Health & PE and STEM. We have a huge focus on Sustainability, including the Stephanie Alexander Kitchen Garden Program. Students are involved in gardening, cooking and learning about environmental issues. If you would like more information about our fabulous school, please don't hesitate to contact us. Call us to schedule a personalised tour. Check out our website <https://www.mkps.vic.edu.au> or 'like' our Facebook page for up to date happenings.

*Meagan Callander, Principal*

# Kinglake Primary School



**The school cross country was a fantastic day filled with energy, teamwork, and school spirit. Students had a great time running alongside their friends and classmates in their grade levels, encouraging each other throughout the event.**

Many students proudly dressed up in their house colours, creating a bright and exciting atmosphere across the course. It was wonderful to see everyone participating, showing determination, and having fun while supporting their houses and celebrating



the day together.

Our junior students from Foundation to Grade 2 are exploring the fascinating Yellow-bellied Glider as part of their Inquiry learning this term.

Through hands-on investigations and nature-based learning, students are discovering how these incredible native animals live, move, and survive within Australian bushland habitats.

We are especially fortunate to have an outdoor classroom set among a beautiful bush setting, providing students

with an authentic connection to the environment they are studying.

High in the trees surrounding our learning space, nesting boxes have been installed to support local wildlife, giving students a unique opportunity to learn about conservation and the importance of protecting native species in their natural habitat.

We were delighted to welcome Cindy McLeish, our local Member of Parliament, to our school to present

leadership badges to student leaders.

This special occasion recognised the important role our leaders play within the school community and celebrated their commitment to responsibility, teamwork, and positive role modelling. Students proudly received their badges in front of their peers, staff, and families, marking the beginning of an exciting year of leadership opportunities.



# Kinglake Football / Netball



## Football

### Seniors Rounds 1–4 Summary

The opening four rounds have been a challenging start for Kinglake, with Dave Florance's senior side yet to record a win with injuries and unavailability contributing to the slow start to the season.

Despite this, the effort and resilience within the group have remained strong, with Captain Mason McAllister leading superbly through this tough period.

A major positive has been the exposure of new talent, with Under 19s Eli Best, Sam Charles, Tom McCumber, Willem Morrison, Ryder Gresham, Riley Greenhorn and Liam Parkinson making their senior debuts, alongside senior debutants Dylan Cunningham and Harry Hobbs. Recruits Liam Lucas, Braydon Hardstaff, Jesse Nelson and Dean Limbach have also played their first senior games for the club.

With exciting young players joining a strong core led by Wil Graf and Dylan Hoysted, the foundations are in place and the club remains confident results will follow.

### Reserves – First 4 Rounds Summary

Under new coach Gary Cutler, the reserves have faced a challenging start to the season across the opening four rounds. With several new faces joining the squad alongside the regular core group, the team has been working to build cohesion and

consistency.

While results early on haven't gone their way, there are clear signs of progress each week as combinations begin to develop and players better understand their roles within the side.

The effort and commitment have been strong, and the group continues to improve with each game.

As the team continues to gel under Cutler's guidance, confidence is growing that their hard work will soon translate into results.

### Under 19s – First 4 Rounds Review

The club is thrilled to field an Under 19s side in the NFNL for the very first time, marking an exciting step forward for the future of the club.

Under the guidance of coach Darren McCumber, the team has shown strong development across the opening four rounds. With a fresh group coming together, the week-to-week improvement has been clear, as players continue to build confidence, structure, and understanding of the game plan.

Although the side is yet to record its first win, there are plenty of encouraging signs. Several players have already taken the next step and made their senior debut, highlighting the quality and potential within the group.

With continued growth and commitment, it looks only a matter of time before the Under 19s are rewarded



## Netball

### KINGLAKE NETBALL – 2026 SEASON UPDATE

Kinglake Football Netball Club is excited to have entered the 2026 main season with five netball teams following a successful summer competition and strong 2025 winter season.

Kinglake Netball has welcomed many new and returning faces to the club, including past players Kelsey Smith and Karsha Trowbridge returning to the green and gold after time away from the game.

#### KINGLAKE 1

Kinglake 1 welcomed new faces Bridie Cantwell and Lauren Howlett while retaining the majority of their 2025 premierships squad. Led by Head Coach Latoya Wards and premierships captain, Nakita Meade, the side stepped up into Premier Division 2 for 2026. After four rounds, the Lakers sit inside the top four with strong wins over Montmorency 1 and Greensborough 1.

The side has shown they are more than capable at the

higher level, only narrowly falling to 2025 runners-up Hume 1 and current ladder leaders North Heidelberg 3.

#### KINGLAKE 2

Led by coach Kathy Carden and captain Taryn Jennings, Kinglake 2 has combined experience with youth in 2026. Young local Arabella Bailey and sisters Mia and Ruby Llewellyn have been welcomed into the side, which has secured four wins from five games to sit third on the ladder in Division 6.

#### KINGLAKE 3

Kinglake 3 has a fresh new look with several new and returning players. Coached by Georgia Brander alongside captain Renee Wilson, the team has also welcomed local Larni Bullock for her first season with the Lakers. With three wins, one draw and one loss, Kinglake 3 currently sits second on the ladder in Division 7.

#### KINGLAKE 4

A youthful and developing side, Kinglake 4 is coached by up-and-coming coach Jonah Hazeldine and captained by Maggie Withers. The team

continues to improve each week and has shown great promise throughout the opening rounds. The Lakers have also welcomed local junior Lily De Lulio into the squad. After five rounds, Kinglake 4 sits sixth in Division 13 with one win, one draw and several close finishes.

#### KINGLAKE 5

Kinglake 5 was created following the continued growth of the club's netball program. The Lakers welcome coach Pam Floros and captain Jenny Shaw, who have brought together a great mix of youth and experience. The side has already shown they mean business, currently sitting third on the ladder in Division 15 with two wins from five games.

As the season progresses, Kinglake Netball is excited to continue building both on and off the court and looks forward to seeing all teams continue to grow, compete and climb the ladder throughout 2026

The Kinglake Football Netball Club would like to sincerely thank Laura Caine for the incredible support she has provided to our club and wider community over the past 14 years in her role as Neighbourhood House Engagement Officer.

Laura has always been someone our club could count on. Time and time again, she



went above and beyond to support both the Kinglake Football Netball Club and the broader Kinglake community. From assisting with police checks and grant applications to helping coordinate grief counselling and wellbeing support through the KRNH Be Well Program, Laura consistently offered guidance, compassion and practical support wherever it was needed most.

Her kindness, generosity and willingness to help have made a genuine difference to so many people, both on and off the field. Laura's contribution over the years has been truly valued, and her support has played an important role in helping our club and community continue to grow, connect and thrive.



On behalf of everyone at the club, thank you, Laura, for everything you have done. We are incredibly grateful and wish you all the very best for the future.

Plenty happening around

the club with Thursday night dinners back, and the season only underway!

Make sure you're following our Facebook and Instagram pages to stay up to date with all the upcoming events.



**Whittlesea**  
**HARDWARE**  
TIMBER & BUILDING SUPPLIES

# TIMBER

- ✓ ROOF TRUSSES
- ✓ HOUSE LOTS
- ✓ TREATED PINE
- ✓ DECKING (ALL TYPES)

## FIREWOOD

# 4M<sup>3</sup> FOR \$880

Includes Delivery!

\* Excludes Yarra Glen, Healesville, Yea and Alexandra \*

ph: 9716 2226

www.whittleseahardware.com

Get the right stuff ✓



# Kinglake Junior Football



**We are now well into the season, and there has been plenty of activity across the club.**

Our first four rounds were played at home ahead of the scheduled oval resurfacing works, which are set to commence this month. We have been fortunate with the weather, enjoying sunny conditions for most games despite the onset of cooler temperatures.

Our player development program officially commenced on 12 May, and we have already delivered two highly successful sessions, with strong participation and engagement from our players.

The Under 9 team has begun to find great cohesion, showing strong improvement each week. While their Round 2 match was unfortunately abandoned due to lightning, they bounced back impressively to secure their first win on Mother's Day, with several players scoring their first goals. Congratulations to recent award winners Toby, Charlie, Lucas and Murphy.

The Under 10 team has demonstrated outstanding effort against strong opposition, often in challenging weather conditions. Their confidence continues to build each week as they develop into a well-connected team. Congratulations to recent award winners Will, Carter, Chris, Dougie, Cade, Jaeger, Eden and Emily.

The Under 12 team opened the season with an excellent Round 1 win. While they have faced some challenges since, their consistent effort and determination each week highlight the strong potential within

this group. Congratulations to recent award winners Ben, Jack, Matilda and Jackson.

The Under 14 team has recorded some impressive wins against quality opposition. Their commitment, effort and determination continue to stand out each week. Congratulations to recent award winners Campbell, Marcus, Dusty and Will.

Although the Under 16 team is yet to secure a win this season, their improvement has been outstanding. Frequently playing under strength against strong opposition, this group continues to demonstrate resilience, intent and determination. There are many positives to take from their recent performances, and their development as a team is clear. Congratulations to recent award winners Ethan, Seth, Luca, Nate, Loch and Tayin.

A reminder that our Round 7 home games will be played at Windy Hill on Sunday 14 June. This will be a fantastic opportunity for our players to experience playing on a premier ground and promises to be an exciting day for players, families and supporters.

Finally, don't forget to enter our raffle. Every \$5 ticket helps provide a free Thursday meal for a player. With over \$290,000 in prizes to be won, including three Toyota vehicles, it's a great initiative to support. Be sure to scan the QR code below to enter. Our 2026 club hoodies are also now available for purchase via the QR code below.



Go Lakers!  
 F: @Kinglakejuniorfootballclub  
 W: www.kinglakejfc.org.au  
 E: kinglakejfc@gmail.com  
 Auskick enquiries:  
 Rebecca - 0423 629 241  
 www.kinglakejfc.org.au

# Church Services

## CHURCH KINGLAKE

### St Peter's Memorial Church

Chr Bald Spur/Whittlesea-Kinglake Rds, Kinglake

Sunday service: 10:30am

Instagram @church.kinglake

W: [www.churchkinglake.org](http://www.churchkinglake.org)

E: [michelle@churchkinglake.org](mailto:michelle@churchkinglake.org)

## ANGLICAN CHURCH

### St Peter's Memorial Church:

Cnr Bald Spur/Whittlesea-Kinglake Rds, Kinglake (Mel 250,B4)

St Peters Memorial Church

Sunday service: 8.30 am

Minister: Rev'd Dr Walter Firth 0439 447 395

(03) 9716 2042

### Christ Church, Whittlesea

5-9 Wallan Rd, Whittlesea (Mel 246E9)

Sunday service: 10.30am Communion

Minister: Rev'd Dr Walter Firth 0439447395

03 9716 2042

[Walter.firth@gmail.com](mailto:Walter.firth@gmail.com)

Weddings and baptisms by appointment

## CAMPFIRE HOME CHURCH – KINGLAKE

Monthly fellowship and meal

2nd Sunday of the month from 5pm.

Prayer and fellowship every Wednesday -9pm.

ALL WELCOME – Ring Mark (0408867775) for details.

## NEW HORIZONS

28 Forest Street, Whittlesea

Website: [www.nhchurch.com.au](http://www.nhchurch.com.au)

Administrator: 9716 3057 / 0408 127 043

## ST MARY'S CATHOLIC CHURCH KINGLAKE AT CHRIST THE LIGHT PARISH

128 Main Road, Kinglake

Sunday Mass: 8:30am

Parish Priest: Fr Hien Vu

Office: St Mary's Primary School,

2-20 Fir Street Whittlesea

For all enquires for Baptisms, reconciliation, First Communion or Confirmation,

Please call the office:

Phone: 9412 8493 or Mobile: 0448 101 401

Office hours: Tuesday-Friday, 9am-4pm

Email: [merndawhittlesea@cam.org.au](mailto:merndawhittlesea@cam.org.au)

Website: [www.christthelightparish.org.au](http://www.christthelightparish.org.au)

## WHITTLESEA PRESBYTERIAN

Weekly services, including Sunday School

10.30am, 7 Lime St. Whittlesea

Enquiries: A. Johnson 9407 1797

Sunday School: Adele 9715 1198, Diane 5783 1658

ADVERTISEMENT

# Cindy McLeish MP State Member for Eildon

*Your local voice for  
Murrindindi Shire  
and the Kinglake Ranges*



## Contact Cindy

Shop 10, 38-40 Bell Street, Yarra Glen

PO Box 128, Yarra Glen VIC 3775

03 9730 1066

[Cindy.McLeish@parliament.vic.gov.au](mailto:Cindy.McLeish@parliament.vic.gov.au)

[www.CindyMcLeish.com.au](http://www.CindyMcLeish.com.au)

Authorised by Cindy McLeish MP, Shop 10, 38-40 Bell Street, Yarra Glen.  
Funded from Parliament Electorate Office & Communications Budget.

# Hall's Funeral Services



An Australian owned and operated family  
Funeral business that understands the needs  
of people at a time of grief.

Offering a wide range of services including  
pre-arranged and prepaid funerals.



Phone: 9438 5416

24 Hours a Day, 7 Days a Week

• 15 Station Street, Diamond Creek

• 50 Church Street, Whittlesea

[www.hallsfunerals.com.au](http://www.hallsfunerals.com.au)



**FAIR DINKUM BUILDS**  
Sheds & More  
DIAMOND VALLEY

diamondvalley@fdbuilds.com.au  
0432 511 024



**Sheds . Garages . Patios . Carports . Storage . Commercial Sheds**

- At Fair Dinkum Builds, we don't do gimmicks, just quality sheds and a hassle-free experience.
- From start to finish, we can handle everything so you don't have to.
- No shortcuts. No runaround. Just a solid, stress-free build with real value at every step.



**WEBSITE**




**ALL ABOUT LEISURE PTY LTD**  
Your Local Caravan & RV Repairs

**Our Services Include:**


- ✓ Caravan & RV Repairs and Services
- ✓ Accredited Insurance Repairer
- ✓ Van Refurbishments & Modifications
- ✓ Licensed Anti - Sway Unit Installer
- ✓ All 12V & 240V Power Needs
- ✓ Solar Installations
- ✓ Hot Water Service Installations
- ✓ And So Much More!!

**Contact Us Today**

0417 364 549 10 Stotts Rd Wandong

info@allaboutleisure.com.au

**ACCENT ON TANK CLEANING**



*Have you had your water tank cleaned in the last 3 years?*  
**NO!**

**HAVE YOU CONSIDERED THE HEALTH RISKS TO YOUR FAMILY?**  
*The build up of sludge, decaying leaves, animals or animal matter, which if left may cause harmful bacteria, leading to salmonella, legionella or gastric problems.*

**Water Tank Cleaning, Vacuuming and Repair Service with minimal water loss.**

**HOWARD**  
**0407 684 910**  
CALL FOR A FREE QUOTE NOW

**ACTION FIREWOOD**



**REDGUM**

Call/Text Mitch  
**0448 583 861**

*Free delivery to the Kinglake area*

# Kinglake SES

**W**e are seeking the Community's help in trying to identify dates of when the Unit was first established. We hope there are still people around who may have recorded this event.

**Known facts**

Our first Controller was appointed on 1 July 1978 – (Stan Kisler)

A meeting was held in 1977 with the help of the Lions club to form a group due to a spate of serious accidents that had occurred - this is the Initial date we are trying to find.

The Kinglake Historical society have been able to supply some dates and times.

As you can see we are fast approaching what will be the units 50th Anniversary, and it would be great if we could obtain this missing information, or any pictures or articles (as per attached) from the early days. Please contact any of the people listed below if you can help.

The last 4 weeks have been relatively quiet for the unit with only 6 requests for assistance (RFAs)

- Road Accidents 4
- Landslide 1
- Assist police 1

We still encounter people on social media who don't know how to contact us in the case assistance is needed, please use the numbers listed here, and if possible spread the word to friends and neighbours.

**PLEASE REMEMBER IF YOU NEED OUR ASSISTANCE DIAL 132 500**

**IF IT IS AN EMERGENCY DIAL 000**

Training has continued with 5 members achieving their SWAHS (Safe Working at Heights) accreditation in late April, and a further 2 Members achieved their Trim & Crosscut accreditation as well during the month.

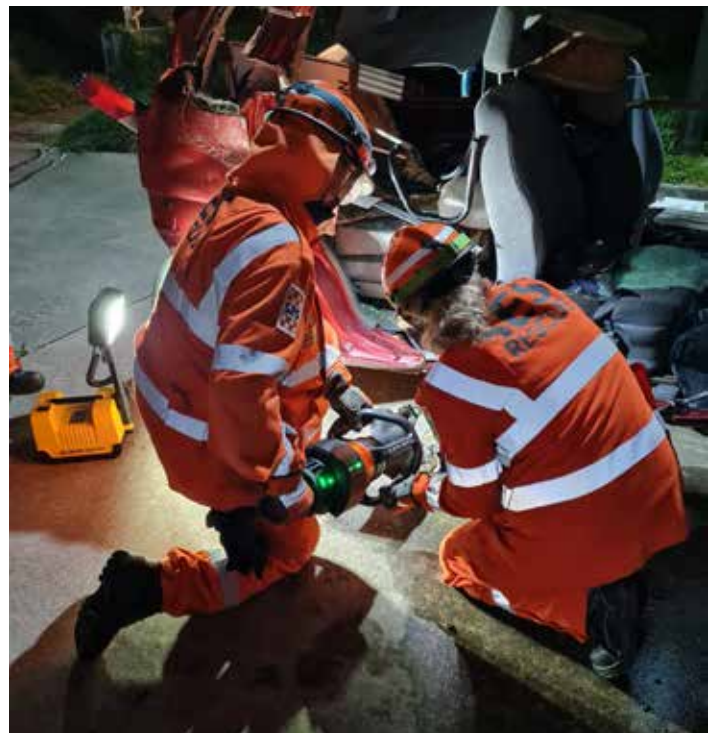
We were honoured to again attend the ANZAC day service run by the Lions club.

The exciting news for the unit was the delivery of the Holmatro Next Generation Pentheon battery powered rescue tools in late April. We have been busy using this equipment under training conditions and now we are ready for these to be installed on our Rescue Truck for operational use. We believe the use of these tools will definitely be an advantage at road accidents as we can immediately put them into action on arrival.

As we have quickly utilised vehicles in both the Road Crash Rescue accreditation and training with the new Holmatro tools we are now low on vehicles so if any community members are looking to dispose of a vehicle and they are willing to donate it to us, we can arrange to have the car collected - all we ask is that it is on wheels.

Again thank you to all of our community members who drop off bottles and cans, as this definitely helps raise funds for our unit.

If joining us is something that you are interested in then come down to the unit. We train every Monday night from 7.30pm to 9.30pm except public holidays. Juniors can start from 15 years old. Contact our Unit Controller Leanne Klammer 0428 110 773, Deputy Controllers Andrew Derwent 0419 581 520 or Wayne Leech 0407 400 465 and have a chat, you might find it a good way to meet people in our community and learn new skills at the same time.





## June 2026

### June is Murrindindi Business Month

Murrindindi Business Month is now underway, and there's still time to register and plan participation across the full program. Take part in a month long journey designed to strengthen capability, build confidence and support long term growth.

Our regular Business Brunch will also be held on Thursday, 18 June from 10.00 to 11.30 am at The Pavilion Bar & Grill, 956 Buxton-Marysville Road.

For the full program schedule, registration and resources, visit [murrindindi.vic.gov.au/mbm](http://murrindindi.vic.gov.au/mbm)

### LEAPing into Resilience Project survey

Council is inviting residents who participated in the LEAPing into Resilience Project to complete an online survey for a chance to win a \$50 gift card.

The survey is open from 1 May to 30 June 2026.

For details, visit [murrindindi.vic.gov.au/leapsurvey](http://murrindindi.vic.gov.au/leapsurvey)

### National Tree Day Events 2026

National Tree Day is Australia's largest tree planting and nature care event, bringing communities together to grow a greener future.

This year, locals can get involved through activities including the 'Love your Pollinators' webinar on 15 July, a community tree planting event in Alexandra on 26 July, and library programs like the Read, Learn and Win draw running until 31 July. With opportunities for all ages to learn, plant and connect with nature, it is a great chance to support local biodiversity and make a lasting environmental impact.

For details, visit [murrindindi.vic.gov.au/ntd26](http://murrindindi.vic.gov.au/ntd26)

### Kinglake Oval Upgrade works starting

Works on the redevelopment of the Kinglake Memorial Reserve oval will begin on 9 June, delivering major upgrades to the ground.

During the redevelopment, the second half of the season will be played at alternate venues. The community is encouraged to support the Kinglake Football Netball Club and Kinglake Junior Football Club. Fixtures and updates are available via the clubs' Facebook pages, websites and PlayHQ.

For details, visit [murrindindi.vic.gov.au/kloval](http://murrindindi.vic.gov.au/kloval)



### Shape Council's 2026/27 Budget

Council is inviting residents, businesses and community groups to have their say on the draft Annual Budget 2026/27, now open for consultation and feedback.

The draft Budget has been developed in the context of the January 2026 bushfires and ongoing recovery, alongside cost-of-living pressures affecting households and businesses across the community. It sets out a measured, responsible and stabilising approach to maintaining essential services, supporting recovery and protecting Council's long-term financial sustainability.

Community members can provide feedback on the draft Budget until 5.00 pm on Tuesday 2 June 2026.

For details, visit [murrindindi.vic.gov.au/budget27](http://murrindindi.vic.gov.au/budget27)

### Free Fire Waste Disposal Extension

Council welcomes the extension of the free bushfire recovery waste disposal program to 30 June 2026.

While the six-week extension is a positive step, Council will continue to advocate for a longer extension.

For details, visit [murrindindi.vic.gov.au/firewaste](http://murrindindi.vic.gov.au/firewaste)

### Volunteer Week 2026

National Volunteer Week may be over, but the impact of volunteers continues across our Shire every day. Thank you to everyone who recognised a volunteer, shared messages of appreciation, or explored ways to get involved.

Explore opportunities to volunteer through the Volunteer Hub at [theloop.murrindindi.vic.gov.au/volunteerhub](http://theloop.murrindindi.vic.gov.au/volunteerhub)

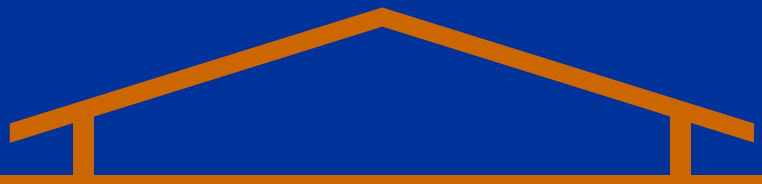
**Get in touch**  
5772 0333

[murrindindi.vic.gov.au/request](http://murrindindi.vic.gov.au/request)  
[customer@murrindindi.vic.gov.au](mailto:customer@murrindindi.vic.gov.au)

**Stay informed**

[murrindindi.vic.gov.au/news](http://murrindindi.vic.gov.au/news)  
Follow us on Facebook @murrindindishirecouncil

# Simply



# Timber & Roofing

"No problems, just solutions"

# 03 5743 0000

- General Hardware supplies • Roofing & Timber supplies
- Your Local Hardware Specialist'*

906 Whittlesea-Kinglake Road, Pheasant Creek

## BUSINESS & TRADES GUIDE


### AUTOMOTIVE



**Kinglake Exhaust Centre**  
*Specialising in Custom Systems*

**Harry Southall**  
**0417 363 762**

### AUTOMOTIVE



**PARKER'S**  
**AUTO PLUS**

*The one stop shop, for all of your automotive needs.*

Factory 2, 5 Laurel Street, (t) 9716 2010  
Whittlesea, VIC 3757 (f) 9716 2094  
e) [workshop@parkerautoplus.com.au](mailto:workshop@parkerautoplus.com.au)

- CARS ◦ TRUCKS ◦ TRAILERS ◦ MARINE ◦
- EARTHMOVING ◦ AGRICULTURE ◦

**SHOP LOCAL** **SUPPORT LOCAL BUSINESS**

Reach over 1,500 people each month. Advertise your business in the *Mountain Monthly* – a not-for-profit community-owned monthly magazine

For advertising enquiries phone  
**Neesha 0493 740 926**

## ADVERTISING



**KEEP IT LOCAL**

**SUPPORT LOCAL BUSINESSES**

By supporting our local businesses and communities we improve our local economy

## BIN HIRE

**Barber's Bin Hire & Recycling**

Walk in bins 6, 8, 12, 15 & 20 cubic metre bins  
Available 7 days a week



**Call George • 0409 677 687**  
Location – Arthurs Creek

## BUILDERS




**MATTADOR**  
BUILDING &  
CONSTRUCTION

**0400 357 408**  
*Builders of Quality*  
mattadorbuild@outlook.com



ABN 34616903667 ACN 616903667 • Registered Building Practitioner DB-U 45581 • MBAV REG NO 321759

## CARPENTRY



**VazBuilt**

- BUILDING MAINTENANCE
- RENOVATIONS
- PLASTERING
- TILING
- CARPENTRY

**VazBuilt**  
**0414 085 247**  
vazbuilt@icloud.com

## CONCRETING



**WHEELER & SONS CONSTRUCTION**  
WHEN QUALITY MATTERS

BUILDING • CONSTRUCTION • CONCRETING  
LANDSCAPING • RETAINING WALLS

RYAN 0421 435 766 | RYAN.NJWHEELER@GMAIL.COM

ABN 64629480316

## CONCRETING

**FLEETWOOD CONCRETING**

*If it's concrete you need, phone Mac!  
any style – any size*

- Driveways • Paths • Slabs • Foundations
- Steps • Crossovers
- Plain • Coloured • Stencil • Slate
- or • Exposed Aggregate

**All Excavations & Concrete Cutting Service**

**ph/fax 5965 2486 or 0418 534 973**

## EARTHWORKS

**J.R.'s EARTHWORKS**

ABN 43 652 481 089  
EMAIL: info@jrsearthworks.com.au  
WEB: www.jrsearthworks.com.au

**EARTHMOVING | MACHINERY | SUPPLIERS**


- House sites • Shed sites • Bobcat • Excavators
- Tank sites • Driveways • Truck & trailer
- Trenching /power /phone/water • Dozer • Grader
- Postholes 200mm to 600mm • Roller • Water truck
- Drainage • Landscaping • Tractor

**Damien 0418 506 130**

**FOR ALL YOUR EARTHWORKS REQUIREMENTS**

## ELECTRICAL SERVICES

NEW TECHNOLOGIES  
OLD-FASHIONED SERVICE **0448 810 715**



Electrical  
Solar and Batteries  
Data

**Kinglake Electrical Services**  
REC: 17901

## ENGINEERING SERVICES



**R D BURNS ENGINEERING**

MANUFACTURE | MAINTAIN | REPAIR

- WELDING OF STRUCTURAL STEEL, ALUMINIUM AND STAINLESS
- TRUCK & UTE TRAYS
- FULLY EQUIPPED WORKSHOP

IF YOU NEED ANYTHING MADE OUT OF METAL, YOU GIVE BOB A RING!

📞 BOB: 0428 300 357  
✉️ BURNSMOB56@BIGPOND.COM

On Site Welding Available

SERVICING THE KINGLAKE RANGES & BEYOND FOR OVER 30 YEARS

FOLD | BEND | CUT | MACHINE | TURN | MILL

## METAL / SCRAP

### SCRAP METAL BUYERS

- COPPER
- BRASS
- STAINLESS
- ELECTRIC MOTORS
- ALUMINIUM
- RADIATORS
- BATTERIES
- CABLES

**9467 5505**  
16 CLEMENTS AVE  
**BUNDOORA**  
MON - FRI 7.30AM-4.30PM



United Metal Recycling

## GAS SUPPLIES



**PHEASANT CREEK**  
GAS AND PROPERTY MAINTENANCE  
KINGLAKE

Your local gas supplier

Call Dan  
**0401 870 158**



**SUPAGAS**  
YES WE CAN!

APPROVED DEALER

This Supa Starter Pack ONLY AVAILABLE TO NEW CUSTOMERS **DOUBLE YOUR GAS!!**  
When you order 1 x 45kg gas bottle. Includes free delivery. Limited time only



Find us on Facebook | VISA | mypas

## METAL FABRICATION



**OEC**

CUSTOM FABRICATIONS

- CNC PLASMA CUTTING SERVICE
- MILD, STAINLESS, ALU. UP TO 12MM
- BATCH CUTTING OR ONE OFFS
- GENERAL METAL FABRICATION
- QUICK TURNAROUND
- FREE LOCAL DELIVERY
- KINGLAKE BASED



CRAIG – 0409575846 CUTTING@OEC.NET.AU

## GAS SUPPLIES



**Kinglake GAS**

For all your domestic gas requirements contact Barry

**5786 2197**  
kinglakegas@gmail.com

8.5kg BBQ gas bottles  
Home delivered

## PAINTER / DECORATOR



**ONTIME PAINTING AUSTRALIA**

**Interior & Exterior Painting & Decorating**

Dulux Accredited and Member of Master Painting Australia  
Over 25 years of experience, Workmanship Warranty, Public Liability

We believe the key to quality painting is good preparation for the best result. We are here to service all customers looking to have the best quality of job.



Please Call KJ  
**0402771175**  
E: info@ontimepaintingaustralia.com  
www.ontimepaintingaustralia.com

## LANDSCAPING



**WHEELER & SONS CONSTRUCTION**  
WHEN QUALITY MATTERS

BUILDING • CONSTRUCTION • CONCRETING  
LANDSCAPING • RETAINING WALLS

RYAN 0421 435 766 | RYAN.NJWHEELER@GMAIL.COM

ABN 64629480316

## PAINTER / DECORATOR

*John Kyme*  
**Painter & Decorator**  
 Specialising in all forms of  
 Painting & Decorating  
 5780 2569 ah  
 0418 564 851



## PEST CONTROL



# HOME PEST SERVICES

**Rick Shaw 0488 004 882**

**KINGLAKE LOCAL**

**Pre-purchase Inspections  
 Termite Management & Eradication  
 Ants, Spiders, Cockroaches, Wasps  
 & Roof Rascals**

[www.homepestservices.com.au](http://www.homepestservices.com.au)

## PLASTERER

**PLASTERING**

- New Homes
- Extensions & Renovations
- Kitchen & Bathroom Renovations
- Specialising in Restorations

**LOCAL TRADIE**  
 Contact: Peter  
 5786 5591 or  
 0417 558 727  
**PDL BUILDING & MAINTENANCE**

## PLUMBING SERVICES

**Mountain Range Plumbing**

Kinglake Area  
 Free Quotes  
 All work guaranteed  
**0418 506 130**  
 Damien

**15 YEARS EXPERIENCE  
 SPECIALIZING IN**

- Treatment Plants • Septic Systems
- Grey Water Systems • Sewers & Drainage
- Fire Services • Water Tank Installation • General Plumbing
- Domestic & Commercial

email: [info@mountainrangeplumbing.com.au](mailto:info@mountainrangeplumbing.com.au)  
[www.mountainrangeplumbing.com.au](http://www.mountainrangeplumbing.com.au)

## PLUMBING SERVICES

**Call James  
 0405 263 224**

**Licensed to Plumb**  
 Servicing all local areas  
 Over 20 years experience  
 Happy to assist with all your plumbing needs  
*Local, happy plumber  
 providing the local community with good honest  
 plumbing at local rates*

## PLUMBING SERVICES

**IRELANDS PLUMBING**  
Licence No. 52096

For all your domestic water and waste water needs

- Plumbing and Maintenance
- Water Tanks and Filtration
- Irrigation Systems
- Treatment Plants and Septics

[IRELANDSPLUMBING.COM](http://IRELANDSPLUMBING.COM)  
**0447 710 631**  
 Find us on facebook

## PLUMBING SERVICES

**KINGLAKE PLUMBING & DRAINAGE**

- New Homes
- Septic Tanks
- Gas Works
- Sewer Jet
- Treatment Plants
- Sewerage Maintenance
- Rainwater Tanks & Pumps
- CCTV

CALL OUR FRIENDLY STAFF TODAY FOR A FREE QUOTE

Office: 5786 1498 M: 0400 806 095  
 E: [accounts@kinglakeplumbing.com.au](mailto:accounts@kinglakeplumbing.com.au)  
 W: [www.kinglakeplumbing.com.au](http://www.kinglakeplumbing.com.au)

**ROOFING**

**CB  
ROOFING**

For all your  
roof plumbing  
needs call  
Caelan  
**0403 555 279**

Reach over 1.5 thousand  
people each month  
Advertise your business in our  
NEW trades & business section

**SEPTIC TANK SERVICES**

**SEPTIC SERVICES**

Specialising in

- Septic Tank, Treatment Plant Cleaning
- Commercial & Domestic Grease Trap removal
- Water Tank Cleaning

EPA Accredited

**Call Jeff 0421 764 072**

**SEPTIC TANK SERVICES**

Specialising in septic tank, treatment plant, grease trap, portable toilet cleaning and waste removal.

☎ 0418 303 761  
✉ gcsepticcleaning@gmail.com  
📍 Servicing the Yarra Valley and surrounding areas. 24/7 call-outs available.

**WATER SUPPLIES**

**Mt Robertson  
SPRING WATER**

Kinglake Central  
Filtered Spring Water  
Domestic Water Cartage  
Fully Licensed  
David and Karin  
**0457 681 992**

**TREE SERVICES**

**UNLIMITED  
TREE SERVICES**

Aaron Thomas      Neil Roberts  
www.unlimbitedtreeservices.com.au

- Trees Trimmed/Removed
- Stump Removal
- Chipper/Mulcher Service
- Fully Insured

For a free quote please call  
0407 804 472 or 0419 506 739  
Fax 5797 2641

**WATER BORES**

**WATER BORES BY**

**North West Drilling**

No nonsense, straight forward advice!  
Local business established 35 years plus

Call Graham Brennan  
**Office 9436 1982 or 0409 362 289**  
email northwestdrilling@bigpond.com.au

# LOCAL BUSINESS DIRECTORY

Receive a FREE Local Business listing when you advertise with MM (normally \$19 per month)

## ACCOUNTANTS

ML Accounting Solutions 0438 778 303

## AGED CARE

TLC Sunlight Aged Care 0498 008 574

## APPLIANCE REPAIRS

Ray Appliance Repair & Service 0432 981 161

## AUTOMOTIVE (CAR / MOTORCYCLE)

Kinglake Exhaust Centre - Harry 0417 363 762

Kinglake Ranges Service & Repair 0418 515 506

Parkers Auto Plus 9716 2010

## BANKS

Bendigo Bank – Hurstbridge (03) 9718 0431

## BIN HIRE

Barbers Bin Hire 9714 8511 or 0409 677 687

## BUILDERS

Fair Dinkum Builds 0432 511 024

Leonard Interiors 0418 335 475

Mattador Building & Construction 0400 357 408

## CAFES, BAKERY, FOOD & RESTAURANTS/CATERING

Cappa Rossi's Cafe 5786 1783

Flowerdale Hotel 03 5780 1230

Kinglake Fish N Chippery 5786 1828

Kinglake Pub 5786 1230

Little Italy 5786 5216

Songbird Cafe & Larder 5786 1275

## CARAVANS & RV'S

All About Leisure 0417 364 549

## CARPENTRY

Vazbuilt 0414 085 247

## CONCRETE, STONE & BRICKLAYING SERVICES

Fleetwood Concreting 0418 534 973

Wheeler & Sons Construction 0421 435 766

## EARTHWORKS

Bulldozer Hire 0473 525 695

JR Earthworks Damien 0418 506 130

## ELECTRICIANS & DATA SPECIALISTS

Kinglake Electrical Services Jason 0448 810 715

## ENGINEERING, DESIGN & WELDING

R & D Burns Engineering 0428 300 357

## FINANCIAL SERVICES

NS Finance & Mortgages – Nicole 0412 169 035

## FIREWOOD

Action Firewood 0448 583 861

Spark It Up Firewood 0408 239 631

Whittlesea H Hardware (03) 9716 2226

## FUNERAL HOMES

Halls Funeral Services 9438 5416

## GARDEN SERVICES & SUPPLIES

Morgan's Fuel Reduction 0419 895 464

Pheasant Creek Gas and Property Maintenance

0401 870 158

## GAS SUPPLIES

Kinglake Gas Barry 5786 2197

Pheasant Creek Gas and Property Maintenance

0401 870 158

## GRAPHIC DESIGNER

Ann Friedel Publishing 0418 556 107

## HAIRDRESSER

L D Hair Studio 0404 092 927

## HARDWARE

Simply Timber & Roofing 03 5743 0000

Whittlesea H Hardware (03) 9716 2226

## HEALTH & WELLBEING

Chinese Medicine – Dr Angela Palmer 5786 1889

Innova Osteopathy 0458 112 608

Whittlesea Physiotherapy 9716 2250

## IT SERVICES

DEV3 (03) 9123 4215

## LANDSCAPING

Wheeler & Sons Construction 0421 435 766

## MEDICAL SERVICES

Omnia Community Health 03 5421 1666

Whittlesea Medical Imaging 9716 0278

## METAL FABRICATIONS

Outer Edge Creations – Custom Fabrications

0409 575 846

## NDIS SERVICE PROVIDER

Care for Living Adrian 0402 095 585

Sarah 0419 116 217

Karisa Support Services 0493 254 930

## NURSERY / GARDEN

Alowyn Gardens 9730 2400

## PAINTERS

John Kyme Painter & Decorator 0418 564 851

On Time Painting Australia 0402 771 175

## PEST CONTROL

Home Pest Services 0488 004 882

## PHARMACY

Kinglake Community Pharmacy 5786 1109

## PLASTERING

NCC Plastering 0435 842 859

PDL Plastering 0417 558 727 or 5786 5591

## PLUMBING & PUMP SERVICES/SALES

Irelands Plumbing 0447 710 631

Kinglake Plumbing & Drainage 0408 176 342

Licensed to Plumb 0405 263 224

Mountain Range Plumbing

Damien 0418 506 130

## POST OFFICE

Kinglake Post Office 5786 1209

## REAL ESTATE AGENTS

Integrity Real Estate 5786 2033

## ROOFING

CB Roofing 0403 555 279

## SCRAP METAL

United Metal Recycling 9467 5505

## SEPTIC SERVICES

GC Septic Tank Cleaning 0418 303 761

Septic Services 0421 764 072

Septic Tank Specialists (Kinglake) 0408 176 344

## SUPERMARKET

Kinglake FoodWorks 5763 6602

## TANK CLEANING

Accent On Tank Cleaning 0407 684 910

## TIMBER SUPPLIES

Simply Timber & Roofing 03 5743 0000

## TREE SERVICES

Morgan's Tree Services Pty Ltd 0419 895 464

Unlimbited Tree Services 0419 506 739

## VALUATIONS

Yarra Valley Valuations 5961 9176

## VETERINARY SERVICES

Mountain Ranges Vet Clinic 5786 1777

## WATER BORES

Northwest Drilling 0409 362 289 or 9436 1982

## WATER SUPPLIERS

Mt Robertson Spring Water  
0400 389 022 or 0457 681 992

## MURRINDINDI SHIRE COUNCIL

Customer Service &

General Enquiries (03) 5772 0333

Alexandra Library (03) 5772 0333

Yea Library (03) 5772 0333

Kinglake Library (03) 5772 0333

Mobile Library (03) 5772 0333

Operations Emergencies\* (03) 5772 0333

(eg collapsed bridge or trees over road)

Community Safety Emergencies\* (03) 5772 0333

(eg stock on roads or dog attacks)

**\*These numbers must only be used in the case of an emergency.** For further information on Council or opening hours of the Resource Recovery Centres please visit the website <https://www.murrindindi.vic.gov.au/Home>

# MOUNTAIN MONTHLY

## THE RANGES NEWS

[www.mountainmonthly.com.au](http://www.mountainmonthly.com.au)



Find us on Facebook and Instagram

# COMMUNITY & EMERGENCY CONTACT NUMBERS

## EMERGENCY SERVICES

Kinglake Police	5786 1333
CFA	000
Police	000
Ambulance	000
SES	13 25 00
Nexus Primary Health	1300 77 33 52
Kinglake Ranges Health Centre	
Whittlesea Medical Clinic	
Whittlesea	9716 2207
Dental 24 hr Emergency (Bundoora)	1800 233 684
Mountain Ranges Vet Clinic	5786 1777
Help for Wildlife	0477 555 611
Wildlife Victoria	1300 094 535
Local Laws	0419 572 425
AusNet Services - Power Failure	13 17 99

## CRISIS NUMBERS

Berry Street	5770 2200
Kids Helpline	1800 551 800
Lifeline 24hr	13 11 14
Breastfeeding Helpline 24hrs	1800 686 268
24hr Maternal & Child Health line	13 22 29
Poisons Information	13 11 26

## ALCOHOL AND DRUG SERVICES

Nexus Primary Health	1300 773 352
----------------------	--------------

## MENTAL HEALTH SERVICES

Mental Health Advice Line	1300 280 737
Crisis Assessment & Treatment Team	1300 859 789
Aged Psychiatric Assessment and Treatment	1300 369 005
Adult Mental Health Mon-Fri BH	5735 0333
Afterhours/Weekends/24hrs	1300 369 005
Child And Adolescent Mental Health	
Monday to Friday 9-5	5735 0300
Afterhours	1300 369 005
Mental Illness Fellowship	5735 2000
Goulburn Valley Health Mental Health Services	
Seymour	1300 369 005
Epping	1300 874 243
Heidelberg	1300 859 862

## HOUSING SERVICES

Office of Housing – (Seymour DHS)	5793 6400
Rural Housing Network	5735 2000
Pathways – homeless or at risk of becoming homeless	5735 2055
– Outreach Connections Program BH	0409 812 159
The Bridge – for people up to 25yrs	5799 1298
Nexus Primary Health	1300 773 352
Consumer Affairs – Tenancy advice	1300 558 181

## AGED AND DISABILITY SERVICES

Aged Care Assessment Service	5823 6000
Aged Psychiatric Assessment and Treatment	1300 369 005
National Dementia Helpline	1800 100 500
Carers' Respite and Information Service	1800 059 059
Community Interlink	1800 222 582
DHS – Disability Access and Response Team	1800 783 783
Regional Information and Advocacy Council	1800 221 944
Victorian Aids and Equipment Program	1300 747 937
Interchange	
– for children with disabilities	5735 4600
Nexus Primary Health	1300 773 352
– Rural Access Worker – Disability Case Management –	
Physiotherapy, OT, Speech, Dietetics, Continence Advice, Podiatry	
SCOPE	5799 0148
Deaf Access Victoria	1300 302 335
Vision Australia	5831 3555
Kinglake Carers' Support Group	5786 1232

## CHILD AND FAMILY SERVICES

DHS Child Protection	1800 650 227
After Hours	13 12 78
Foster Care – Berry Street Victoria	5799 0039
Family Day Care – Murrindindi Shire	1800 633 792
Permanent Care & Adoption – DHS	5832 1500
Specialist Children's Services – DHS	1800 783 783
Familycare	1800 663 107 or 5735 4600
Telephone Parenting Program	1800 880 660
Access & Support Worker	5774 2404

## FAMILY VIOLENCE

Nexus Primary Health	1300 773 352
Womens Domestic Violence Crisis Service	9322 3555 or 1800 015 188
Whittlesea Family Violence Unit, Mill Park Police	9407 3333

## COUNSELLING SERVICES

ATAPS (Access to allied and psychiatric services)	5734 8400
General Counselling	
– Yea Community Health	5736 0400
Familycare	1800 663 107
Nexus Primary Health	1300 773 352
– Women in Relationships, Financial Counselling, Gambling Counselling, trauma, family therapy, play therapy	
G.V Centre Against Sexual Assault	5831 2343
Men & Relationships Program	1800 663 107
Relationships Australia	1300 364 277
Catholic Care	5786 1016
Victims Support Agency	1300 362 739
Victims of Crime Helpline	1800 819 817
ACGB Australian Centre for Grief and Bereavement	9265 2111

## HEALTH SERVICES

Hurstbridge Medical Centre	9718 2611
FamilyCare	5735 6400
Yea Medical Centre	5736 0444
Yea & District Memorial Hospital	5736 0400
– Acute care, District nursing, Ultrasound, Pathology, Physiotherapy, Visiting specialists	
Nexus Primary Health (Kinglake Ranges Health Centre)	1300 77 33 52
– Dietitian, OT, Diabetes educator, Asthma educator, Counsellor, Support Worker, general practitioner, practice nurse	
Maternal and Child Health	5786 1337
Lower Hume Palliative Care	5735 8070

## COMMUNITY SUPPORT RESOURCES

Kinglake Neighbourhood House	5786 1301
Kinglake Ranges Men's Shed	0402 523 488
5 Oldfield Road, Kinglake West 5757	
email: kinglake-shed@outlook.com	
KRBN	5786 1976

## SCHOOLS

Kinglake PS	5786 1284
Middle Kinglake PS	5786 1295
Kinglake West PS	5786 5262
Flowerdale PS	5780 1264
Toolangi PS	5962 9255
Strathewen PS	9714 8278
Yea High	5797 2207
Whittlesea SC	9719 1200
Diamond Valley	9438 1411

## KINDERGARTENS/PLAYGROUPS

Kinglake Ranges Childrens Centre	5786 1352
Kinglake Playgroup	5786 1301
Flowerdale Kinder	5780 2816

## PUBLIC PLACES

Bollygum Park	5786 1426
Community Centre Bookings	5786 1522
Kinglake Library	5786 1522
Lions Tool Library	0414 555 544
Kinglake Trust Reserve – Ellimatta Centre	0493 720 595
Sports Stadium Bookings	5786 1522
Kinglake West Mechanics Institute	0435 414 110
PO Box 108, Pheasant Creek	3757
Football Clubrooms	5786 1580
National Park	13 19 63 <a href="http://www.parks.vic.gov.au">www.parks.vic.gov.au</a>
Flowerdale Community Hall	5780 2027
Flowerdale Community House	5780 2664

## PATIENT TRANSPORT

Red Cross Patient Transport Service	0419 872 230
Lower Hume Community Transport Scheme	5799 2965

## JUSTICES OF THE PEACE

K Stewart (Kinglake)	0419 347 581
----------------------	--------------

## RESOURCE RECOVERY CENTRE

TRANSFER STATION (KINGLAKE)  
CHARGES FOR MURRINDINDI RATEPAYERS

We recommend you check the website [www.murrindindindi.vic.gov.au](http://www.murrindindindi.vic.gov.au) for current charges

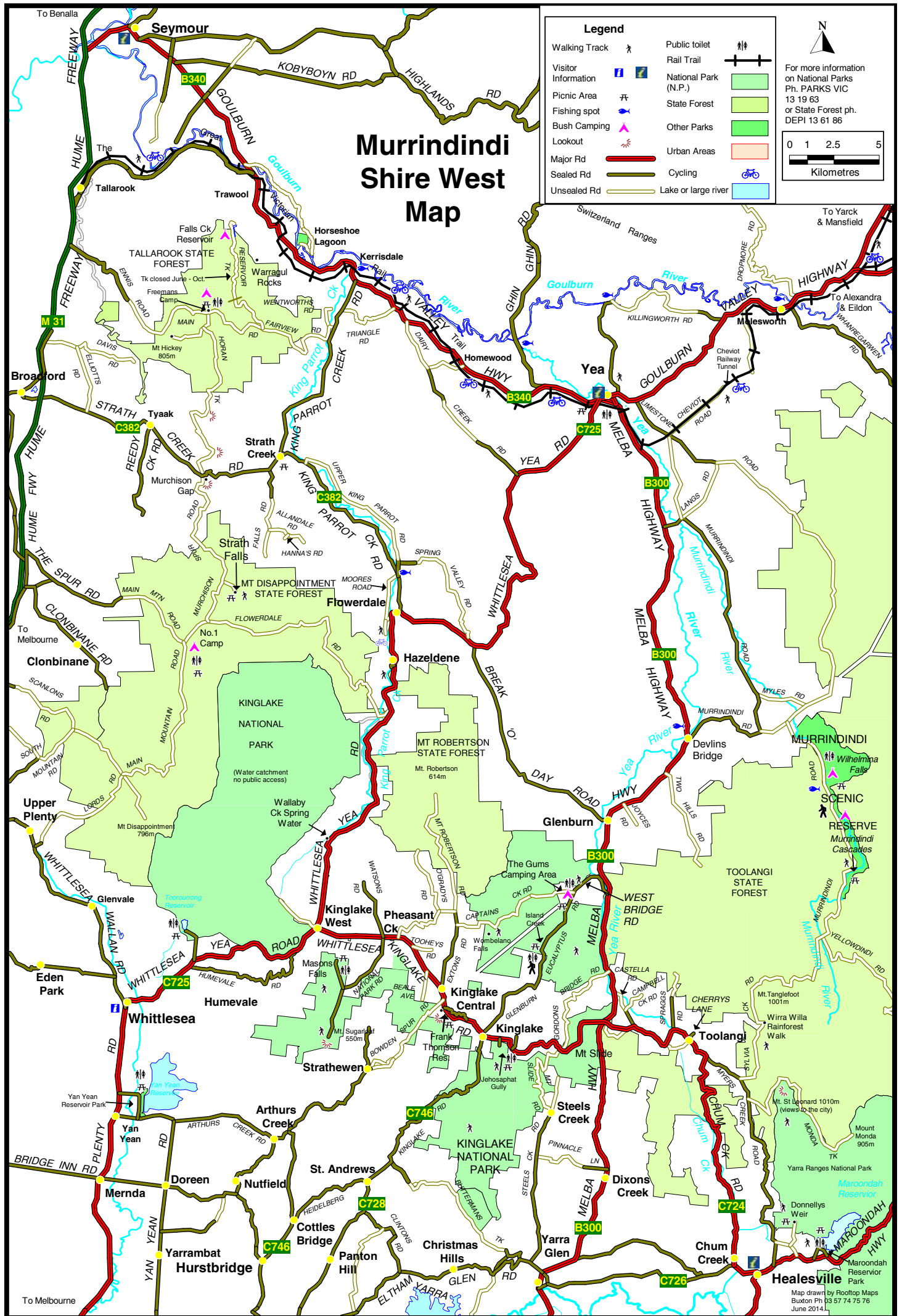
# Murrindindi Shire West Map

**Legend**

Walking Track	Public toilet	
Visitor Information	Rail Trail	
Picnic Area	National Park (N.P.)	
Fishing spot	State Forest	
Bush Camping	Other Parks	
Lookout	Urban Areas	
Major Rd	Cycling	
Sealed Rd	Lake or large river	
Unsealed Rd		

For more information on National Parks Ph. PARKS VIC 13 19 63 or State Forest ph. DEPI 13 61 86

0 1 2.5 5  
Kilometres



Map drawn by Rooftop Maps  
Buxton Ph 03 57 74 75 76  
June 2014



# Ready for more?

When you switch careers to Victoria Police, we'll invest in your development and make your career transition easy. Alongside a great starting salary, career progression and opportunities to specialise, you'll also benefit from nine weeks leave, and paid training, all while making real impact in your community every day.



**MADE  
FOR  
MORE**



# Integrity

Real Estate Yarra Valley



40 George Street, Kinglake 4 2 2,040 sqm



\$770,000 - \$840,000  
William Verhagen 0437 371 969



85 National Park Road, Kinglake West 4 2 19.911ha



\$1,750,000 - \$1,920,000  
William Verhagen 0437 371 969



24 Robertson Road, Kinglake 4 2 1338 sqm



\$880,000 - \$920,000  
William Verhagen 0437 371 969



6 Pine Ridge Road, Kinglake West 4 2 864 sqm



\$710,000 - \$770,000  
William Verhagen 0437 371 969

integrity\_real\_estate

info@integrityrealestate.com.au

Shop 1/2 Kinglake-Glenburn Road, Kinglake



# Integrity

Local experts you can trust